

Supercooling from New Strong Physics
Reheating from Old One

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IFAE

Standard Model of particle physics: where do masses come from?

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From the Higgs!

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From the Higgs!

But not just, and not mainly...

(known) Matter in the Universe:

- neutrinos $\sim 3\%$
- protons $\sim 85\%$
- neutrons $\sim 12\%$
- electrons $\ll 1\%$

“Higgs-given” mass of elementary particles:

$$m_i = \left(\frac{y_i}{\sqrt{\lambda}} \right) M_H$$

Protons

non elementary: made of 3 quarks

$$m_P \sim \text{GeV} \gg (2m_u + m_d) \sim \text{MeV}$$

Protons

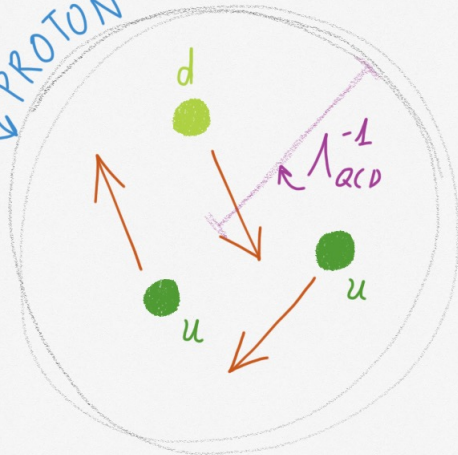
non elementary: made of 3 quarks

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the mass of the proton is given mainly by QCD effects...

(and so the mass of the Universe we know)

PROTON



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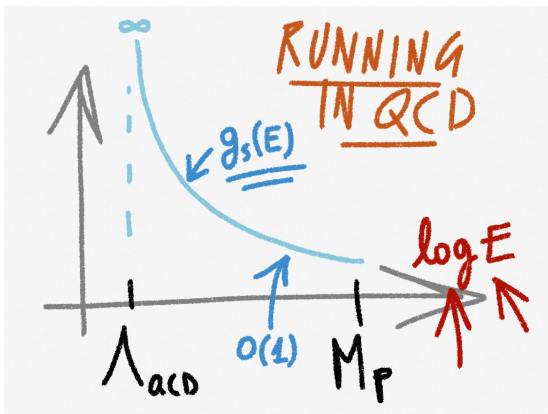
$M_P \equiv$ scale of gravity (it exists!) $\sim G^{-1/2}$

We take M_P as fundamental, and relate M_H and Λ_{QCD} to it
($M_P = 1$)

$$M_H \sim 10^{-16}$$

$$\Lambda_{QCD} \sim 10^{-19}$$

Λ_{QCD} is where strong interactions become strong



$$\Lambda_{QCD} = \exp \left(-4\pi / g_s^2(1) \right)$$

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easy to generate small values with $g_s(1) \lesssim 1$

do not have a similar understanding for M_H

SPECULATION: also M_H is generated when a (new) coupling becomes strong

- strong g_s is responsible for QCD resonances
- we expect more particles above $\Lambda_{EW} \equiv M_H$ (...LHC)

- QCD phase transition at $T \sim \Lambda_{QCD}$
- we expect a similar phenomenon for $T \sim \Lambda_{EW}$ (...cosmology)

Phase transitions are relevant during cosmic evolution

We expect the “EW” one to be very slow

This implies a period of *supercooling*
and *inflationary* expansion

difference with respect to the standard case: naturally 1st order and slow

Inflation seems generically *endless!*

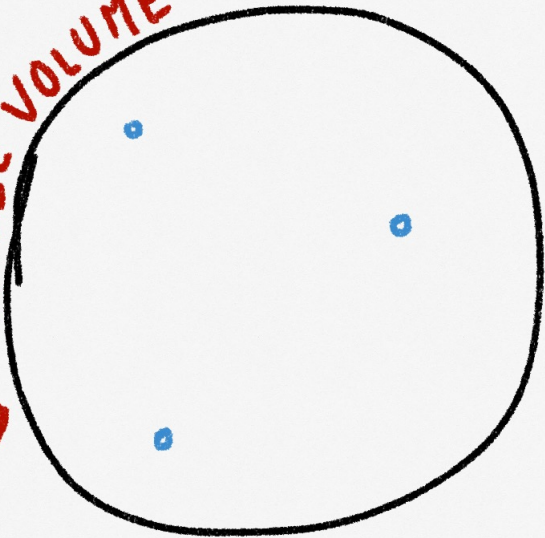
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1. rule out the theory...
2. find a way out!

HUBBLE VOLUME



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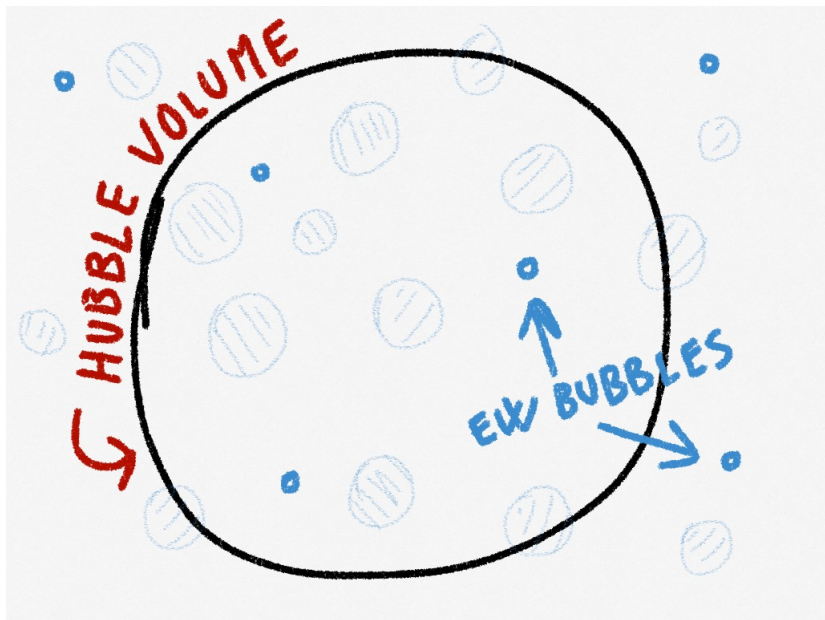


EW BUBBLES

HUBBLE VOLUME

TOO FEW!

EW BUBBLES



HUBBLE VOLUME

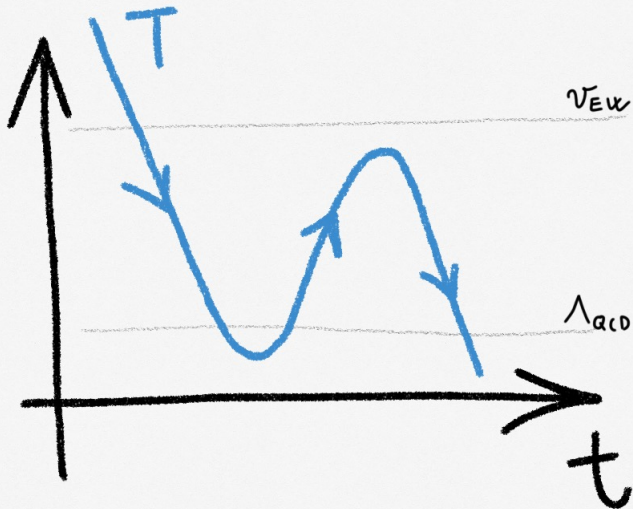
QCD
BUBBLES

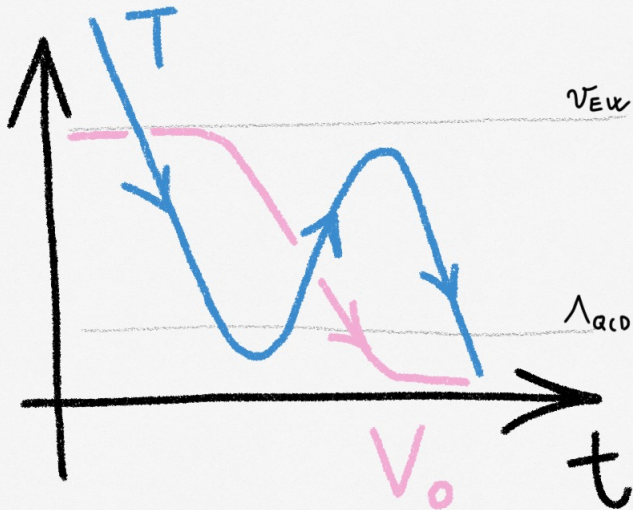
EW
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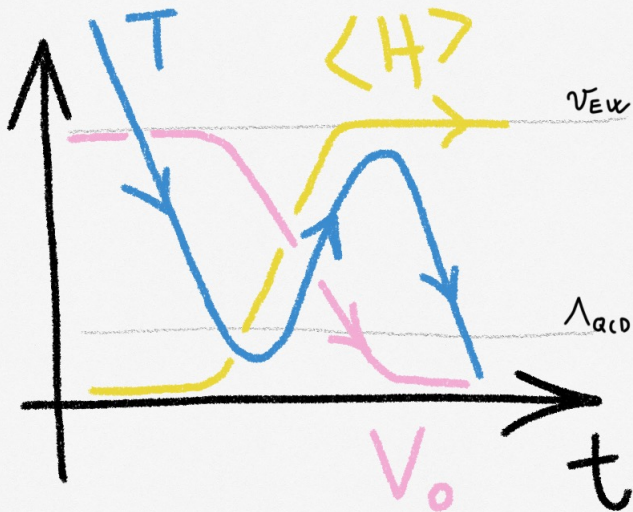
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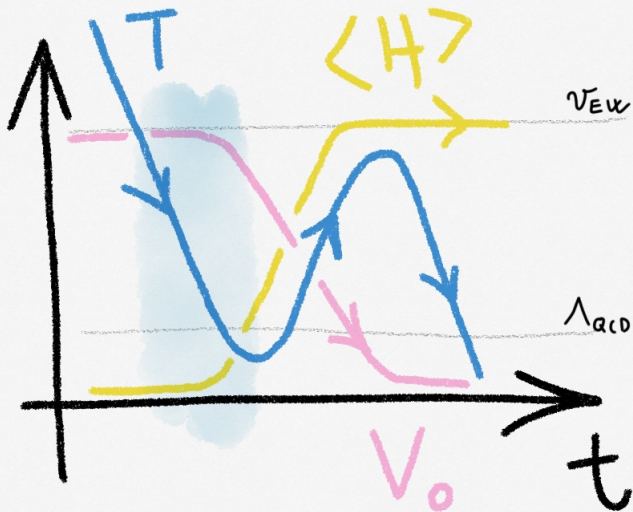
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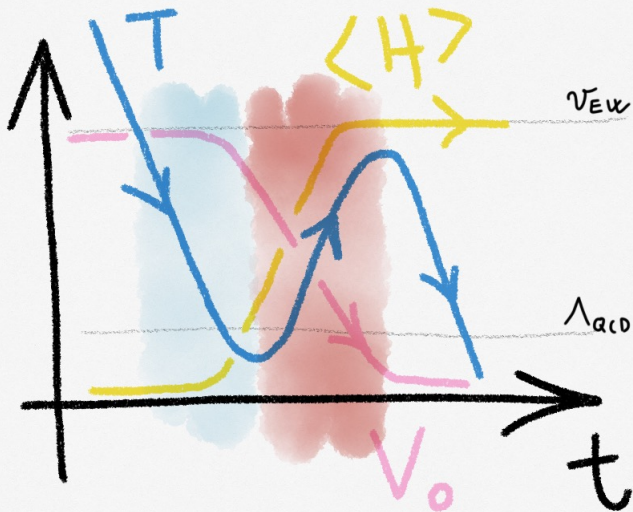
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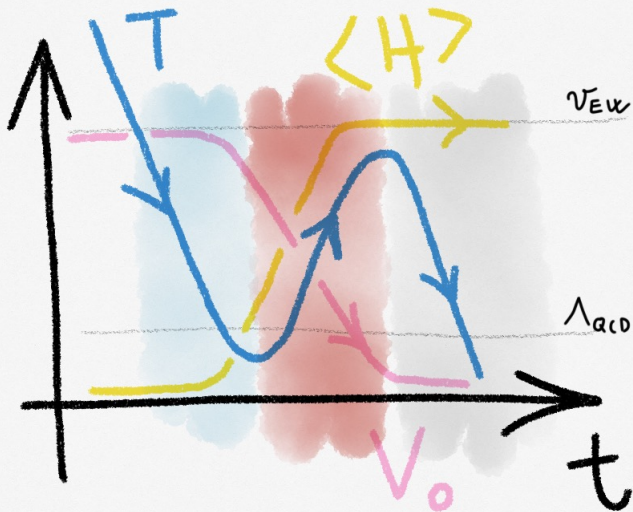


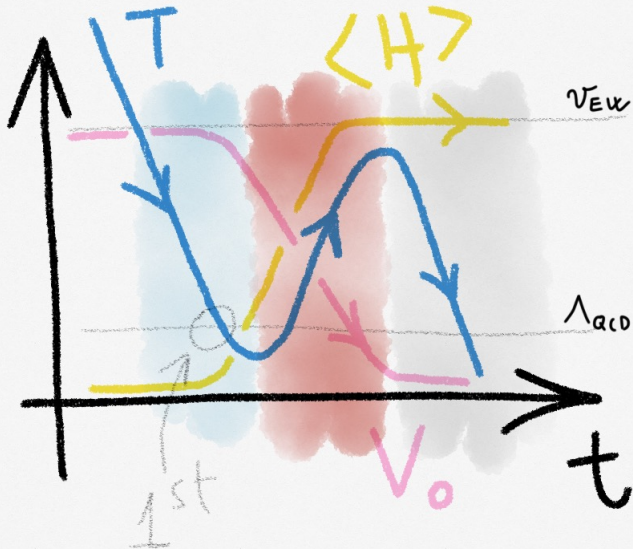


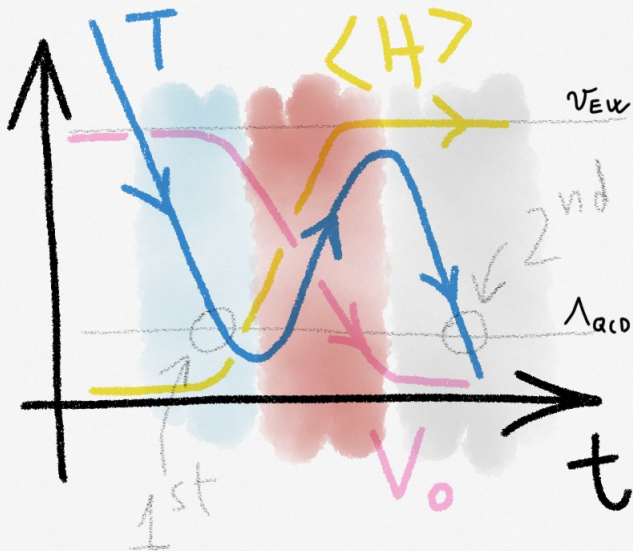












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3. adiabatic perturbations (?)

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1. de Sitter background (V)
2. enough e-folds (V)
3. adiabatic perturbations (?)
4. deviations from adiabatic (??)

