

Atomic dark matter

[Self-interacting and asymmetric dark matter]

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Outline

- Challenges of collision-less cold DM
- Self-interacting DM
- Self-interacting \cap Asymmetric DM
- Asymmetric DM
- Case study: **atomic dark matter**

Collisionless Λ CDM and galactic structure

- Very successful in explaining large-scale structure.
- At galactic and subgalactic scales: discrepancies between simulations and observations.
 - ♦ **Cusps vs cores:** predicted galactic density profiles too steep; observations better fit with cores.
 - ♦ **Missing satellites:** Too many subhaloes predicted for a galaxy of the size of the Milky Way.
 - ♦ **“Too big to fail”** [Boylan-Kolchin, Bullock, Kaplinghat (2011)]

The largest subhaloes formed in simulations are larger than the brightest satellites, i.e. they have no observed counterpart.

This means that star formation must have failed where it is expected to be very successful.

Collisionless Λ CDM and galactic structure

Summary: collisionless Λ CDM predicts
too rich structure at small scales



too much matter in central few kpc of typical galaxies

[an overview: Weinberg, Bullock, Governato, Kuzio de Naray, Peter; arXiv: 1306.0913]

Small-scale galactic structure: possible resolutions

- **Baryonic physics**
- **Observations**
- **Shift in the DM paradigm**
 - Warm DM, e.g. keV sterile neutrinos
 - **Self-interacting DM**

Small-scale galactic structure: shift in the DM paradigm

- **At large scales:**

no difference from Λ CDM; retain its successes.

- **At smaller scales:**

suppress structure, in agreement with observations

→ how warm, or how self-interacting can DM be?

Self-interacting DM

The energy & momentum exchange between DM particles:

- **Heats up the low-entropy material**

- suppresses overdensities [cusps vs cores]

- suppresses star-formation rate [missing satellites, “too big to fail”]

- **Isotropises DM halos**

- constrained by observed ellipticity of large haloes.

to affect
dynamics of
small haloes

0.2 barn/GeV

$< \sigma_{\text{scatt}} / m_{\text{DM}} <$

2 barn/GeV

to retain
ellipticity of
large haloes

[Theory: Spergel, Steinhardt (2000);

Simulations: Rocha et al. (2012); Peter et al. (2012); Zavala et al (2012)]

Self-interacting DM

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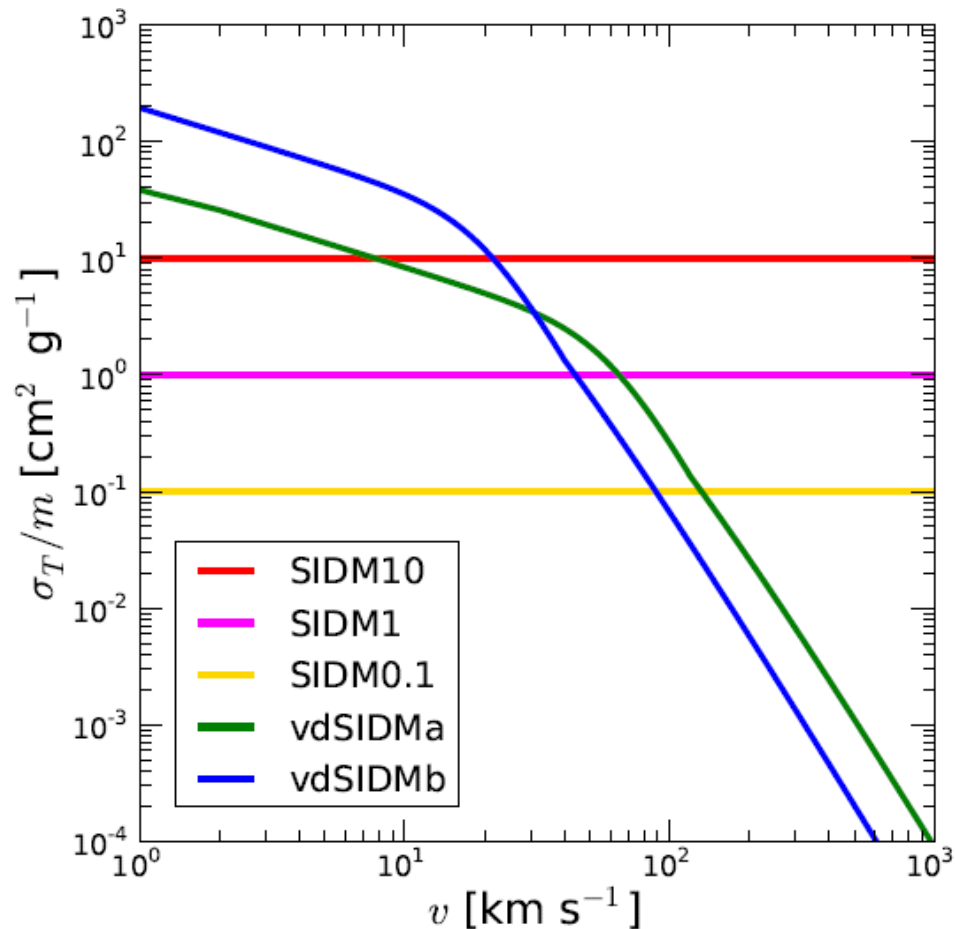
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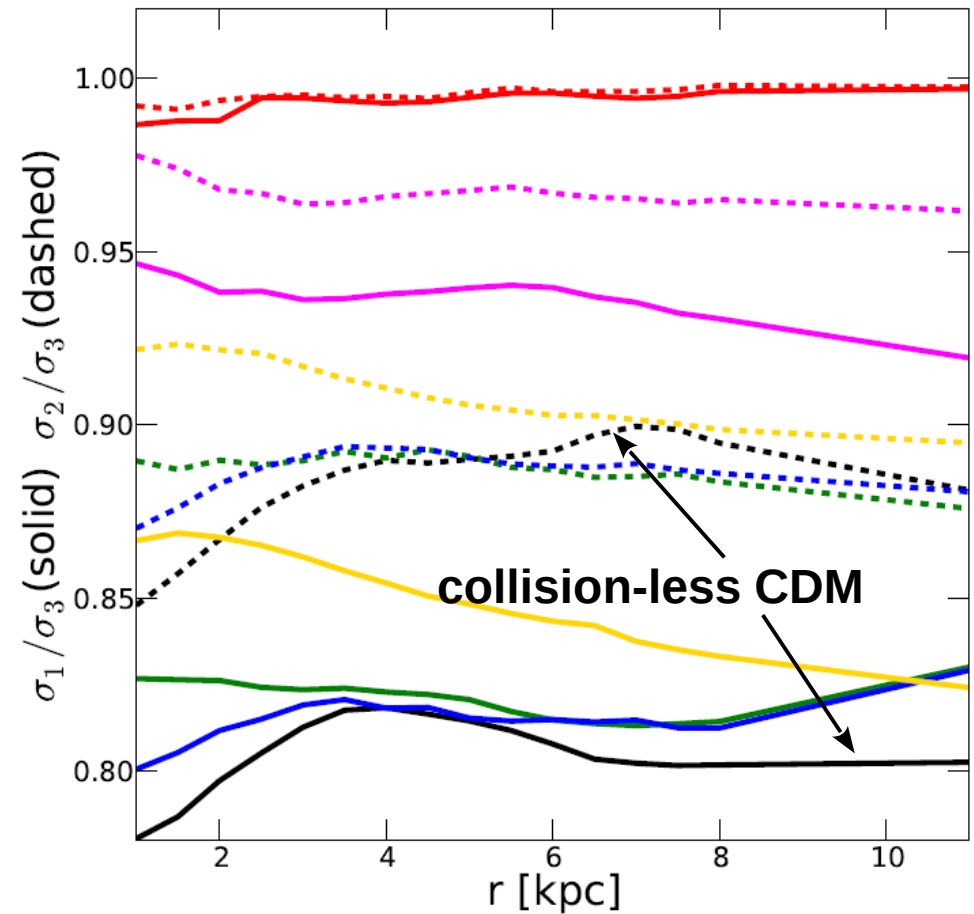
- **Short-range interactions:** σ_{scatt} is velocity independent; available range seems limited.
 - **Long-range interactions:** $\sigma_{\text{scatt}} \sim 1 / v^n$, $n > 0$; much larger range of possibilities
 - significant effect on small haloes (small velocity dispersion)
 - negligible effect on large haloes (large velocity dispersion)
- Consider **DM self-interactions mediated by light particles.**

[Zavala, Vogelsberger, Walker (2012); Zavala, Vogelsberger (2012)]

Self-interaction cross-section



Ellipticity of haloes: velocity dispersion (main halo)

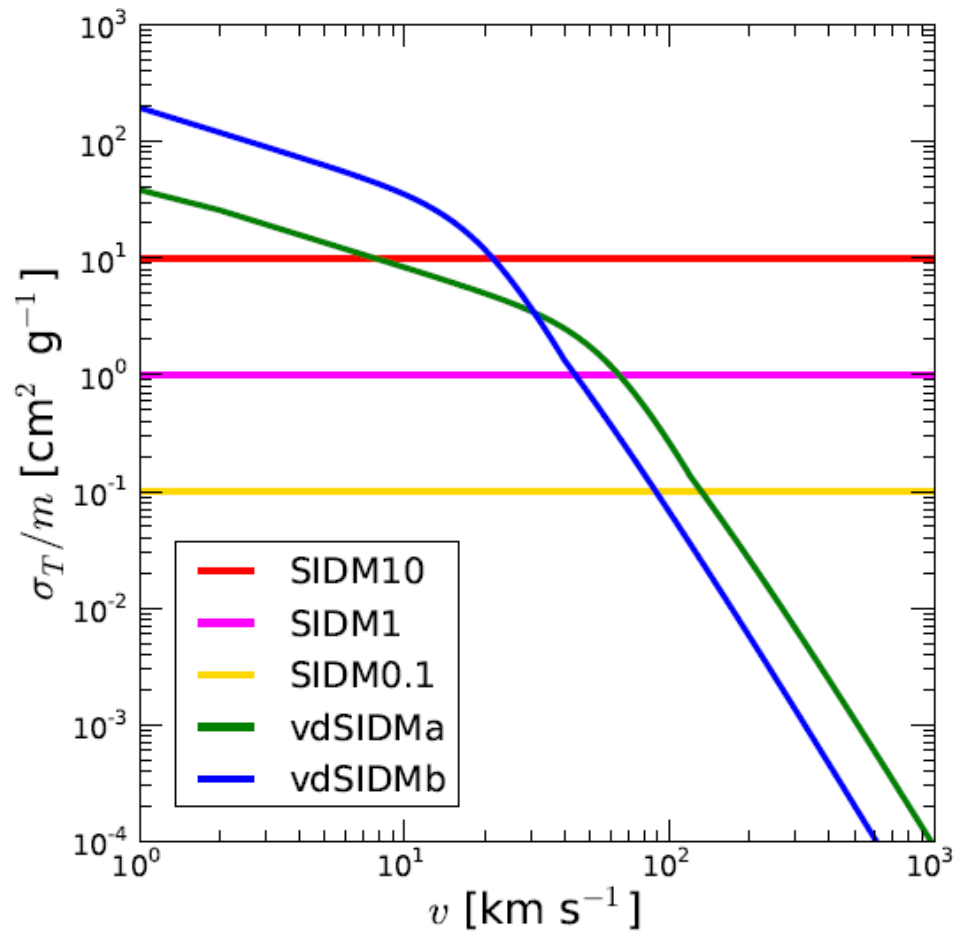


Self-interacting DM

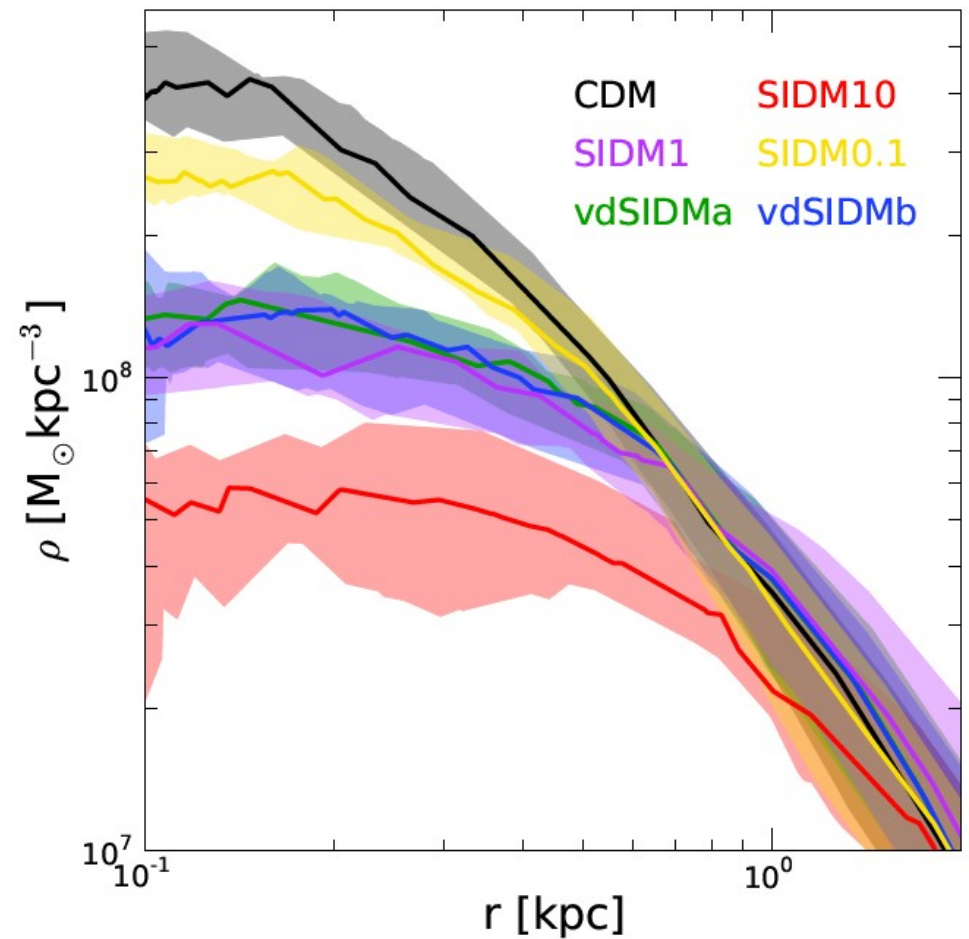
Simulations

[Zavala, Vogelsberger, Walker (2012); Zavala, Vogelsberger (2012)]

Self-interaction cross-section



Density profiles (15 subhaloes with largest v_{max})

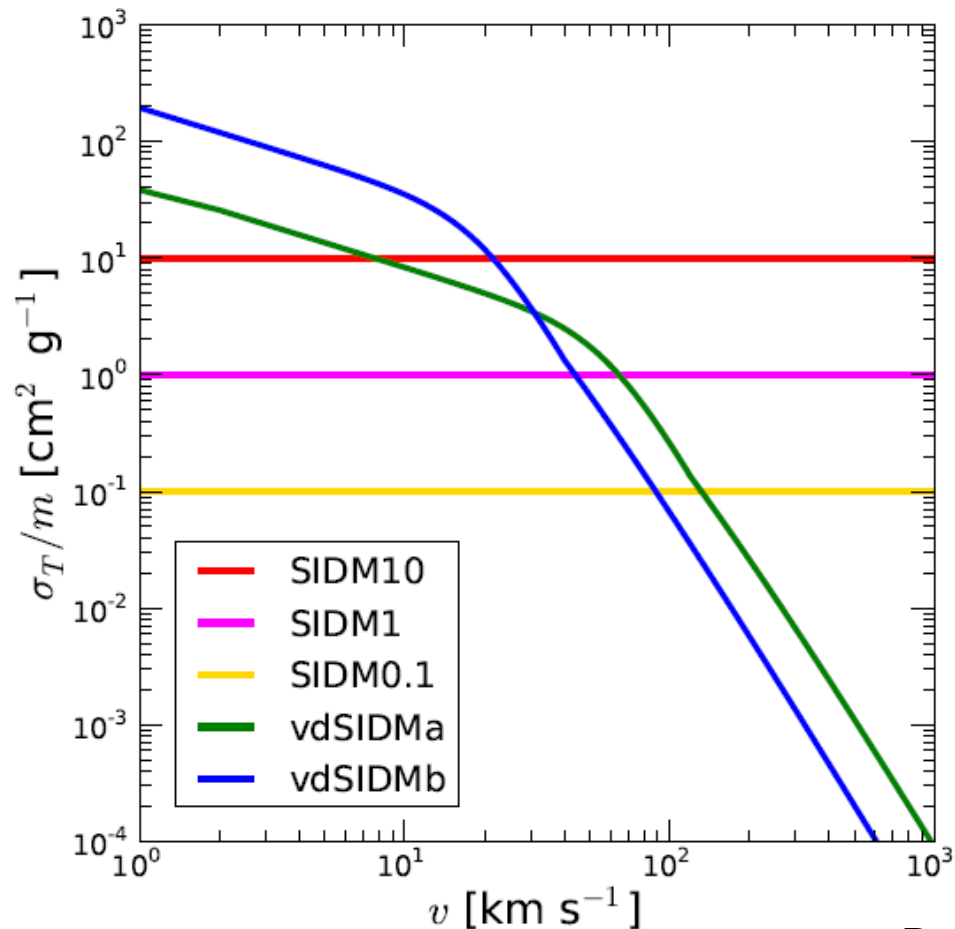


Self-interacting DM

Simulations

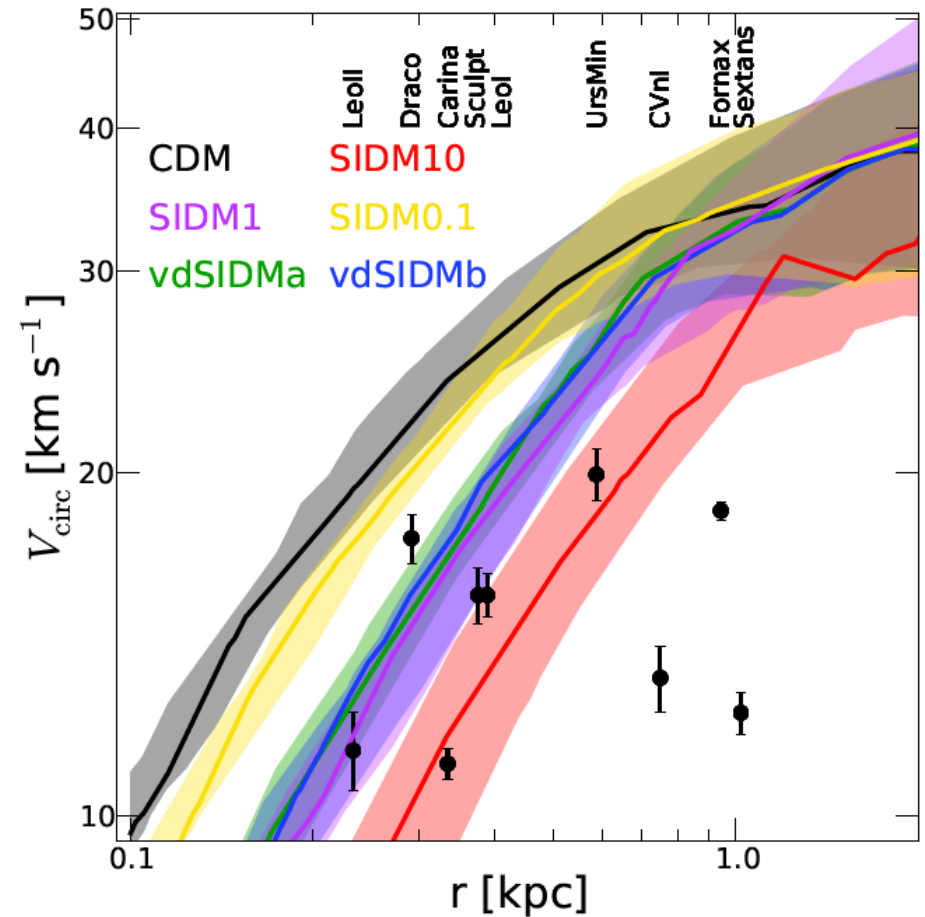
[Zavala, Vogelsberger, Walker (2012); Zavala, Vogelsberger (2012)]

Self-interaction cross-section



Circular velocity profiles

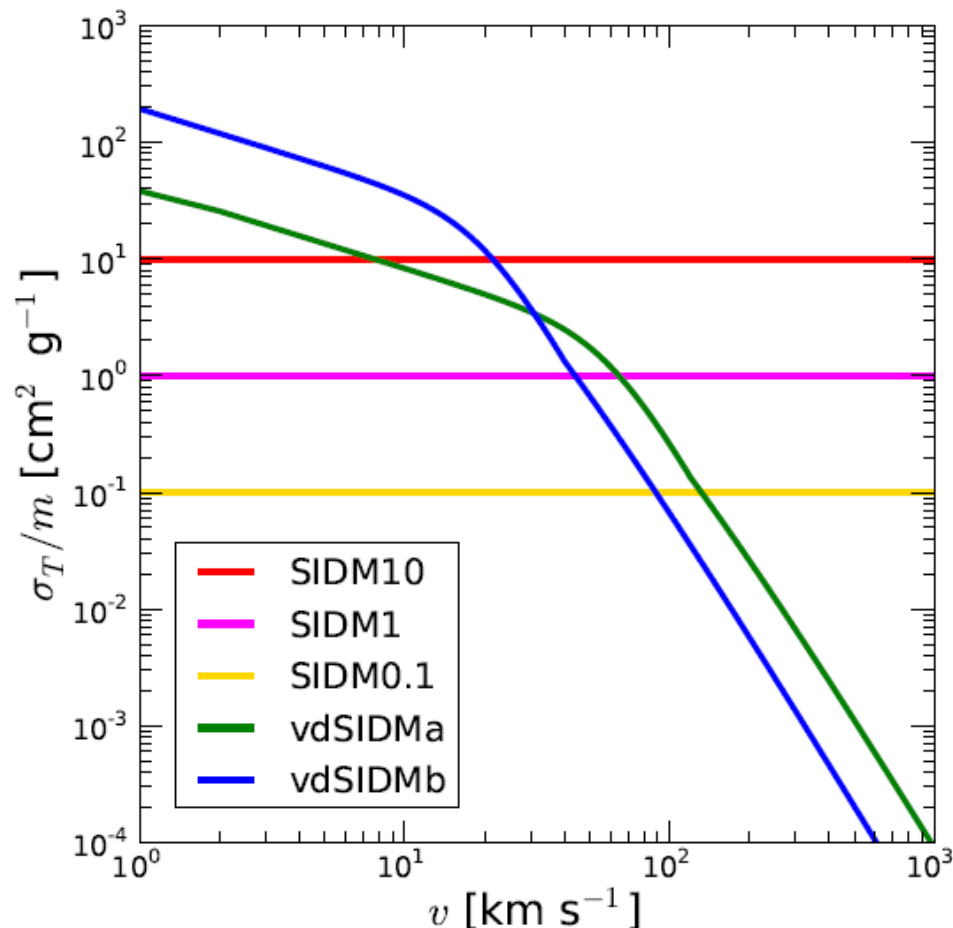
(15 subhaloes with largest v_{max})



Data: v_{circ} within the half-light radii for 9 MW dSphs.
Bottom right: can be fitted by lower mass subhaloes.

[Zavala, Vogelsberger, Walker (2012); Zavala, Vogelsberger (2012)]

Self-interaction cross-section



Conclusion

Constant cross-section:

some tension between ellipticity constraints and cross-section required to change subhalo kinematics. Nevertheless

$$\sigma_{\text{scatt}} / m_{\text{DM}} \sim 1 \text{ barn} / \text{GeV}$$

could work (narrow range).

Velocity-dep cross-section:

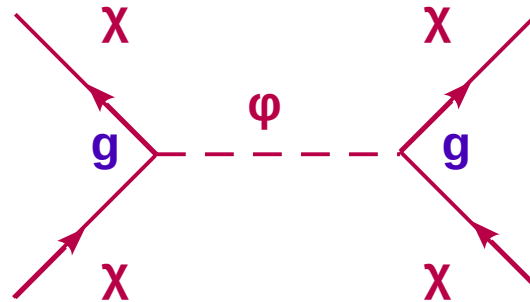
satisfies ellipticity constraints and fits subhalo kinematics.

Self-interacting DM

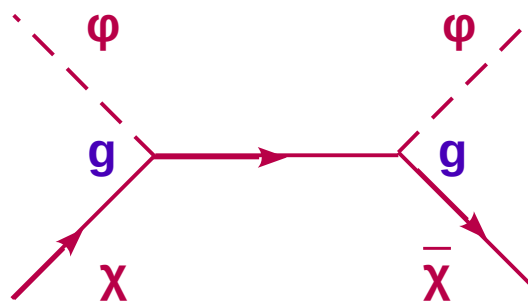
$$\mathcal{L} \supset g \varphi \bar{\chi} \chi$$

χ : dark matter
 φ : mediator
 $m_\varphi \ll m_\chi$

- Self-interaction



- Annihilation

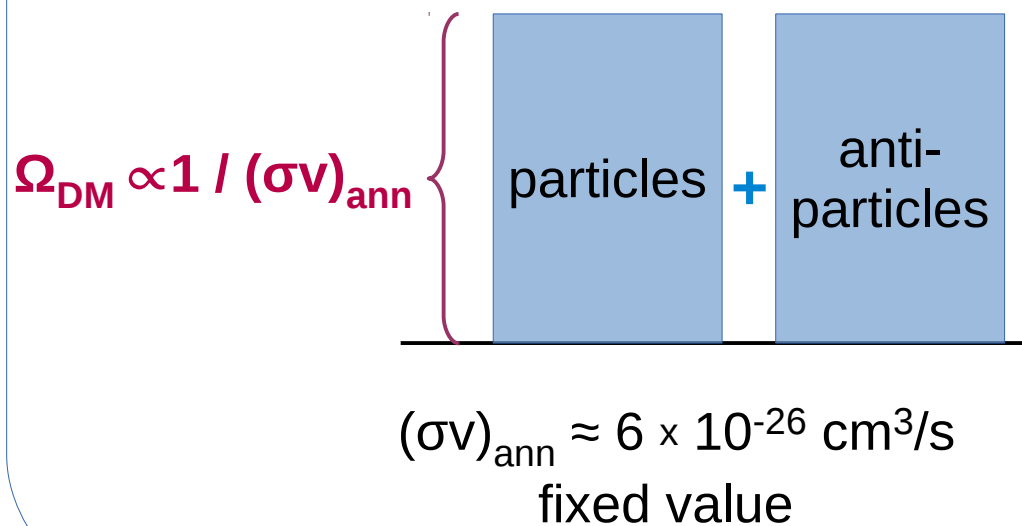


- Sizeable self-interactions via light mediators imply minimum contribution to DM annihilation; annihilation cross-section could exceed canonical value for symmetric thermal relic DM

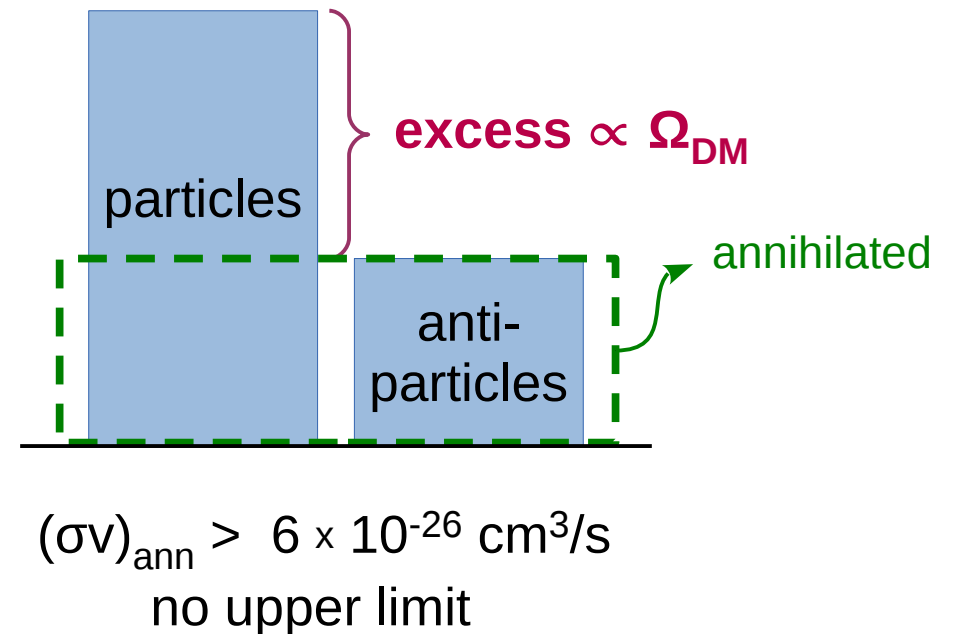
→ consider **asymmetric DM**

Thermal relic DM

Symmetric DM



Asymmetric DM



For $\frac{(\sigma v)_{\text{ann}}}{6 \times 10^{-26} \text{ cm}^3/\text{s}} > 2 \rightarrow \frac{n(\bar{\chi})}{n(\chi)} < 5\%$

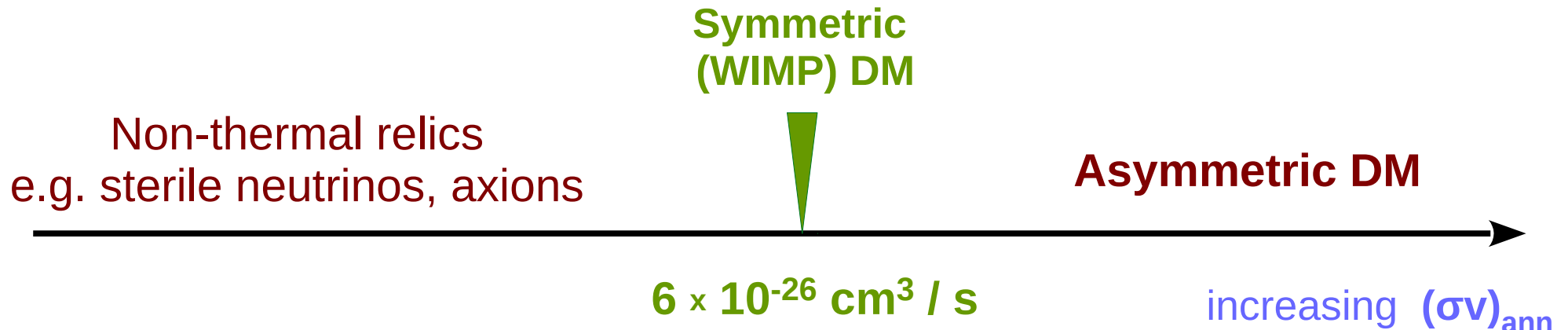
[Graesser, Shoemaker, Vecchi (2011)]

Asymmetric DM

[Review of asymmetric dark matter;
KP, Volkas (2013)]

(a little simplified)
Venn diagram of
stable / long-lived relics

To get $\Omega_{\text{DM}} \sim 25\%$:

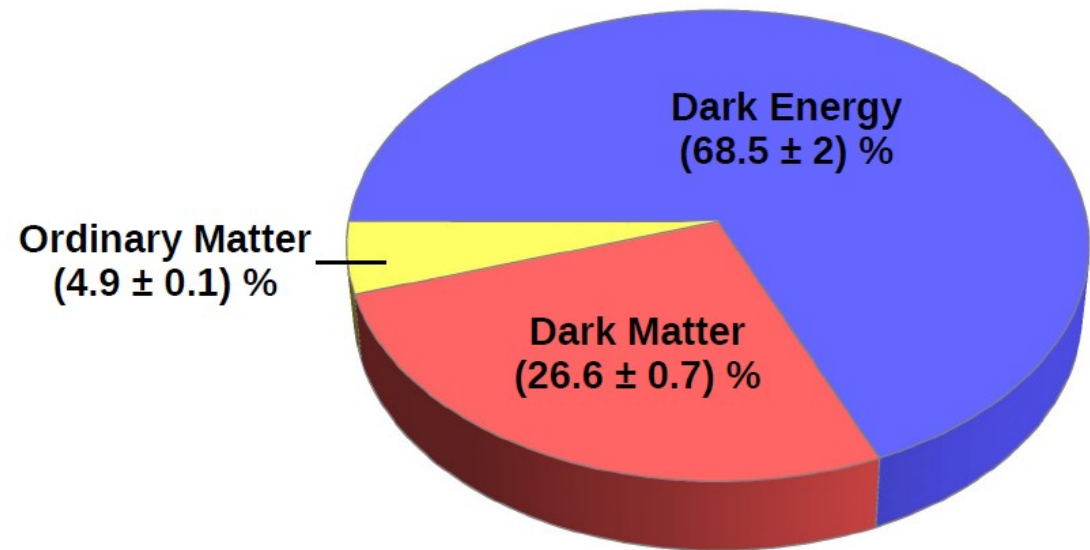


Asymmetric dark matter

- provides a suitable host for DM self-interacting via light species.
- encompasses most of the low-energy parameter space of thermal relic DM → study models and low-energy pheno.

a cosmic coincidence

Why $\Omega_{\text{DM}} \sim \Omega_{\text{VM}}$?

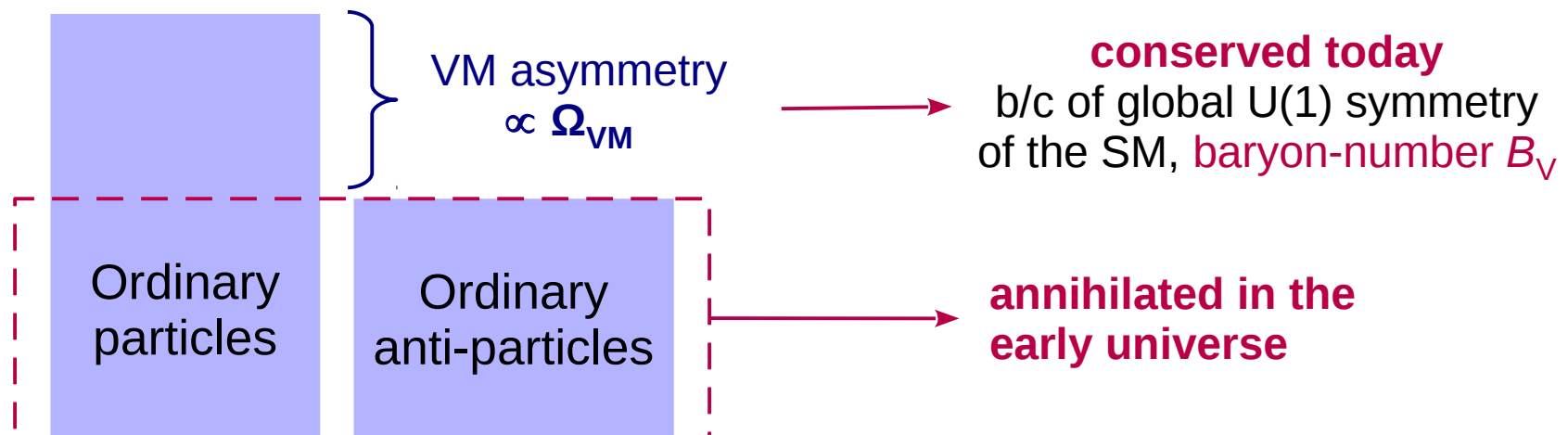


- Unrelated mechanisms \rightarrow different parameters
 \rightarrow result expected to differ by orders of magnitude.
- Similarity of abundances hints towards related physics for VM and DM production.

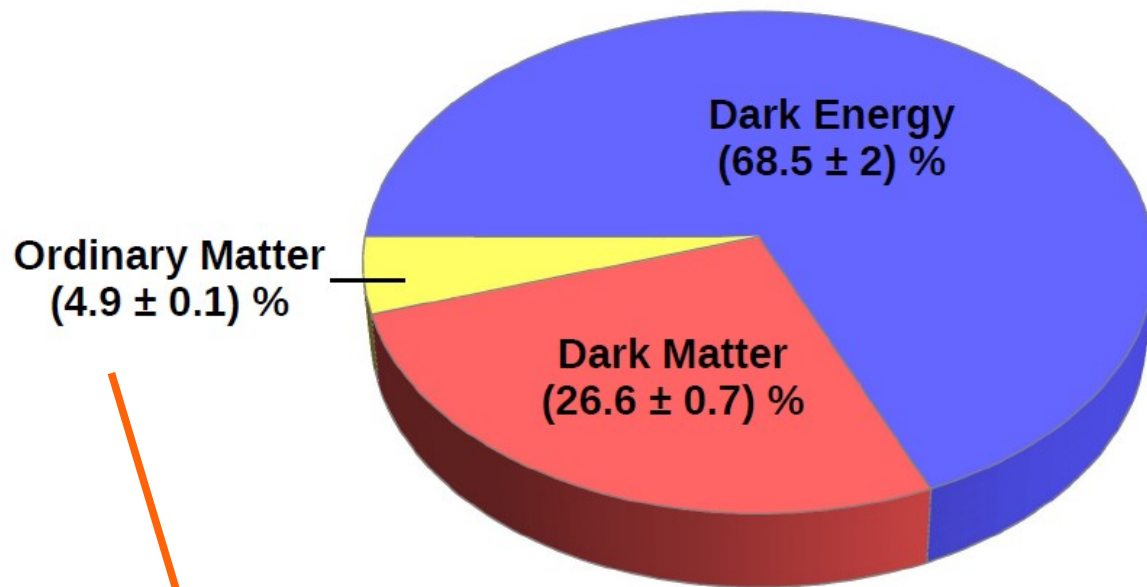
Ordinary matter

Stable particles: p e γ ν

- p^+ make up most of ordinary matter in the universe
- Only p^+ , no p^- present today: **matter-antimatter asymmetry**
 - observational evidence: negligible antimatter in cosmic rays
 - theoretical consistency: $p^+ - p^-$ annihilation cross-section too large
 - ⇒ they destroy each other too efficiently,
 - ⇒ in an expanding universe, very few p^+ & p^- left over
 - ⇒ deficit of antiparticles stops annihilations, excess of particles left.



a non-coincidence



Atoms: 4.9 % → Particle-antiparticle asymmetry

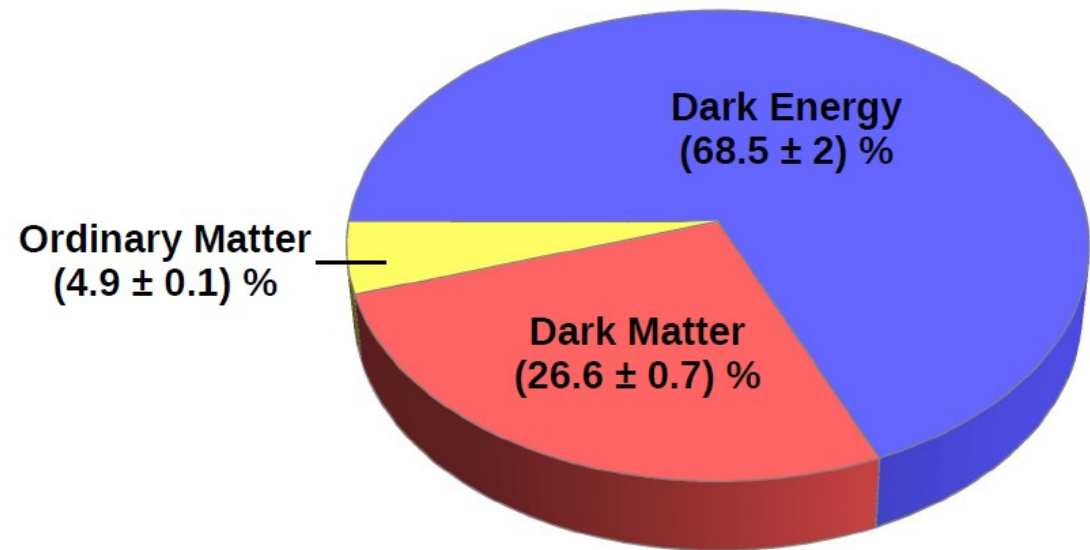
Photons: 0.0022 %

Neutrinos: 0.0016 %

} Relativistic thermal relics

a cosmic coincidence

Why $\Omega_{\text{DM}} \sim \Omega_{\text{VM}}$?



- Just a coincidence.

OR

- Dynamical explanation:

DM production related to ordinary matter-antimatter asymmetry → **asymmetric DM**

a persisting coincidence

- Similar relic abundances $\Omega_{\text{DM}} \sim \Omega_{\text{VM}} \rightarrow$ asymmetric DM
- Sub-galactic structure currently explained better by **self-interacting** DM with

$$\sigma_{\text{scatt}} / m_{\text{DM}} \sim 1 \text{ barn/GeV} \sim \sigma_{\text{nn}} / m_{\text{n}}$$

rather than by collisionless DM

- Tentative/unconfirmed direct-detection signal [DAMA], for DM mass

$$m_{\text{DM}} \sim \text{few GeV} \sim m_{\text{n}} = \text{GeV}$$

a persisting coincidence

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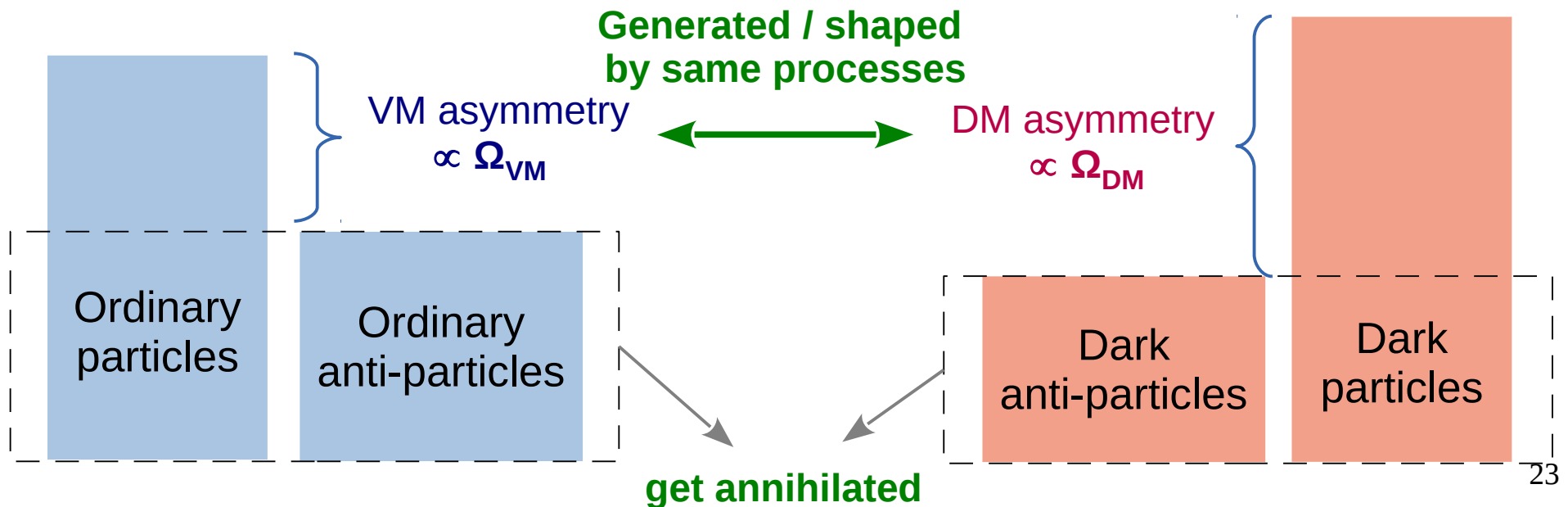
connection between dark and ordinary matter microphysics ?

Asymmetric DM

[Review of asymmetric dark matter;
KP, Volkas (2013)]

The hypothesis

- DM relic abundance due to an **excess of dark particles over antiparticles** (asymmetry).
- Dark asymmetry **related to the BAU dynamically**, by processes which occurred in the early universe.
- Dark and visible asymmetries **conserved separately today**.



- Low-energy theory
 - (accidental) global U(1) symmetry, “dark baryon number, B_D ”, conserved independently of B_V
 - **Interaction** which annihilates thermal symmetric population of DM: $(\sigma v)_{\text{ann}} > 6 \times 10^{-26} \text{ cm}^3/\text{s}$
- High-energy theory
 - **Joint violation of $(B-L)_V$ and B_D**

[e.g. Nussinov (1985); Kaplan (1992); Foot, Volkas (2003); Farrar, Zaharijas (2004); Hooper, March-Russell, West (2005); Agashe, Servant (2005); Suematsu (2006); Gudnason, Kouvaris, Sannino (2006); Kitano, Low (2006); Kaplan, Luty, Zurek (2009); Davoudiasl et al. (2010); Buckley Randall, (2010); Kaplan, Krnjaic, Rehermann, Wells (2011); Bell, Shoemaker, KP, Volkas (2011); KP, Trodden, Volkas (2011); von Harling, KP, Volkas (2012); Servant, Tulin (2013); Baldes, Bell, KP, Volkas (2014)]

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Asymmetric DM

[Review of asymmetric dark matter;
KP, Volkas (2013)]

DM annihilation

- Need $(\sigma v)_{\text{ann}} > 6 \times 10^{-26} \text{ cm}^3/\text{s}$

- $\bar{\chi} \chi \rightarrow \text{SM SM}$

Annihilation directly into SM particles highly constrained via colliders and direct detection (see bounds on symmetric WIMP DM)

- $\bar{\chi} \chi \rightarrow \varphi \varphi$

Annihilation into new light states:

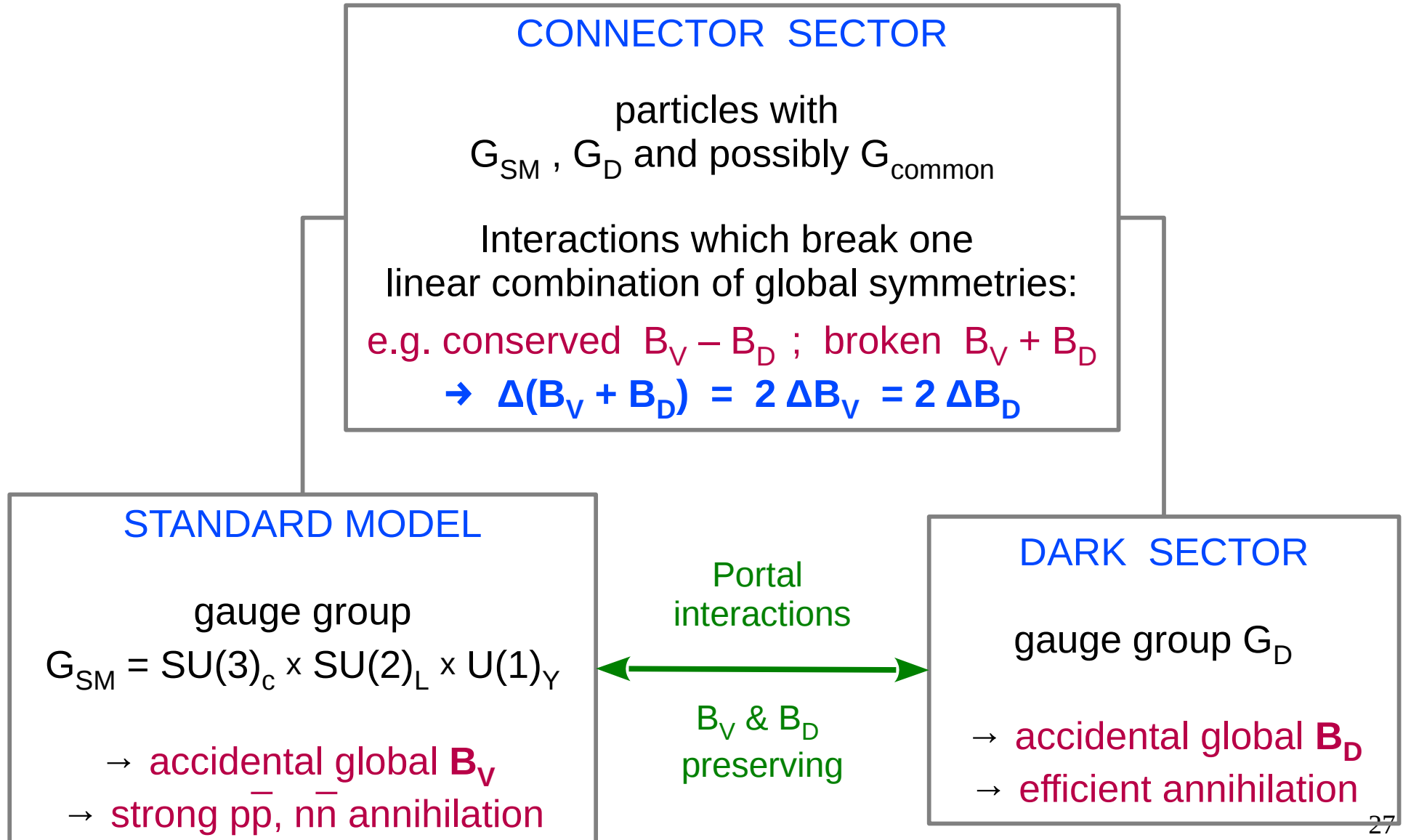
- × $\varphi\varphi \rightarrow \text{SM SM}$: metastable mediators decaying into SM
- × φ stable light species: extra radiation

e.g. dark photon (possibly massive with kinetic mixing to hypercharge), or a new light scalar.

Asymmetric DM

[Review of asymmetric dark matter;
KP, Volkas (2013)]

Structure



Asymmetric dark matter
with **(long-range) self-interactions**

Asymmetric dark matter with long-range self-interactions

- How to go about studying it?
- Many studies of long-range DM self-interactions (in either the symmetric or asymmetric regime) employ a Yukawa potential

$$V_{\chi\chi}(r) = \pm \alpha \exp(-m_\phi r) / r$$

- However, typically reality is more complicated for asymmetric DM with long-range interactions.

Asymmetric dark matter with long-range self-interactions

- **Involved cosmology**

 - ▷ Formation of **bound states** in the early universe

- **Rich phenomenology.** Could involve

 - Multi-component DM with a variety of intra- and inter-species interactions in haloes today.
 - Direct and indirect detection signals with rich structure.

Necessitates studying the preceding cosmology

- Delineate possibilities (classes of models), study **cosmo+pheno self-consistently**


A minimal **asymmetric**
and **self-interacting** DM model:

atomic dark matter

A minimal **asymmetric** and **self-interacting** DM model

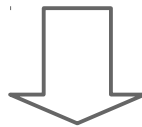
- Dark interaction: **gauged $U(1)_D$**
 - Efficient **annihilation in the early universe**, into “dark photons”
 - Dark photons mediate DM **self-scattering in haloes** today
 - Contributes to structural complexity in the dark sector
 - **global $U(1)_{BD}$** in the low-energy effective theory

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 - massless dark photon [analogous to ordinary matter]:
 $U(1)_D$ charge carried by **(dark) protons** must be compensated by opposite gauge charge carried by **(dark) electrons**.
 - mildly broken $U(1)_D$, light dark photon: similar conclusion in most of the parameter space of interest. [KP, Pearce, Kusenko (2014)]

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fundamental

A minimal asymmetric and self-interacting DM model

$$\mathbf{G} = \mathbf{G}_{\text{SM}} \times \mathbf{U}(1)_{B_{\text{gen}}} \times \mathbf{U}(1)_D$$

same as $(B-L)_V$ for SM particles

- Efficient annihilation
- DM self-scattering in halos

	gauged B_{gen}	gauged D	accidental global B_D
p_D	-2	1	2
e_D	0	-1	0

accidental global $(B-L)_V$ & B_D

$$\delta L_{\text{low}} = L_{\text{SM}} + \bar{p}_D (i\not{D} - m_p) p_D + \bar{e}_D (i\not{D} - m_e) e_D + (\epsilon/2) F_{Y\mu\nu} F_D^{\mu\nu}$$

$$\delta L_{\text{high}} \supset (1/M^8) (\bar{u}^c d \bar{s}^c u \bar{d}^c s) \bar{e}_D^c p_D$$

Direct / Indirect detection

preserves $B_{\text{gen}} = (B-L)_V - B_D$
 breaks $X = (B-L)_V + B_D$

X asymmetry generation: $\Delta (B-L)_V = \Delta B_D$
 [e.g. via Affleck-Dine mechanism in susy models; von Harling, KP, Volkas (2012)]

A minimal **asymmetric** and **self-interacting** DM model

Dark relic constituents

- Dark protons p_D (no \bar{p}_D), with mass m_p
- Equal number of dark electrons e_D (no \bar{e}_D), with mass m_e
- Dark Hydrogen atoms $H_D =$ bound states of p_D & e_D , with mass $m_H = m_p + m_e - \Delta$, where $\Delta = \alpha_D^2 \mu_D / 2 =$ binding energy, and $\mu_D = m_p m_e / (m_p + m_e)$.

A minimal **asymmetric** and **self-interacting** DM model

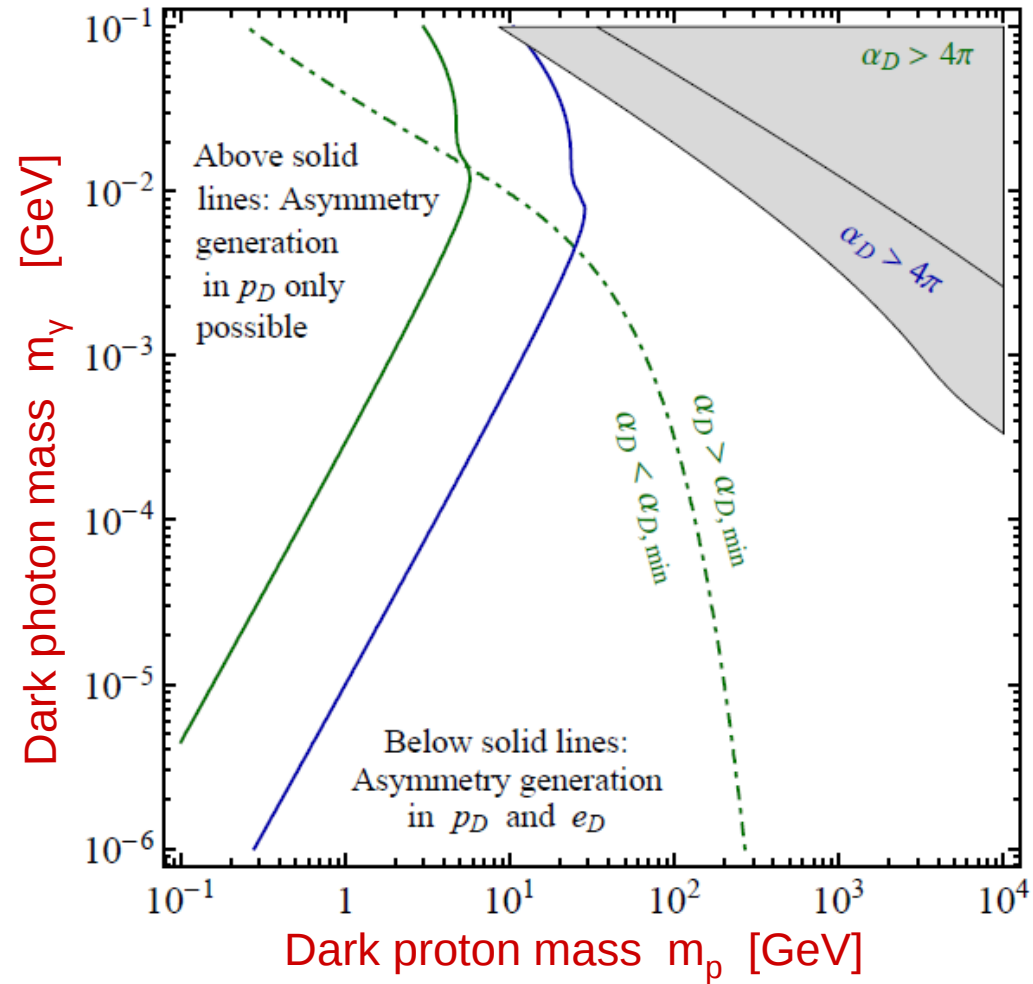
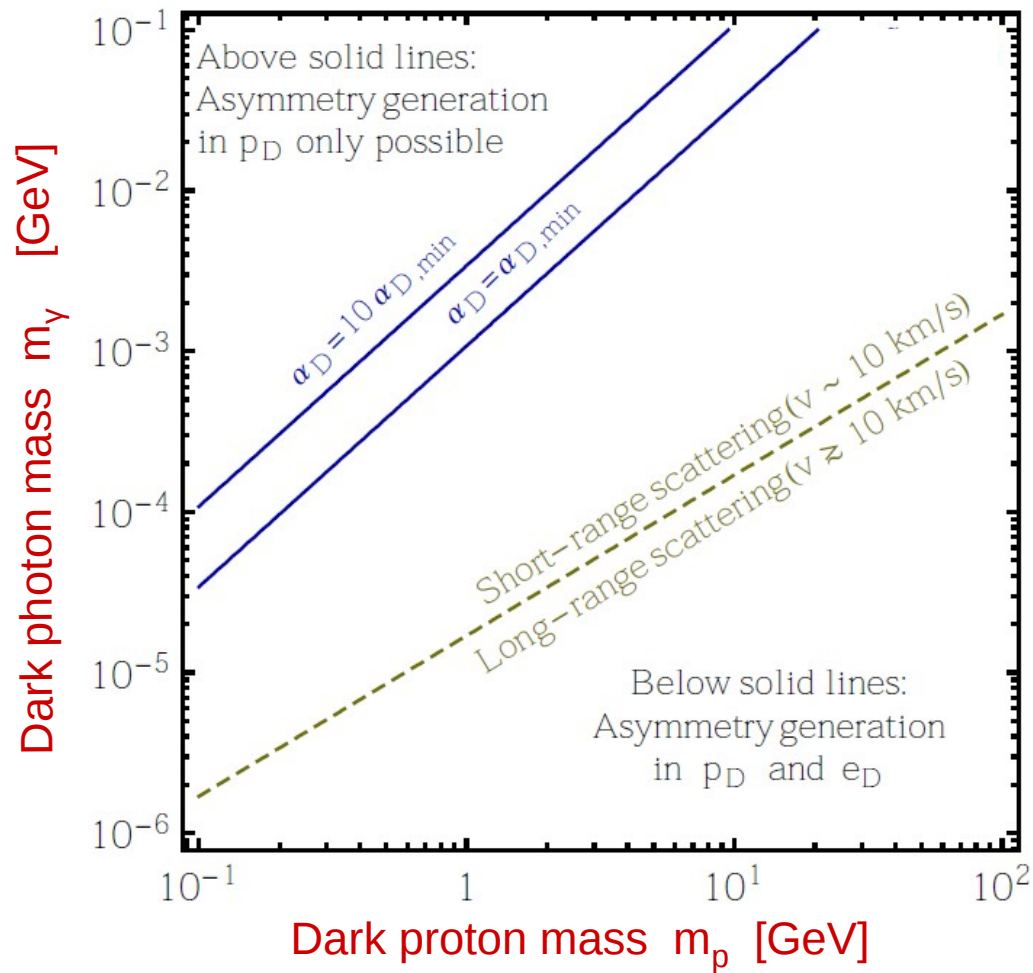
Cosmology

Dark asymmetry generation	$T_{\text{asym}} > m_p / 25$
Freeze-out of annihilations $\bar{p}_D p_D \rightarrow \Upsilon_D \Upsilon_D$ & $\bar{e}_D e_D \rightarrow \Upsilon_D \Upsilon_D$	$T_{\text{FO}} \approx m_{p,e} / 30$
Dark recombination, $p_D + e_D \rightarrow H_D + \Upsilon_D$	$\Delta / 50 < T_{\text{recomb}} < \Delta,$ $\Delta = \text{binding energy} = \alpha_D^2 \mu_D / 2$
Residual ionisation fraction	$x_{\text{ion}} \equiv \frac{n_p}{n_p + n_H} \sim \min \left[1, 10^{-10} \frac{m_p m_e}{\alpha_D^4 \text{GeV}^2} \right]$
[If dark photon massive] Dark phase transition	$T_{\text{PT}} \sim m_\Upsilon / (8\pi\alpha_D)^{1/2}$

Atomic DM with a light massive dark photon

- Asymmetry generation in both ρ_D and \mathbf{e}_D if $T_{\text{asym}} > T_{\text{PT}}$
$$m_\gamma < (8\pi\alpha_D)^{1/2} m_p / 25$$
- ρ_D and \mathbf{e}_D interact via an attractive Yukawa potential.
Bound states exist if $m_\gamma < 1 / a_B = \mu_D \alpha_D$.
Bound states can form radiatively, $\rho_D + \mathbf{e}_D \rightarrow H_D + \gamma_D$, if
$$m_\gamma < \Delta = (1/2) \mu_D \alpha_D^2$$
- Dark recombination happens as for $m_\gamma = 0$, if $T_{\text{end rec}} > T_{\text{PT}}$
$$m_\gamma < (8\pi\alpha_D)^{1/2} [(1/2) \mu_D \alpha_D^2 / 50]$$

[KP, Pearce, Kusenko (2014)]



■ $\sigma_{pp}/m_p = 1 \text{ cm}^2/\text{g}$ at $v = 220$ km/s

■ $\sigma_{pp}/m_p = 0.5 \text{ cm}^2/\text{g}$ at $v = 10$ km/s

[KP, Pearce, Kusenko (2014)]

Atomic DM with a light massive dark photon

Asymmetric DM coupled to a dark photon is **atomic**
in much of the parameter space where
the **dark photon is light enough** to mediate
sizeable (long-range) DM self-interactions

(i.e. not easy to avoid bound state formation)

[KP, Pearce, Kusenko (2014)]

Self-interactions of atomic DM

- **Multicomponent DM** with different inter- and intra-species interactions

$$H_D - H_D, \quad H_D - p_D, \quad H_D - e_D, \quad p_D - p_D, \quad e_D - e_D, \quad p_D - e_D$$

- **Strong velocity dependence**

$$\sigma_{ion-ion} \propto v^{-4}, \quad \text{screened at } \mu_{ion-ion} v < m_\gamma$$

$$\sigma_{H-H} \approx (\alpha_D \mu_D)^{-2} \left[b_0 + b_1 \left(\frac{m_H v^2}{4 \mu_D \alpha_D^2} \right) + b_2 \left(\frac{m_H v^2}{4 \mu_D \alpha_D^2} \right)^2 \right]^{-1}$$

(valid away from resonances; b_0, b_1, b_2 : fitting parameters, depend mildly on m_p/m_e)
[Cline, Liu, Moore, Xue (2013)]

Atomic DM in haloes

Find the parameter space where DM self-scattering

- preserves ellipticity of large haloes; for single-component DM:

$$\sigma/m_{\text{DM}} < 2 \text{ barn / GeV} \quad @ \quad v > 200 \text{ km/s}$$

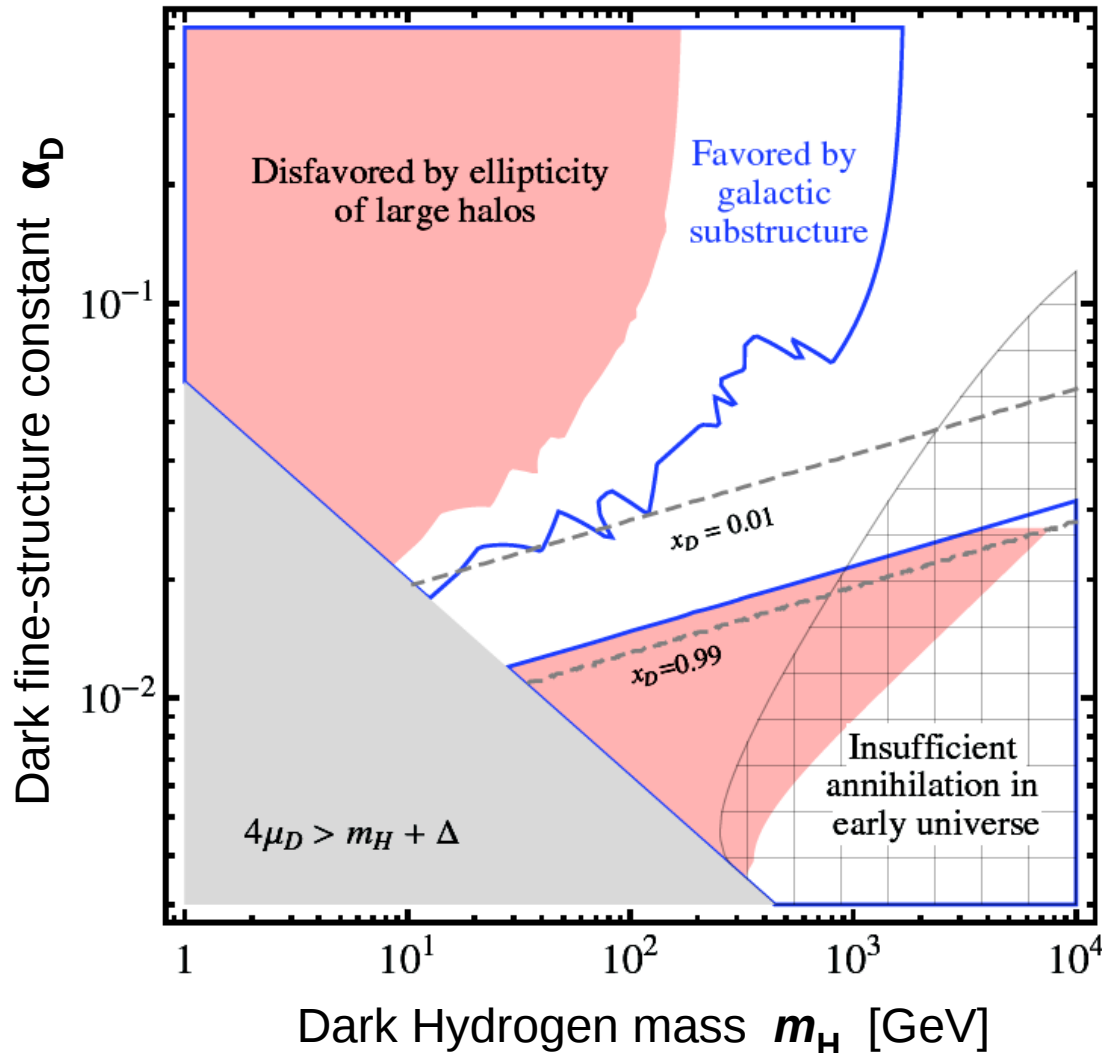
- affects smaller halo dynamics; for single-component DM:

$$\sigma/m_{\text{DM}} > 1 \text{ barn / GeV} \quad @ \quad v \sim 10 \text{ km/s}$$

- Atomic DM is multi-component, bounds not directly applicable
→ appropriate average over various components

Binding energy $\Delta = 0.5 \text{ MeV}$

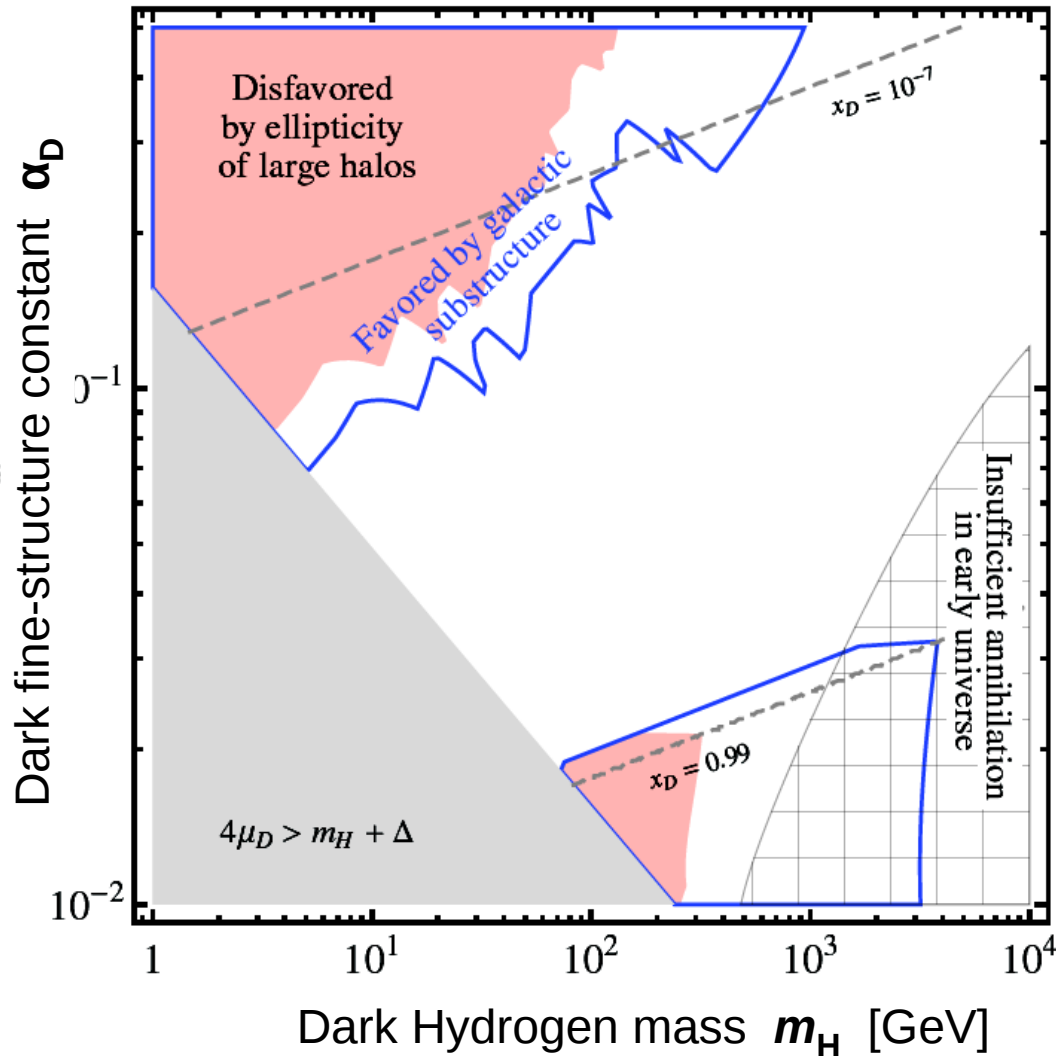
Dark photon mass $m_{\mathbf{V}} = 1 \text{ eV}$



- **Non-monotonic behaviour in α_D** , because of the formation of **bound states** (\rightarrow no upper limit on α_D , or lower limit on $m_{\mathbf{V}}$).
- **Strong velocity dependence** of scattering cross-sections allows for ellipticity constraints to be satisfied, while having a sizeable effect on small scales.
- **Collisionless CDM limits:**
 - large $m_H \rightarrow$ small number density
 - large $\alpha_D \rightarrow$ tightly bound atoms
 - small $\alpha_D \rightarrow$ small interaction
 - large $m_{\mathbf{V}} \rightarrow$ no atoms, ion-ion screening
 - small $m_{\mathbf{V}} \rightarrow$ atom formation

Binding energy $\Delta = 3 \text{ MeV}$

Dark photon mass $m_{\mathbf{V}} = 1 \text{ MeV}$

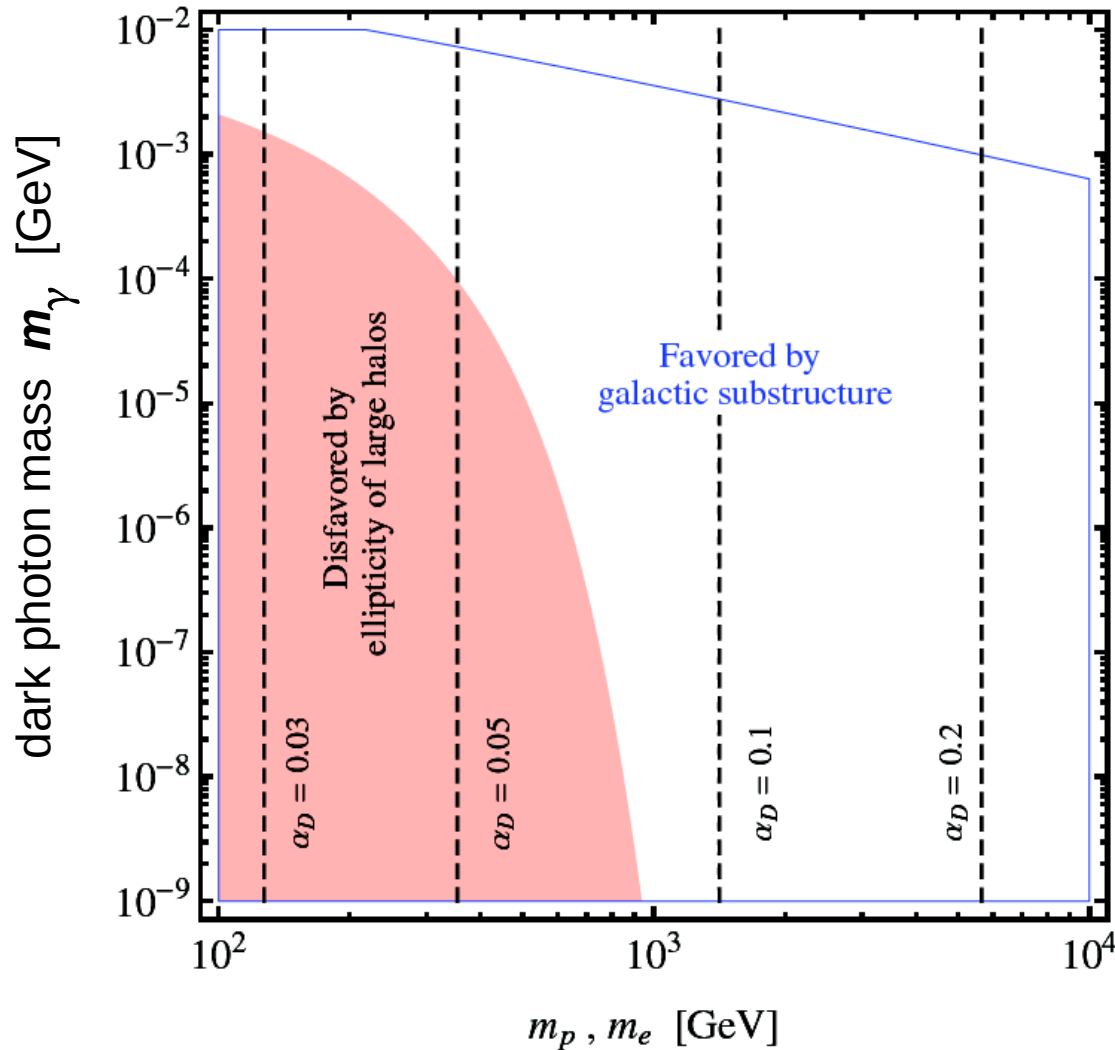


[KP, Pearce, Kusenko (2014)]

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ionisation fraction $x_{\text{ion}} = 0.6$

dark proton mass $m_p =$ dark electron mass m_e

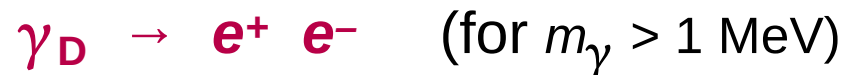


- **DM in bound states:** even massless mediators viable (and very interesting: v-dependent scattering)
- If **DM mostly ionised**, and $m_{\text{DM}} < 500$ GeV \rightarrow sizable mediator mass needed
- Even if **DM mostly ionised**, very light/massless mediators still good, if $m_{\text{DM}} > 500$ GeV

Extensions

1) Detection prospects of atomic DM: $\delta\mathcal{L} = (\epsilon/2) F_Y F_D$

- **Indirect detection** signals with rich structure, e.g.
 - × bound-state formation in the galaxy today from ionised component



[KP, Pearce, Kusenko (in preparation)]

- × level transitions (dark Hydrogen excitations)



[Along similar lines: Frandsen et al. (2014) , Cline et al. (2014)]

Extensions

1) Detection prospects of atomic DM: $\delta\mathcal{L} = (\varepsilon/2) F_Y F_D$

- **Direct detection** involving processes with different kinematics
 - × **elastic scattering** of \mathbf{p}_D , \mathbf{e}_D , \mathbf{H}_D on the target, and **inelastic scattering** of \mathbf{H}_D (excitation or break-up)
 - × **contact-type** and **long-range DM-nucleon interactions**, depending on the incident DM particle, screening scale (dark photon mass / Bohr radius), recoil energy.

[Frandsen, Kouvaris, KP, Shoemaker (in progress)]

Extensions

- 2) Consider other types of long-range interactions.
- DM interactions mediated by a scalar boson: always attractive → large bound states.
 - Non-Abelian confining theories

DM bound states and cosmology

– the symmetric DM case

DM bound states and cosmology – the symmetric DM case

- Non-relativistic freeze-out of symmetric thermal relics:

$$\sigma_{\text{ann}} v_{\text{rel}} = \sigma_0 = 6 \times 10^{-26} \text{ cm}^3/\text{s}$$

- If DM is heavy or mediator is light

$$(m_{\text{DM}} / 2) v_{\text{rel}} > m_{\text{mediator}}$$

→ Sommerfeld effect:

$$\sigma_{\text{ann}} v_{\text{rel}} = \sigma_0 \frac{2\pi\alpha / v_{\text{rel}}}{1 - \text{Exp}[-2\pi\alpha/v_{\text{rel}}]} \longrightarrow \sim \alpha/v_{\text{rel}} \text{ @ large } \alpha/v_{\text{rel}}$$

→ Can affect freeze-out, indirect detection [see explanations of Pamela/AMS positrons]

DM bound states and cosmology – the symmetric DM case

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At freeze-out $v_{\text{rel}} \sim 0.3$;
Holds for $m_{\text{WIMP}} > 1 \text{ TeV}$

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DM bound states and cosmology – the symmetric DM case

- Long-range attractive interactions → **bound states**.

Consider e.g. Dirac fermions \mathbf{X} , coupled to *massless* dark photons γ_D

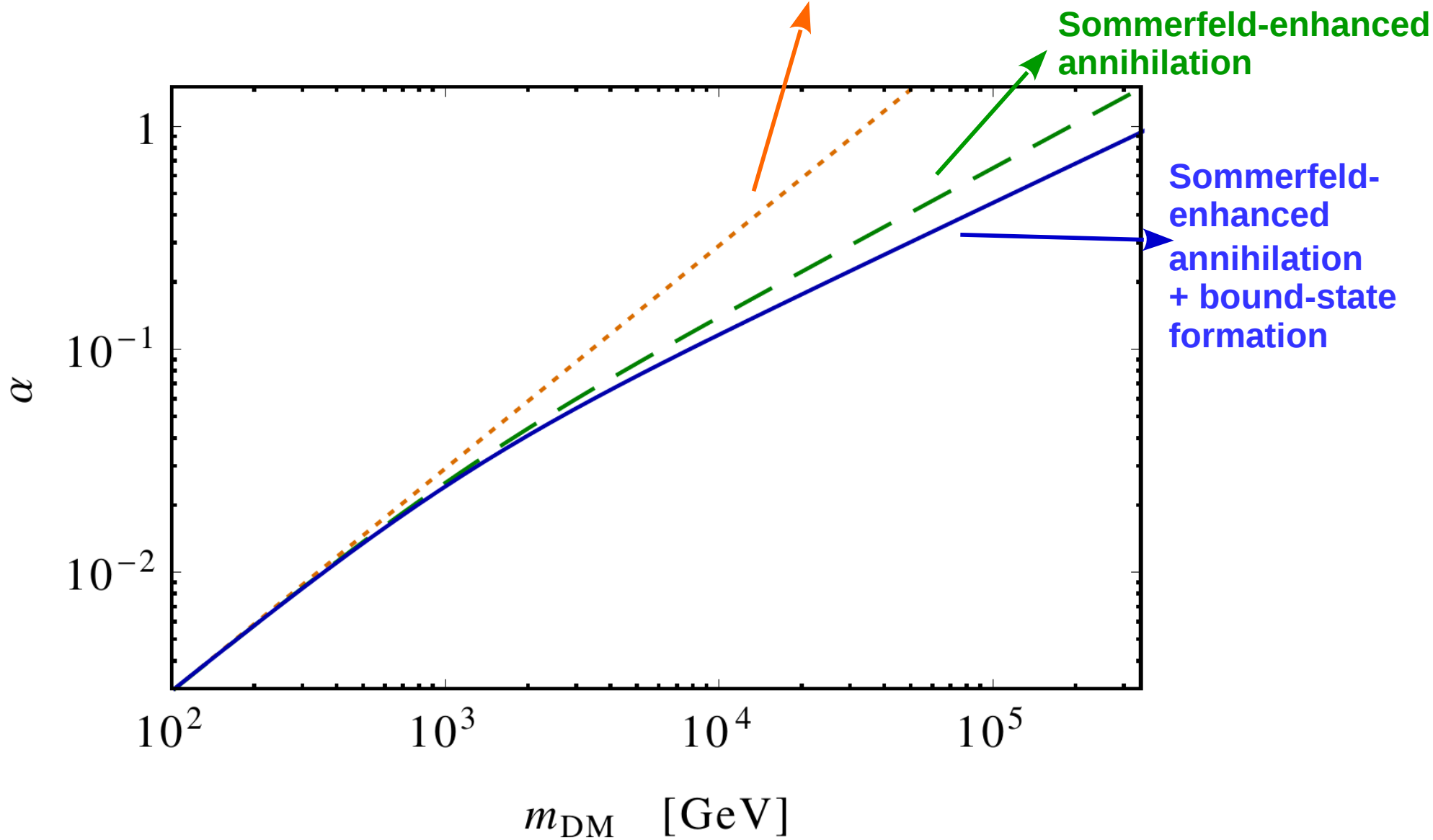
annihilation: $\mathbf{X} + \bar{\mathbf{X}} \rightarrow \gamma_D \gamma_D$

Bound-state formation and decay $\left\{ \begin{array}{l} \mathbf{X} + \bar{\mathbf{X}} \rightarrow (\mathbf{X}\bar{\mathbf{X}})_{\text{bound}} + \gamma_D \\ (\mathbf{X}\bar{\mathbf{X}})_{\text{bound}} \rightarrow 2\gamma_D \text{ or } 3\gamma_D \end{array} \right.$

- Bound-state formation is also Sommerfeld-enhanced, becomes **dominant inelastic process at $\alpha / v_{\text{rel}} > 0.6$**
 - Implications for freeze-out, indirect detection; hidden-sector and possibly heavy WIMP DM

Freeze-out

annihilation only:
 $\sigma_0 = \pi \alpha^2 / m_{\text{DM}}^2 = \text{canonical}$

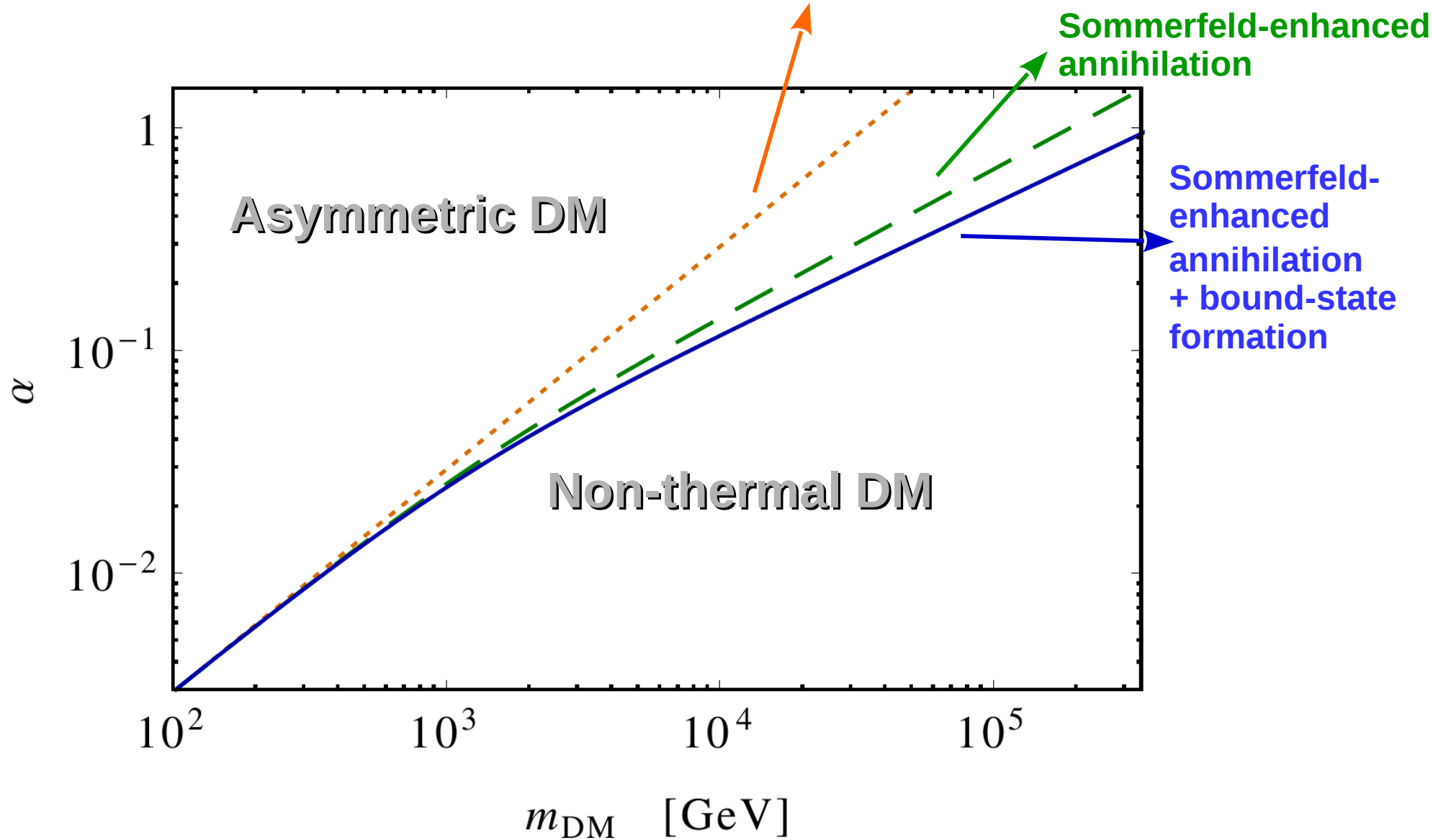


[von Harling, KP (2014)]

Why is this important?

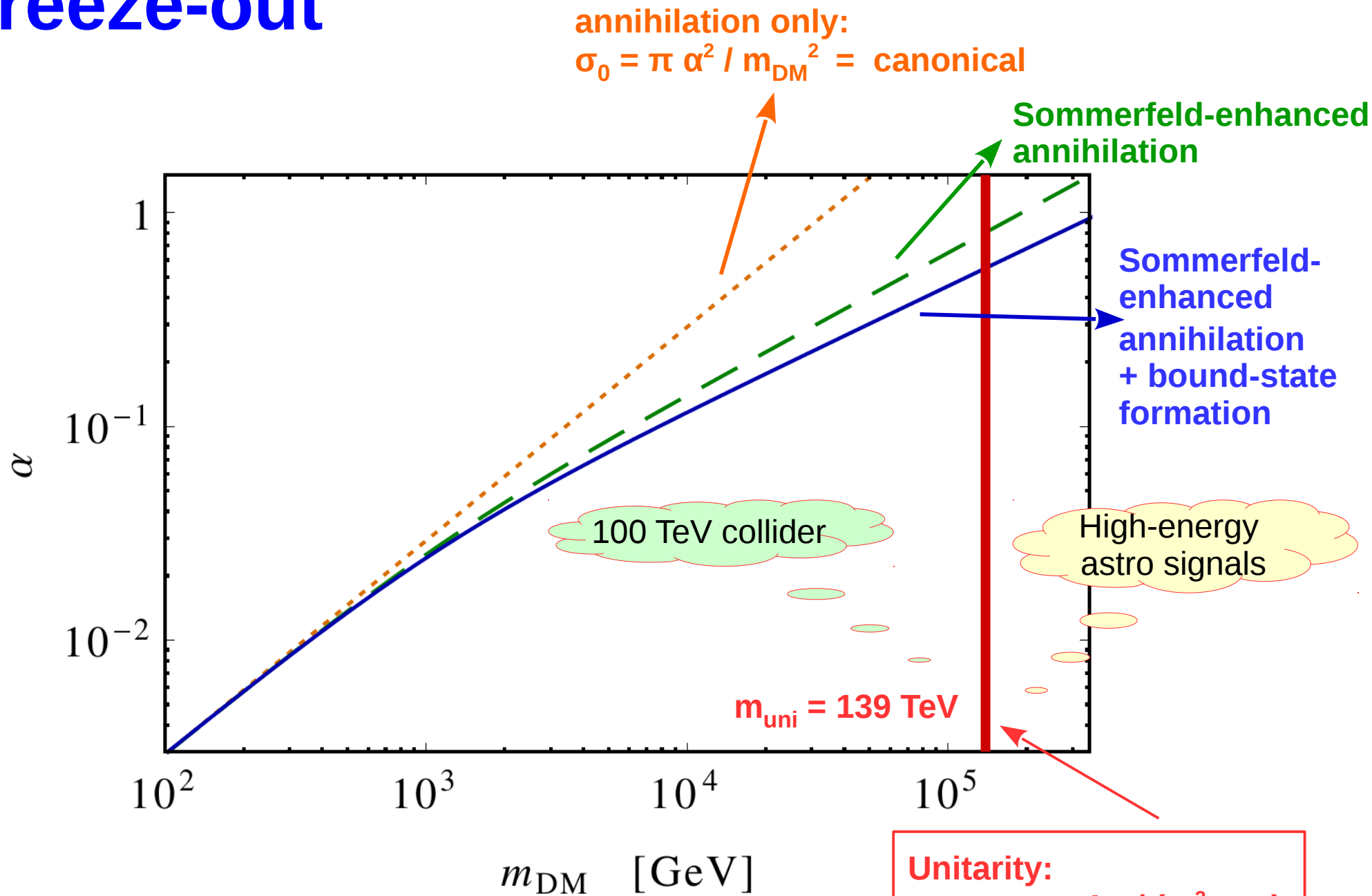
Freeze-out

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[von Harling, KP (2014)]

Freeze-out

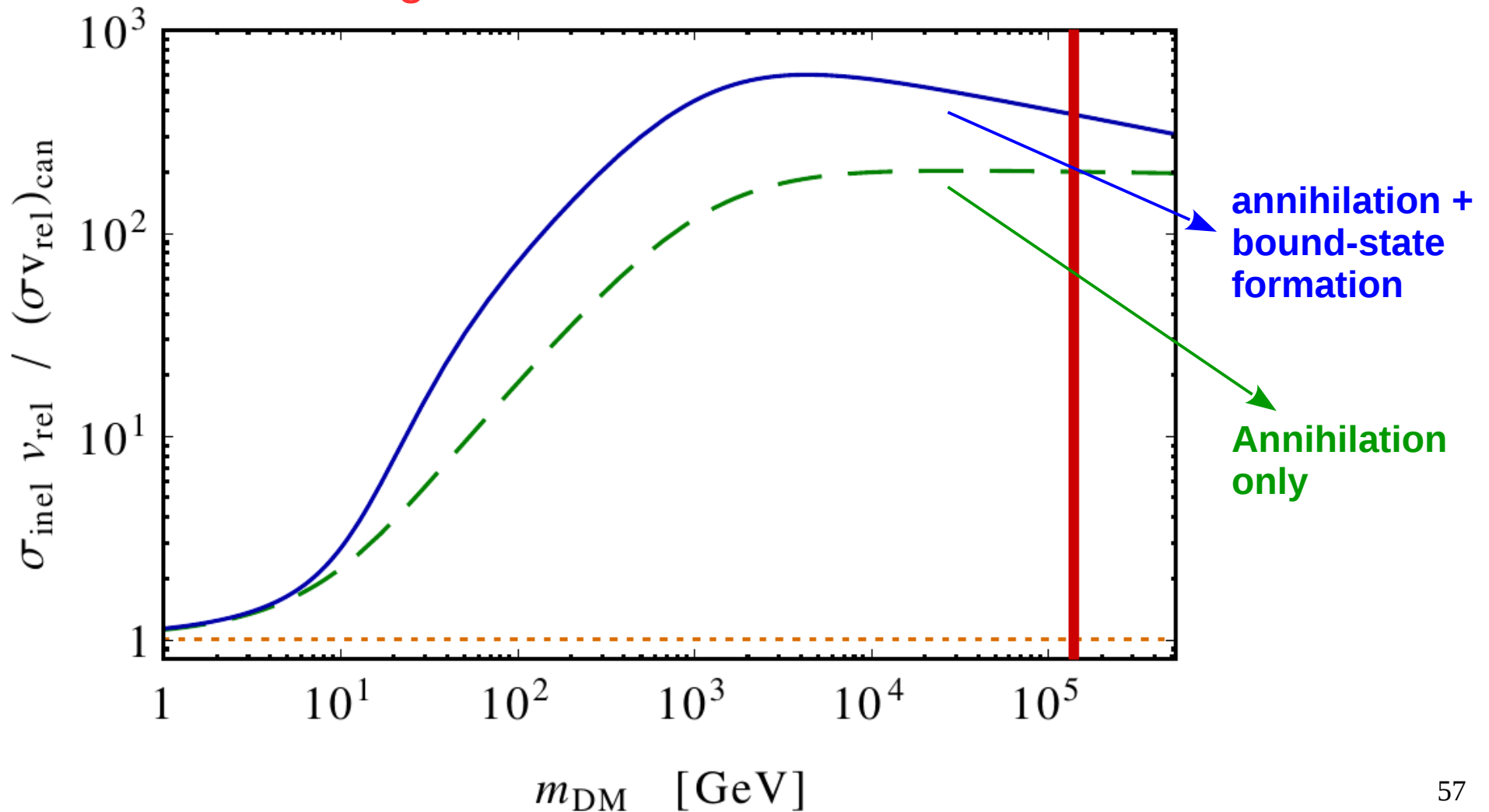


[von Harling, KP (2014)]

Implications for indirect detection

Milky Way: $v_{\text{rel}} \sim 10^{-3}$

→ large Sommerfeld enhancement



Conclusion

- Symmetric thermal-relic WIMP DM \leftrightarrow collisionless CDM
Asymmetric (thermal relic) DM \leftrightarrow self-interacting DM

- Involved cosmology determines low-energy phenomenology: DM self-scattering in haloes, direct and indirect detection.

