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# Higgsless simulations of gravitational wave in 1st-order phase transitions

(based on 2010.00971, 2108.11947, 2209.04369 )

— **Henrique Rubira** —

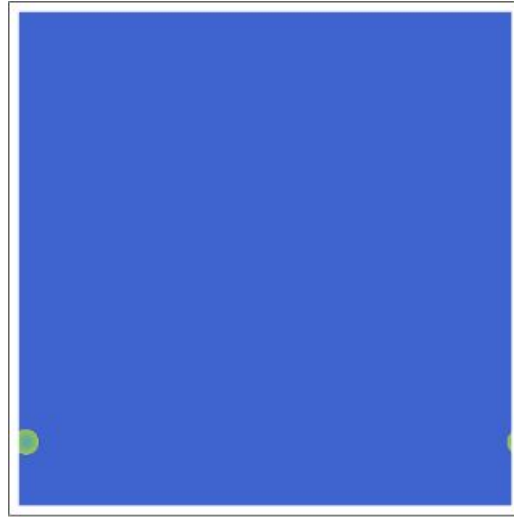
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In collaboration with: Ryusuke Jinno, Thomas  
Konstandin, Jorinde v.d. Vis, Isaac Stromberg,  
Valerie Domcke

**Before anything else, cool things always come with  
videos**

# Before anything else, cool things always come with videos



Notice two scales:

- Initially we see mainly the bubble size
- Later we see sound shells superposing

# A message to take home...

New simulation scheme for sound-shell contribution in 1st order PT

Advantages:

- 1) fast (easier to explore parameter dependence);
- 2) Don't need to include scalar field (solve particle physics scale in a cosmo simulation);
- 3) Incorporate shock front easily.
- 4) We can go non-linear!!!
- 5) Exploring alternative scenarios

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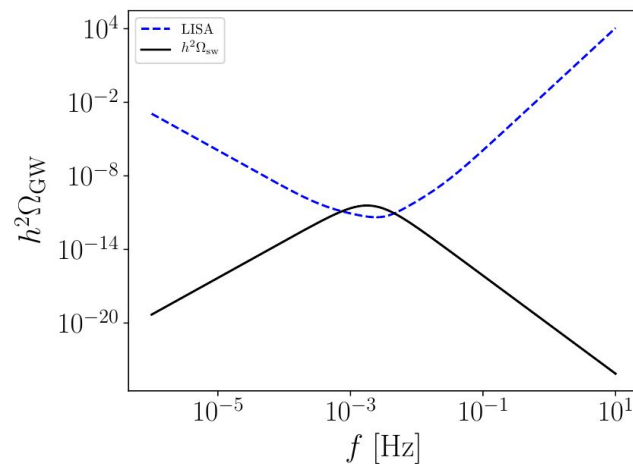
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A user-friendly parametrization...

$$\Omega_{\text{GW}} \propto \frac{(q/q_0)^3}{1 + (q/q_0)^2 [1 + (q/q_1)^4]}$$

$$q_l \simeq 1, \quad q_h \simeq 1/\xi_{\text{shell}},$$

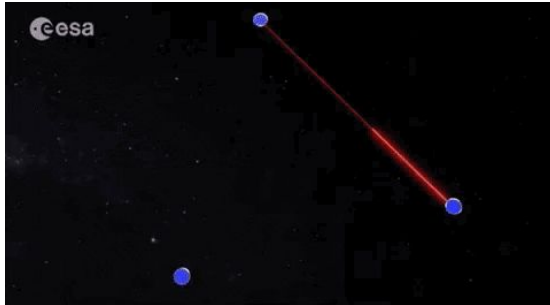


# Outline of this talk

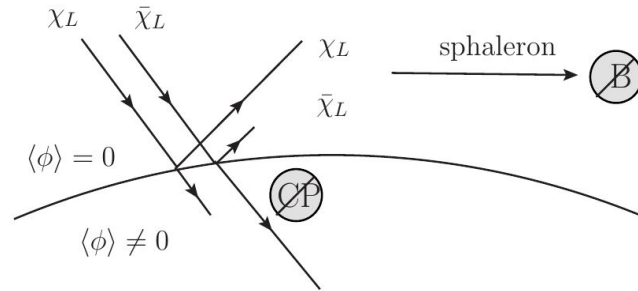
- **Prerequisites of 1st order PT**
- Gravitational waves
- Simulations
- Temperature fluctuations

# Motivations for 1st Order PT

1) LISA is flying  
in the next decade

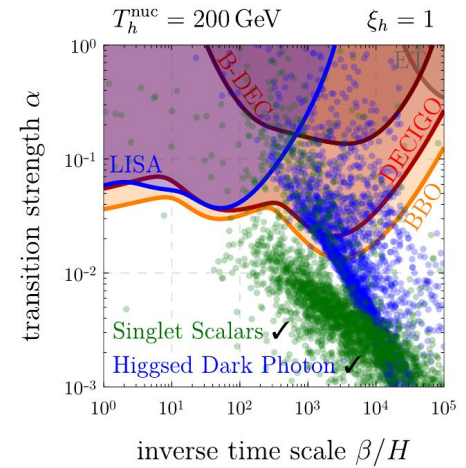


2) Electroweak  
Baryogenesis



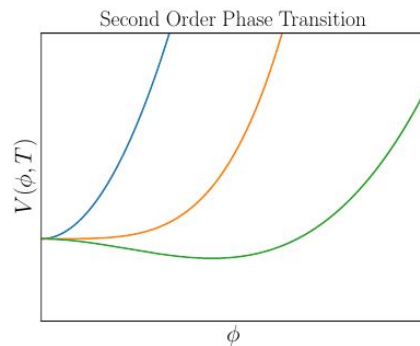
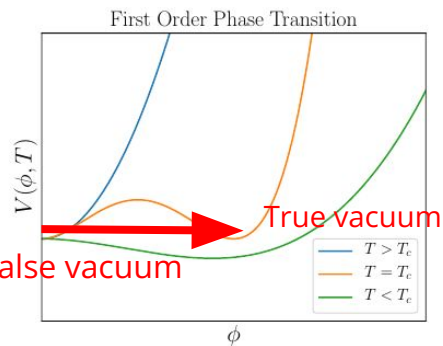
Konstandin (13)

3) BSM physics



Breitbach+ (18)

# 1st Order PT



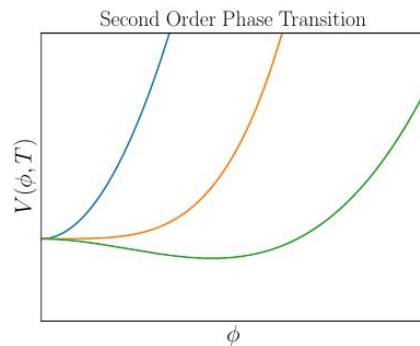
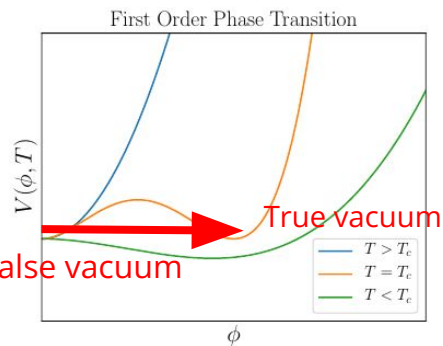
Scalar potential in thermal bath gets temperature corrections

$$V(\phi, T) = \frac{1}{2}M^2(T)\phi^2 - \frac{1}{3}\delta(T)\phi^3 + \frac{1}{4}\lambda\phi^4$$

At high temperatures we expect electroweak sym. to be restored. As temperature goes down higgs gets a vev and gives mass to particles



# 1st Order PT



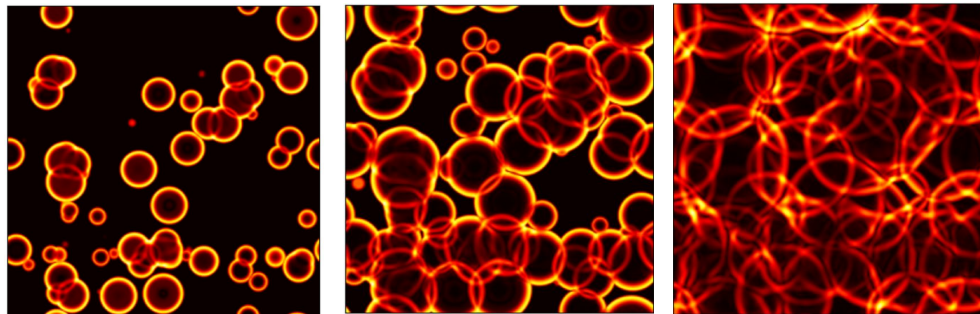
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$$\Gamma(t) = \Gamma_* e^{\beta(t-t_*)}$$

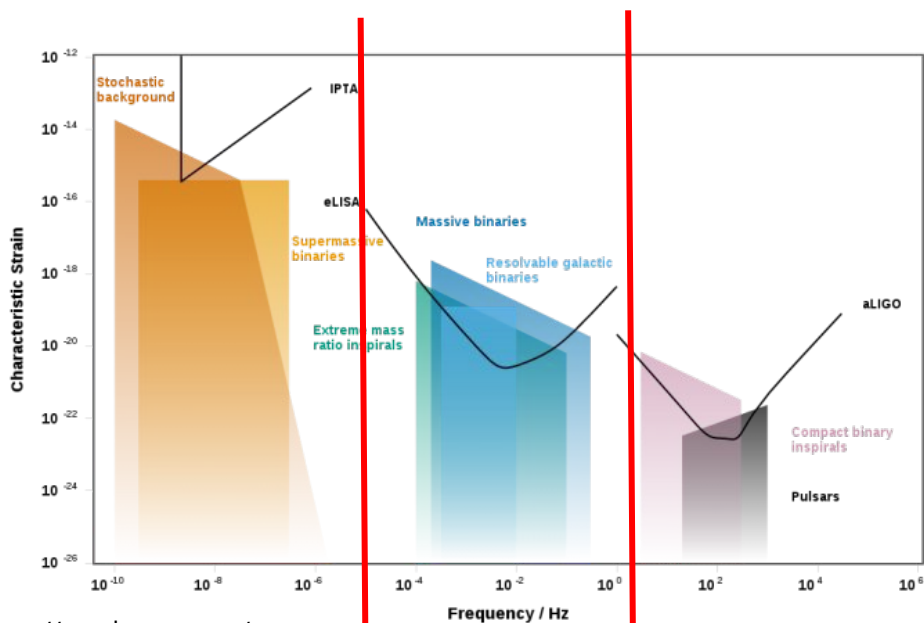
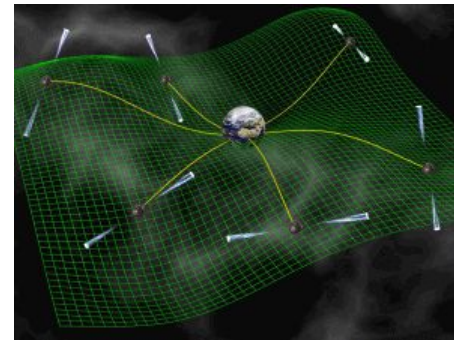
Disjoint regions of space can make the transition, generating bubbles at different places



# Outline of this talk

- Prerequisites of 1st order PT
- **Gravitational waves**
- Simulations
- Temperature fluctuations

# The (three) GW frequency ranges



<http://gwplotter.com/>

Low

Intermediate

High

[...]

Low: We probe this region using Pulsar Timing Array (PTA).  $O(> 10^7)$  solar masses

Intermediate: Supermassive BHs  $O(10^3-10^7)$  solar masses. One of the most interesting regions to probe the early Universe.

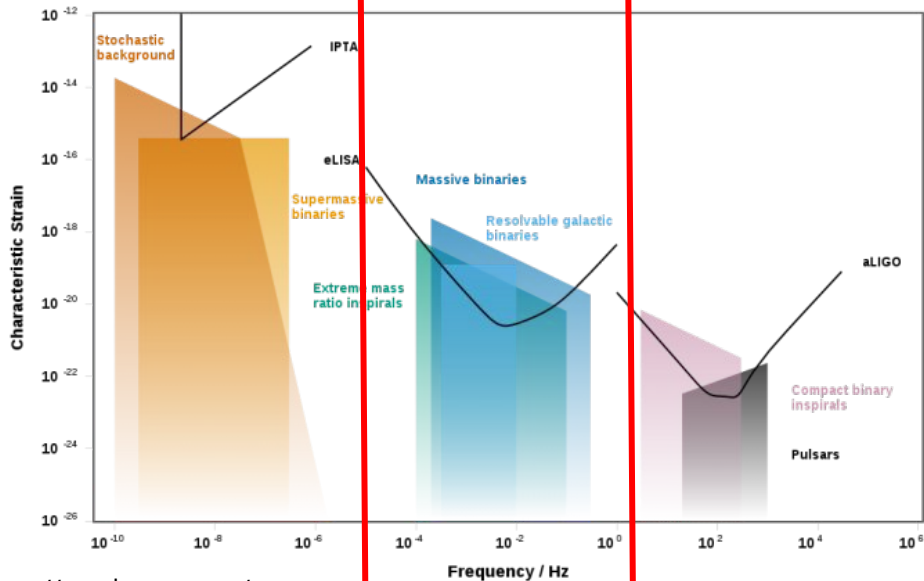
High:  $O(1-100)$  solar masses objects

# The (three) GW frequency ranges

$$f_{\text{peak}} \sim \text{a few} \times 10^{-6} \left( \frac{\beta}{H_*} \right) \left( \frac{T_*}{100 \text{ GeV}} \right) \text{ Hz} .$$

Nucleation rate  $O(100)$

Close to EW scale



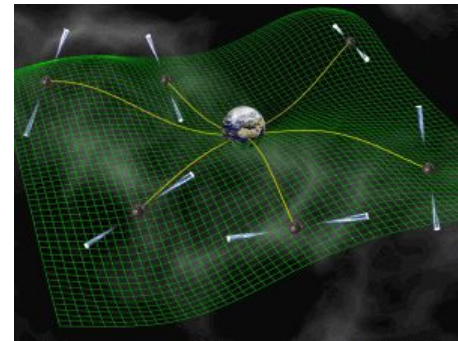
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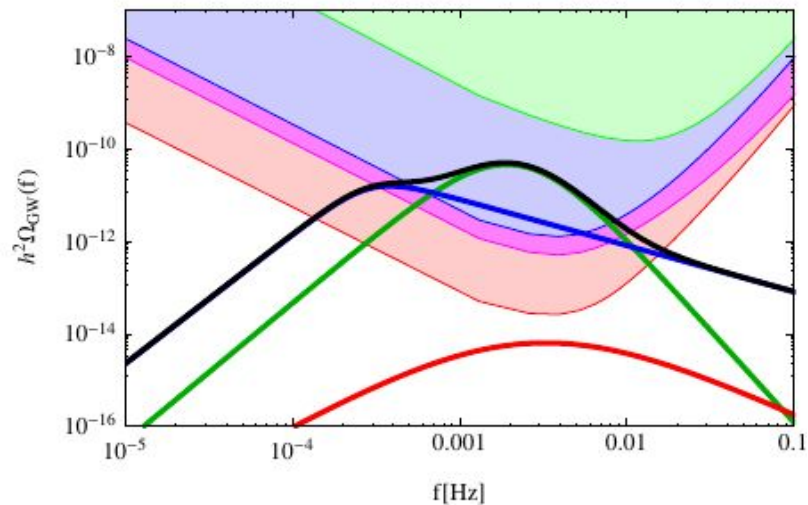


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# 1st Order Phase Transition (PT)



(Caprini et al, 15)

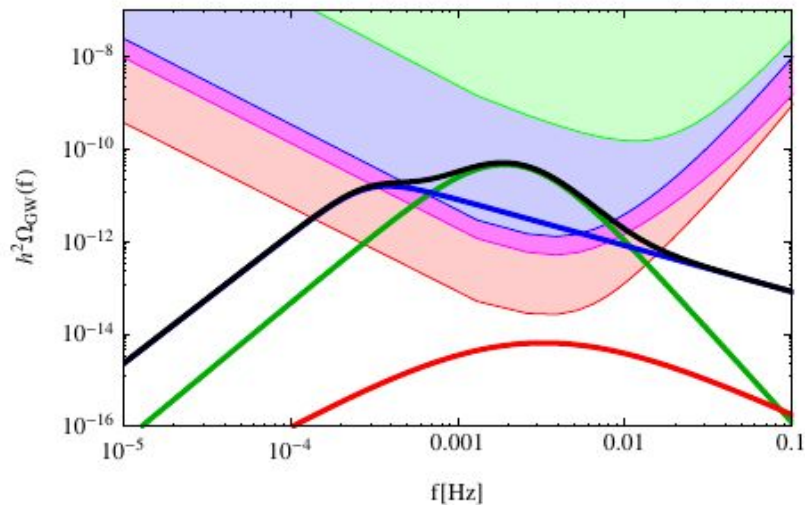
3 sources:

Scalar field

Sound waves

Turbulence

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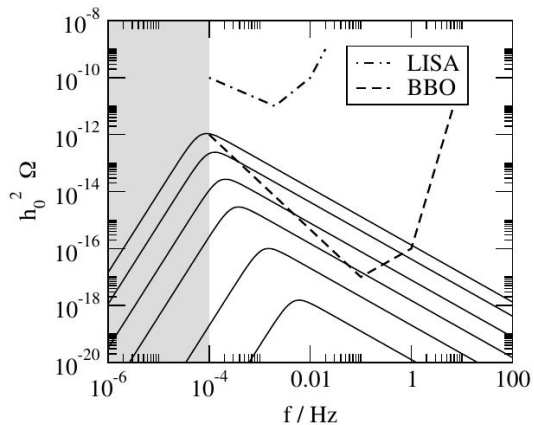
Sound waves

Turbulence

Relevant when bubbles runaway  
(e.g. supercooling)

# GW from 1st Order PT -- State of the art

## Envelope approximation



Konstandin, Huber (08)

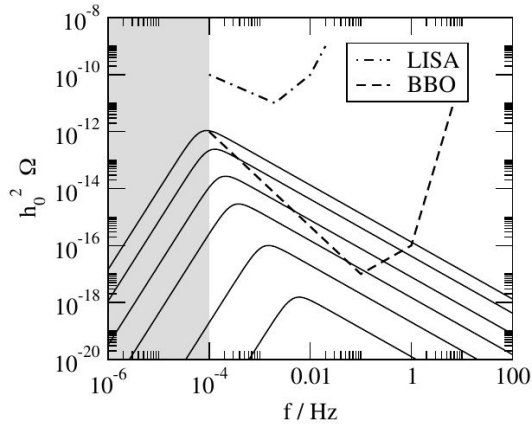


Energy contained in a thin non-collided yet shell (fluid or scalar)

See also Kamionkowski, Kosowsky, Turner (94) and Jinno, Takimoto (17a)

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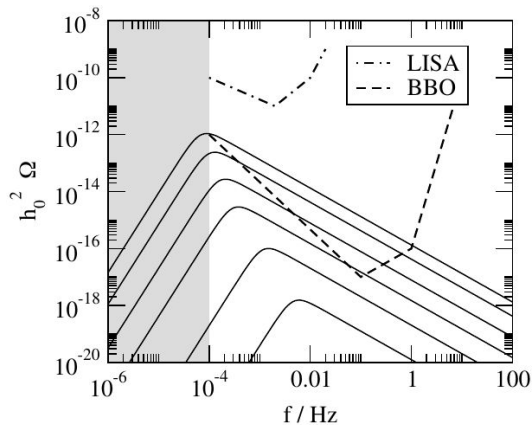
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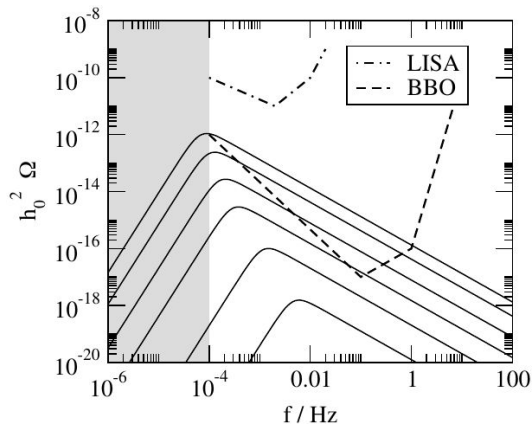
since they propagate for long time  
Hindmarsh, Huber, Rummukainen, Weir (13)

Difficult for bubbles to runaway, coupling to the plasma  
(Bodeker and Moore, 17)

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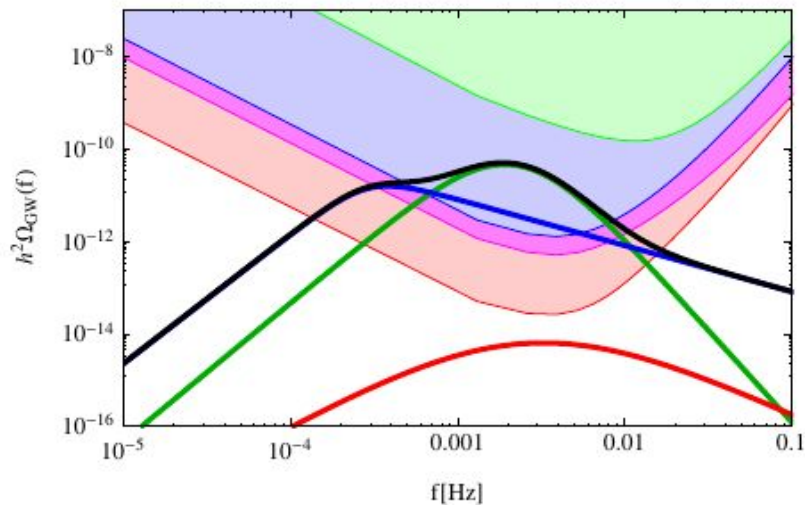
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**FLUID CONTRIBUTION IS RELEVANT!**

See also Kamionkowski, Kosowsky, Turner (94) and Jinno, Takimoto (17a)

# 1st Order Phase Transition (PT)



(Caprini et al, 15)

3 sources:

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Sound waves

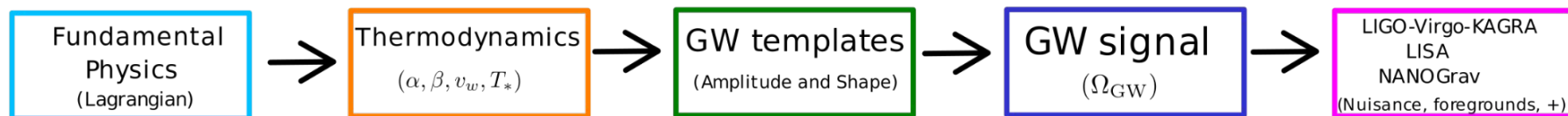
Turbulence

Relevant when we talk about PTs in a plasma

# Working flow



# Working flow



How we can connect a Lagrangian to macroscopic properties of plasma+wall

$\alpha$  PT strength

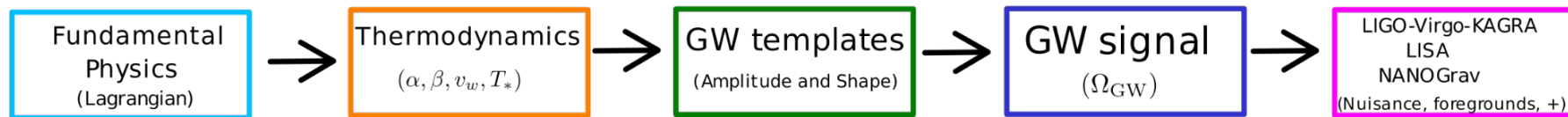
$\beta$  Bubble nucleation time scale  
(and bubble size)

$v_w$  Bubble wall velocity

$T_*$  Temperature of PT

# Working flow

Prediction of GW  
(analytics, simulations)



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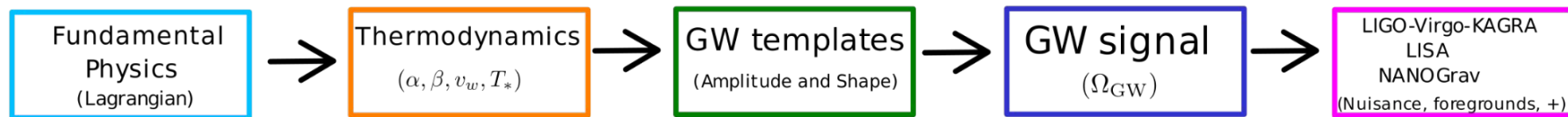
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Sensitivity

Foregrounds



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**Non-linear dynamics are ultra-relevant!**

- **GW Templates**
- **Turbulence**
- **Strong PTs**

# Analytical prediction

**Sound shell model** Hindmarsh (16) +Hijazi (19)

$$\frac{d\Omega_{\text{GW}}(k)}{d\ln(k)} \sim \begin{cases} (kR_*)^5, & k\Delta R_*, kR_* \ll 1, \\ (kR_*)^1, & k\Delta R_* \ll 1 \ll kR_*, \\ (kR_*)^{-3}, & 1 \ll k\Delta R_*, R_*. \end{cases}$$

Assumes:

- Gaussianity of velocities
- Linear superposition of sound shells
- Hard to extrapolate to stronger PTs

# Outline of this talk

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# Simulations (two schemes)

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**Scalar field + Fluid**, Hindmarsh, Huber, Rummukainen, Weir (13,15,17)

Phenomenological friction term between between scalar and fluid

Model-dependence when assuming free energy for the scalar and T-dependence of friction

No separation of scales (scalar shell and bubble size)

**Higgsless**, Jinno, Konstandin, **HR**, Stromberg

Constant wall velocity + Bag equation of state

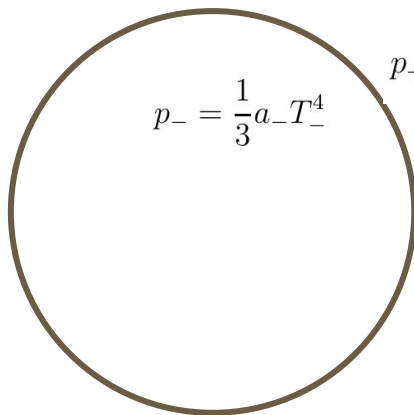
Model only the fluid part

Clear separation of scales

# Lattice simulations: Higgsless

## Bag Equation of State

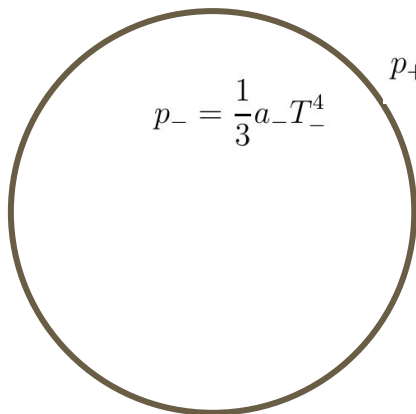
Espinosa, Konstandin, No, Servant (10)


$$p_- = \frac{1}{3} a_- T_-^4$$
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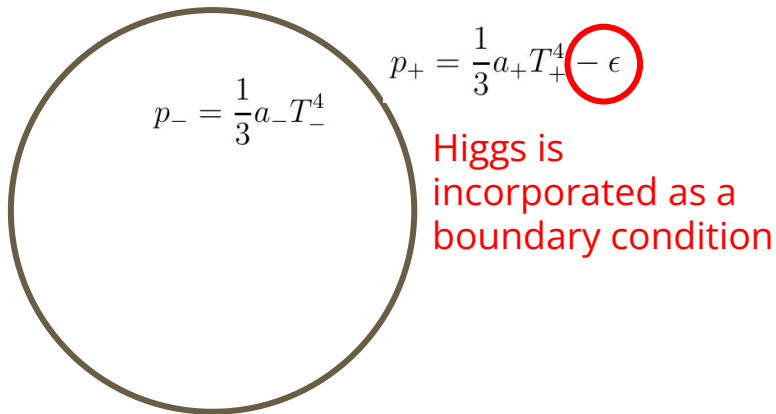
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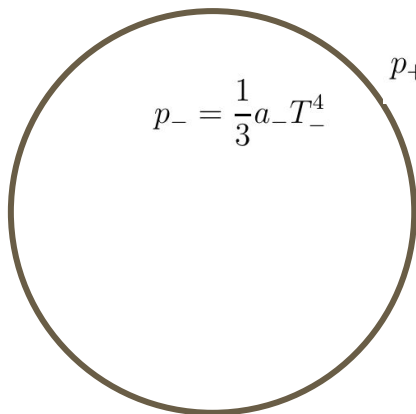
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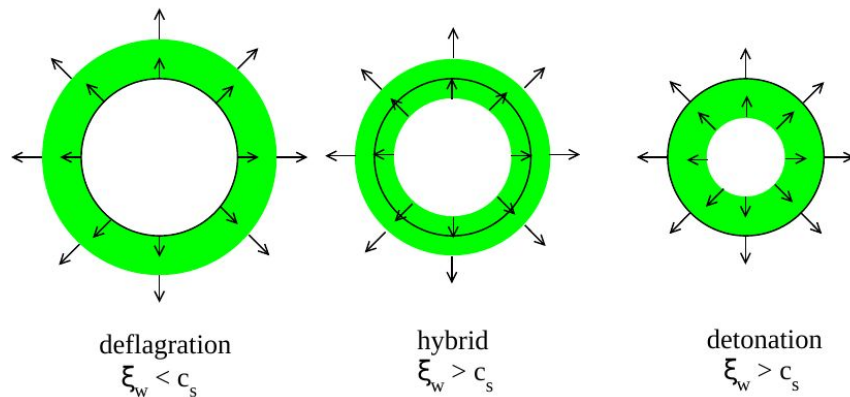
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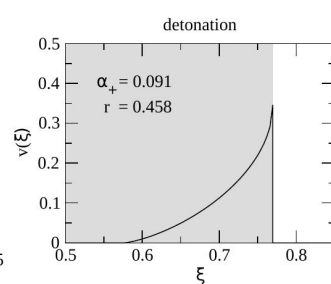
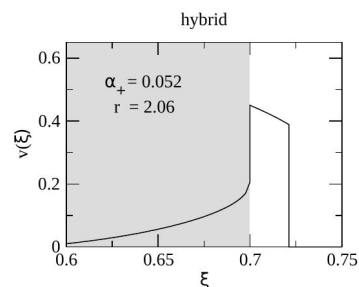
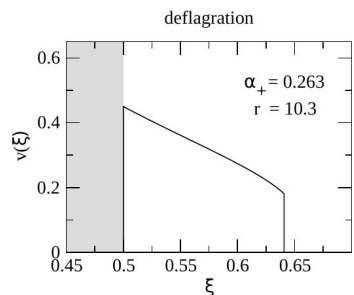
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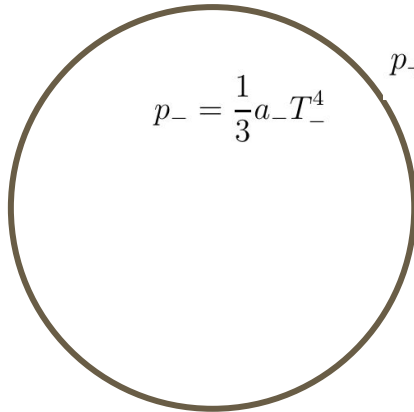
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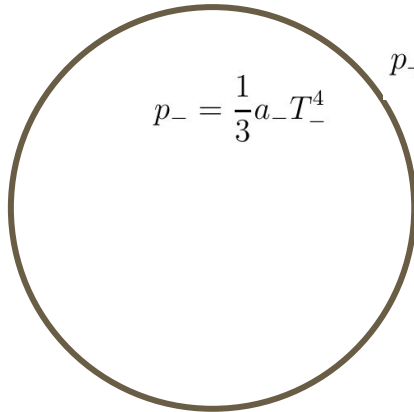
Enters via a time dependent energy background  $\epsilon(\vec{x}, t)$

You can spend all your computer energy solving the fluid part!

# Lattice simulations: Higgsless

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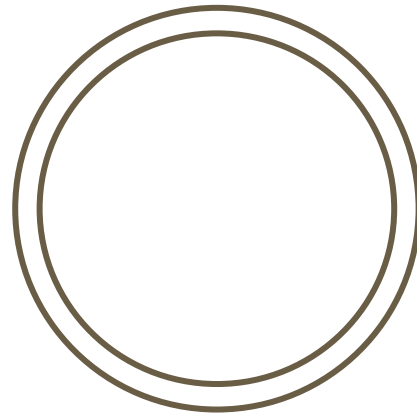


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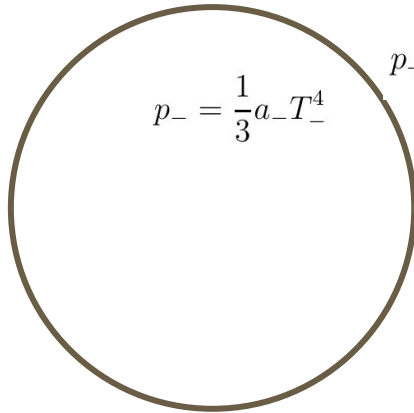
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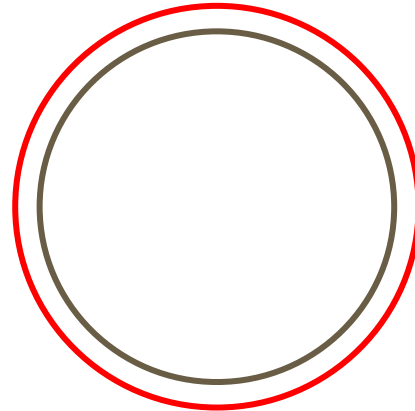
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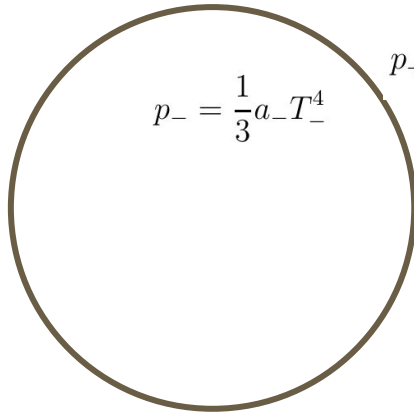
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- Bubble thickness: TeV

# Lattice simulations: Higgsless

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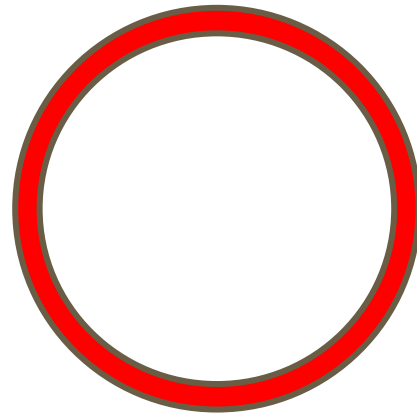
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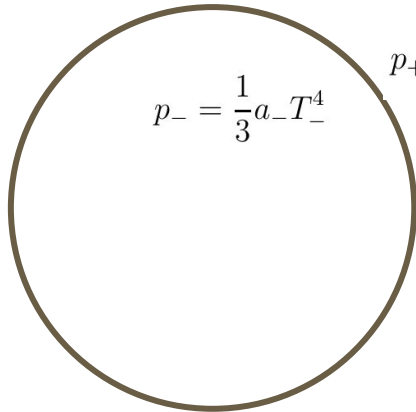
The scales of the problem:

- Bubble thickness: TeV
- Sound Shell

# Lattice simulations: Higgsless

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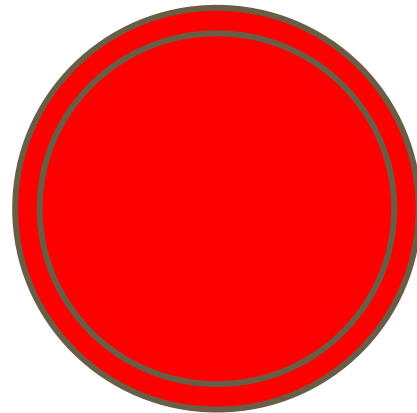
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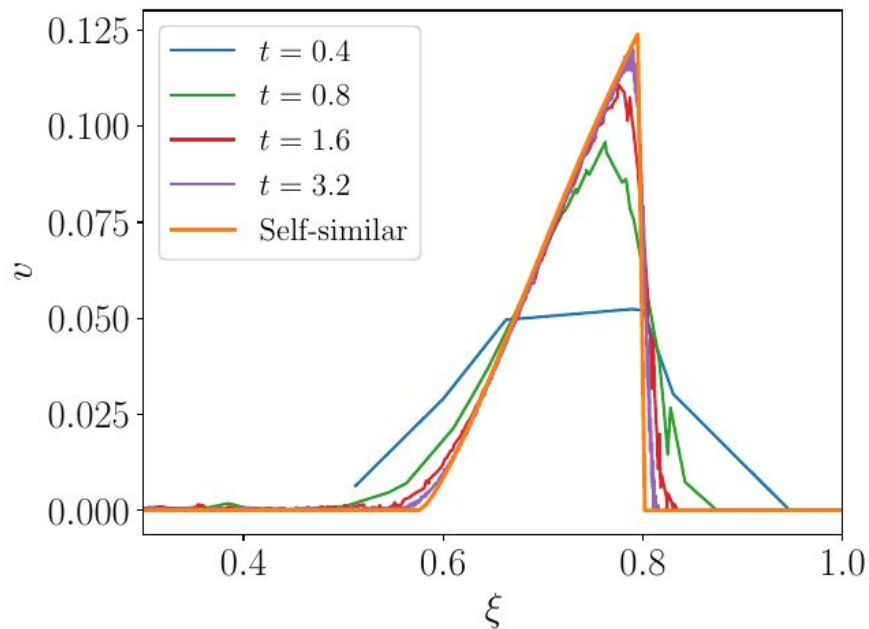
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- Sound Shell
- Bubble size: Hubble size

# Lattice simulations: Higgsless

**Can we reproduce the correct result  
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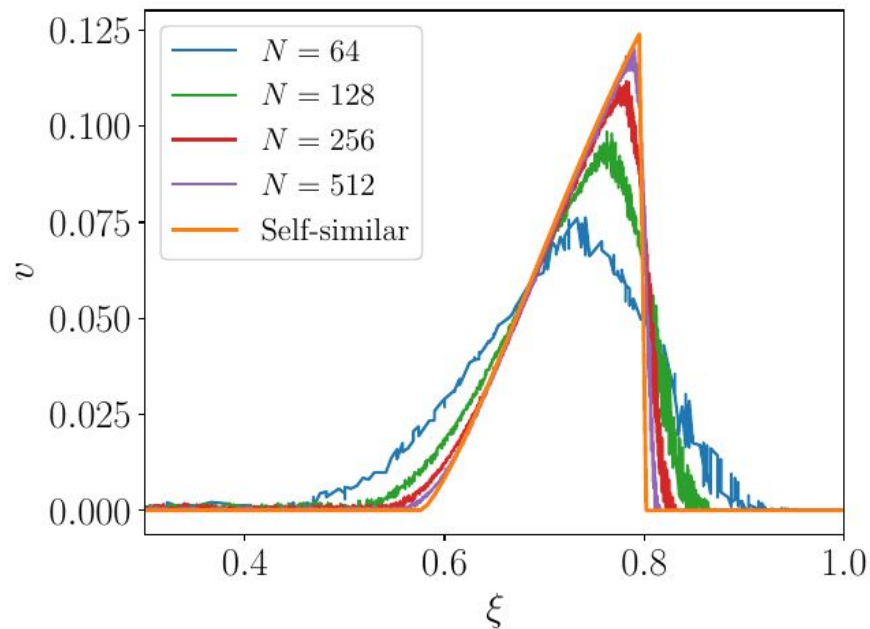
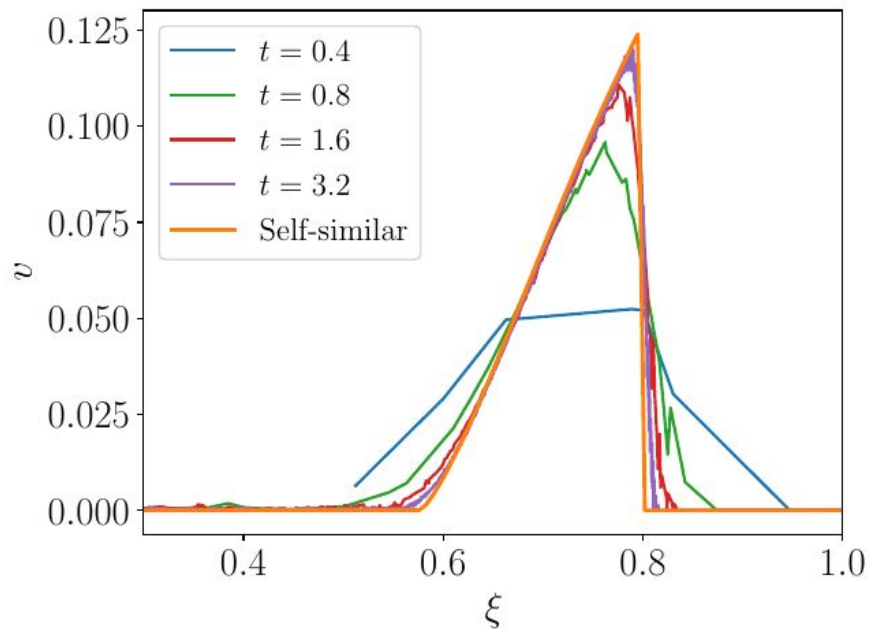
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# Lattice simulations: Higgsless

Can we reproduce the correct result with one single bubble?



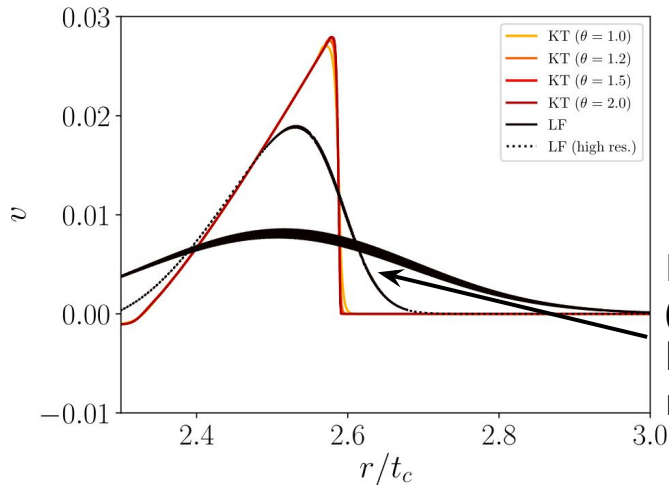
# Solving shocks

# Solving shocks

$$\partial_t u + \partial_x f(u) = 0$$

Simple scheme, Lax Friedrichs (LF)

$$u_j^{n+1} = \frac{u_{j+1}^n + u_{j-1}^n}{2} - \frac{\lambda}{2} [f(u_{j+1}^n) - f(u_{j-1}^n)] - g_j^n \Delta t$$



Large viscosity  
(refined mesh  
here would  
not help too)

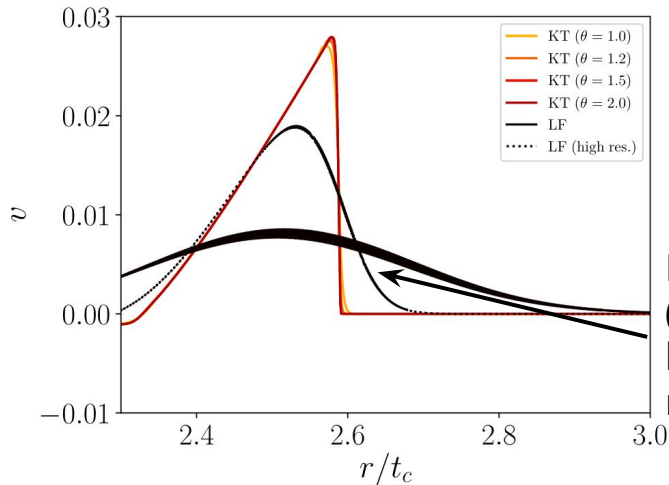
# Solving shocks

**Gudunov's theorem: Linear scheme can only respect positivity at first order**

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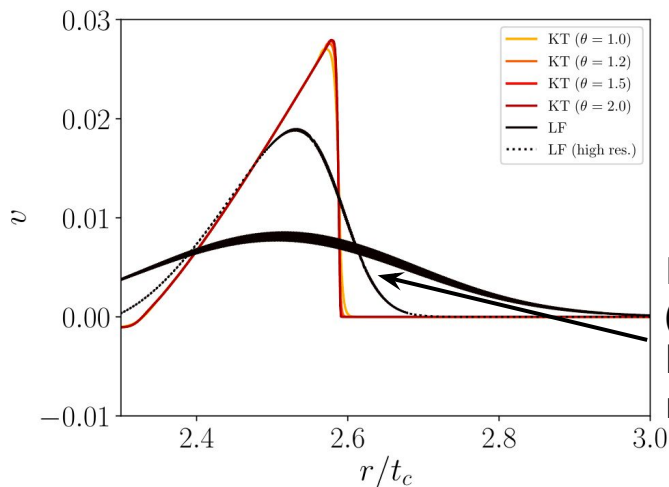


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**Godunov's theorem: Linear scheme can only respect positivity at first order**

Solution 1: Riemann solvers or Godunov schemes  
Solve exact linearized scheme, diagonalize matrix locally

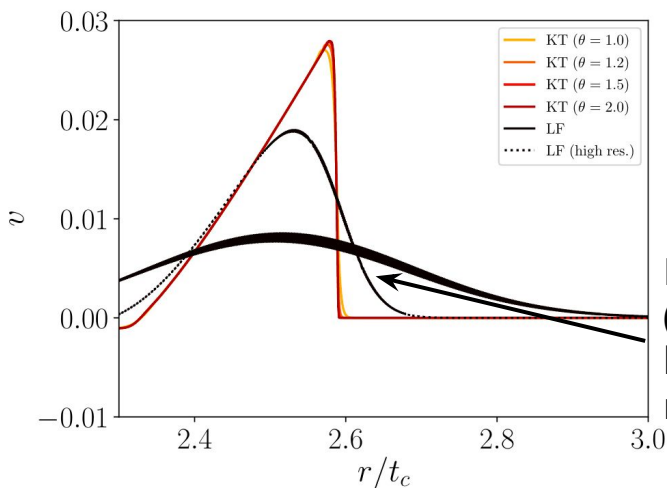
Solution 2: Hybridization  
Introduce non-linear terms via 'flux limiters'

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Solution 1: Riemann solvers or Godunov schemes  
Solve exact linearized scheme, diagonalize matrix locally

Solution 2: Hybridization  
Introduce non-linear terms via 'flux limiters'

Kurganov - Tadmor (KT) scheme  $\partial_\mu T^{\mu\nu} = 0$   
for conservative schemes

$$u_j^{n+1} = u_j^n - \frac{\Delta t}{\Delta x} \left( H_{j+1/2}^n - H_{j-1/2}^n \right)$$

Flux

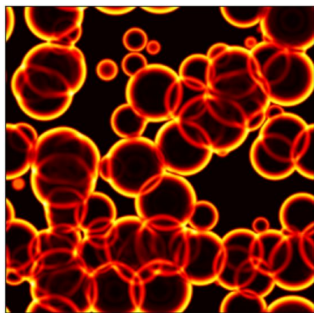
Viscosity

$$H_{j+1/2} = \frac{f(u_{j+1/2}^+) + f(u_{j+1/2}^-)}{2} - \frac{a_{j+1/2}}{2} [u_{j+1/2}^+ - u_{j+1/2}^-]$$

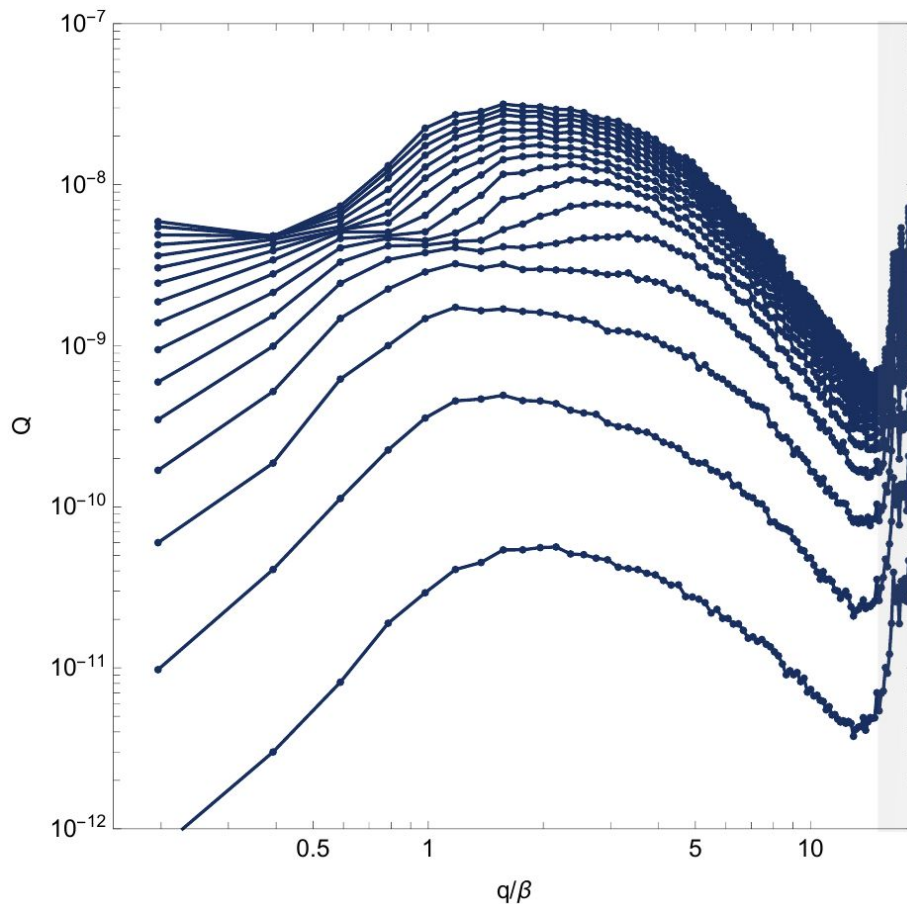
Local max velocity

# Results

Now with many bubbles...

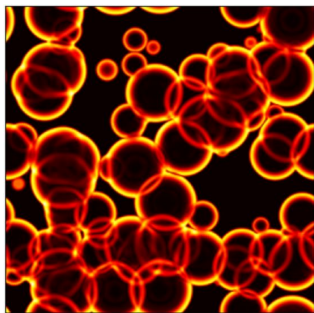


$$\Omega_{\text{GW}} = \frac{w^2 \tau}{4\pi^2 \rho_{\text{tot}} M_{\text{P}}^2 \beta} \times Q',$$

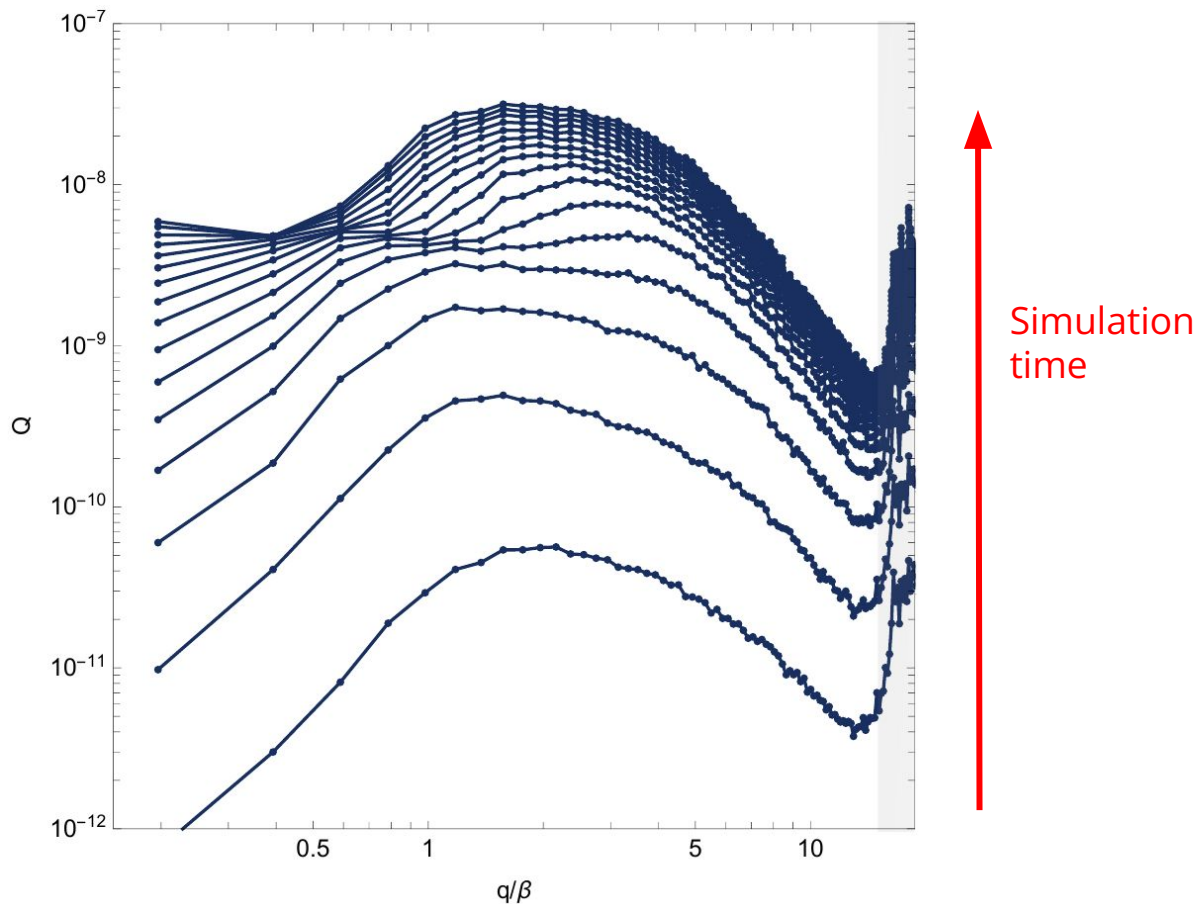


# Results

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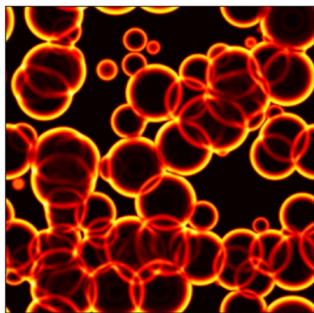
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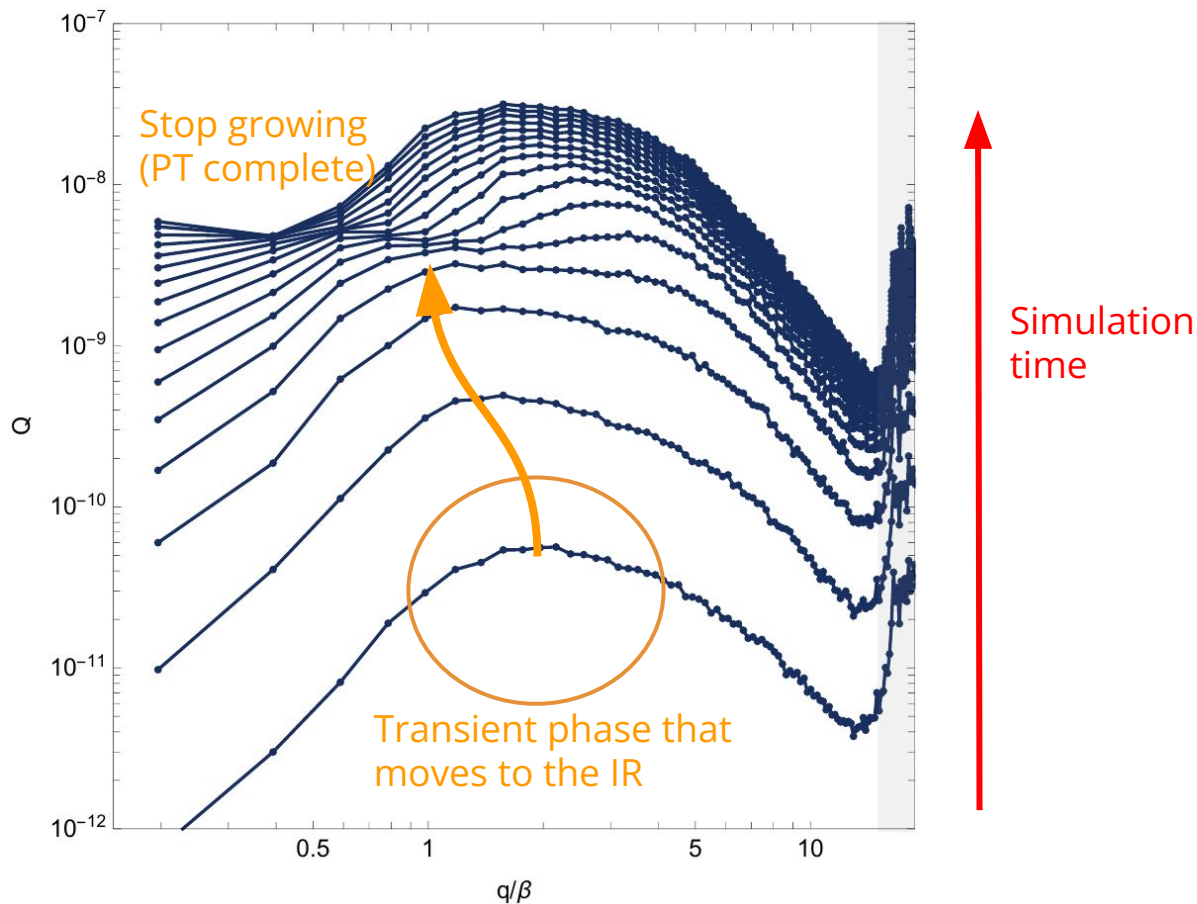


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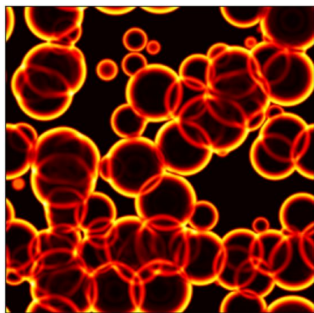


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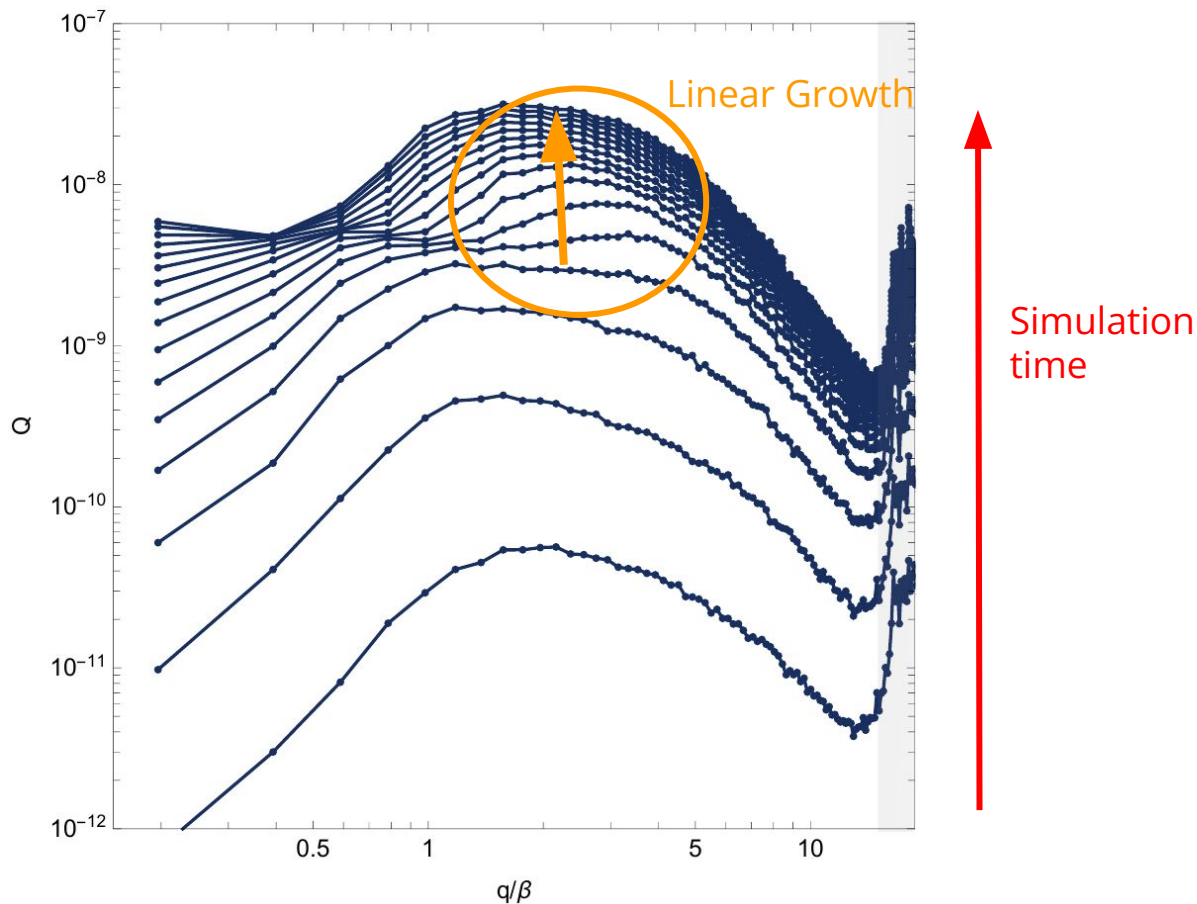


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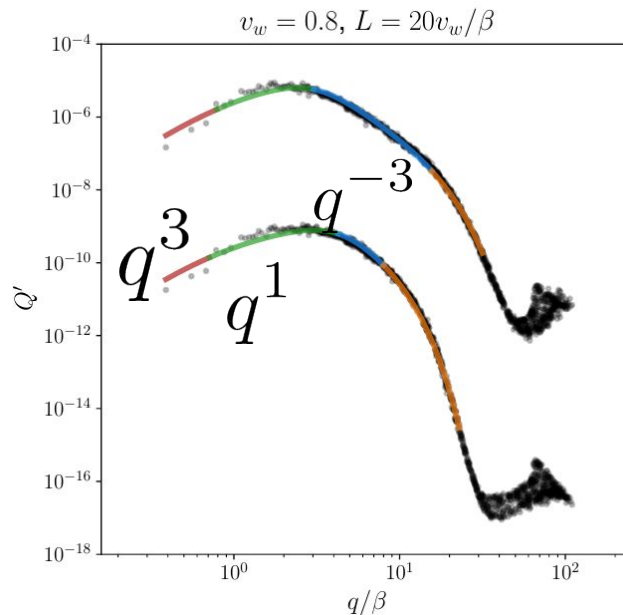
# Results

Amplitude      Shape

$$Q'(q) = Q'_{\text{int}} \times S_f(q)$$

A double-broken power law

$$S_f(q) = S_0 \times \frac{(q/q_0)^3}{1 + (q/q_0)^2 [1 + (q/q_1)^4]} \times e^{-(q/q_e)^2}$$



# Results

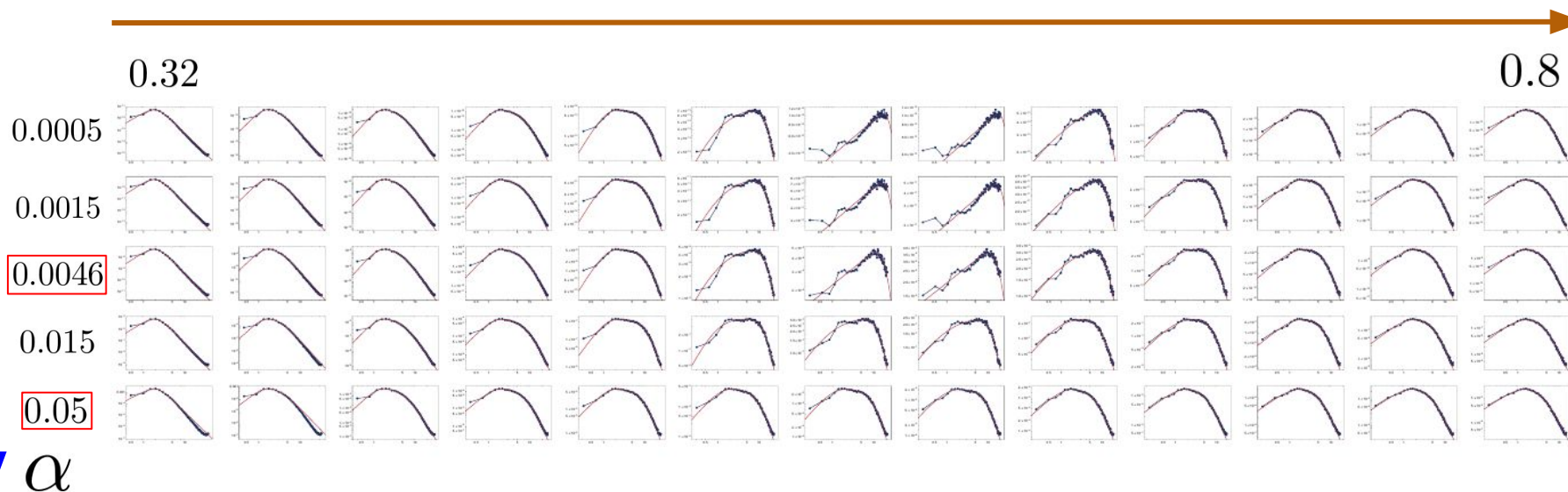
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$\xi_w$



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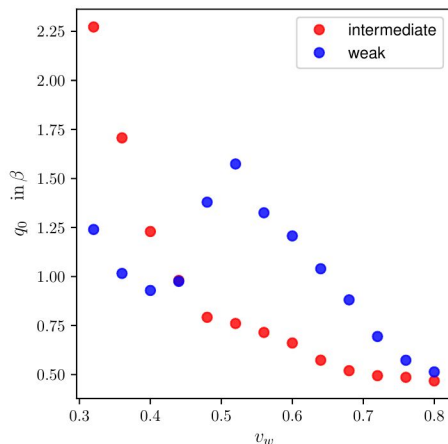
$$Q'(q) = \overset{\text{Amplitude}}{Q'_{\text{int}}} \times \overset{\text{Shape}}{S_f(q)}$$

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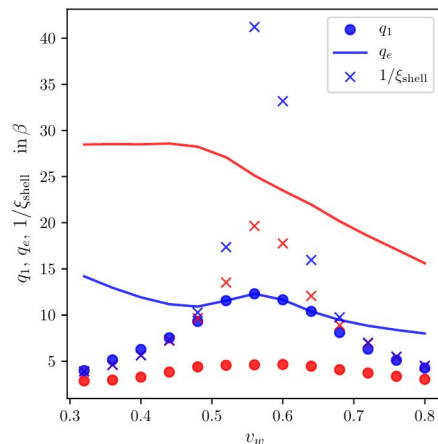
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Position of the peaks

IR peak looks complex



UV peak scales as sound shell thickness



# Results

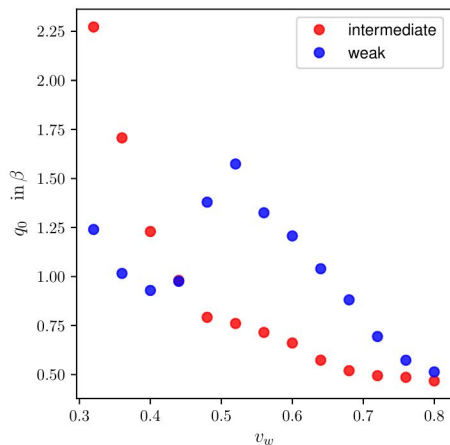
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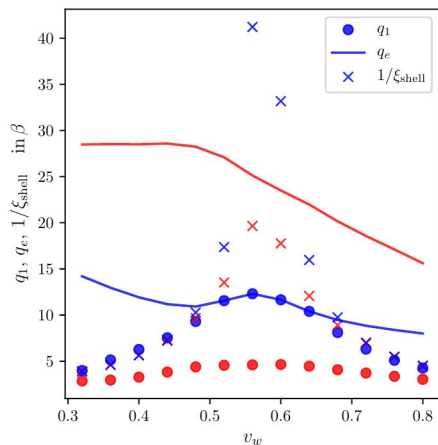
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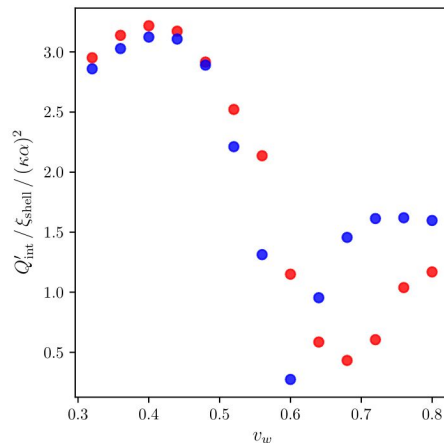


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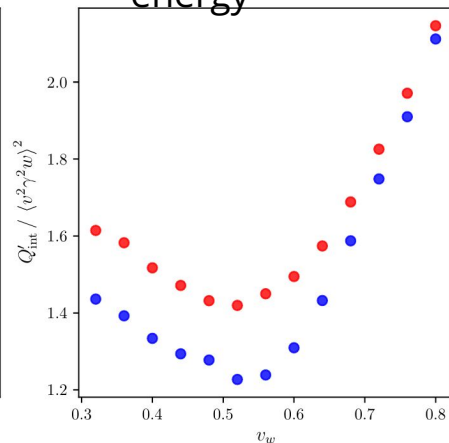


Amplitude of the spectrum

Normalized by kinetic energy



Normalized by 3d simulation kinetic energy



# Results

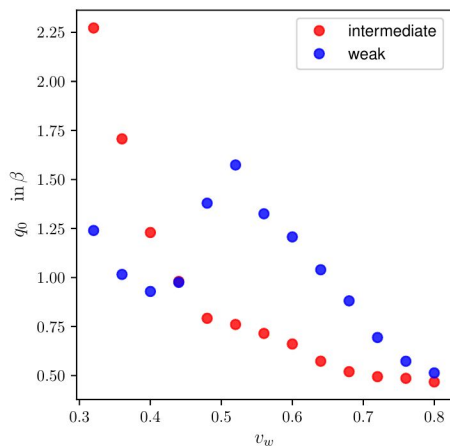
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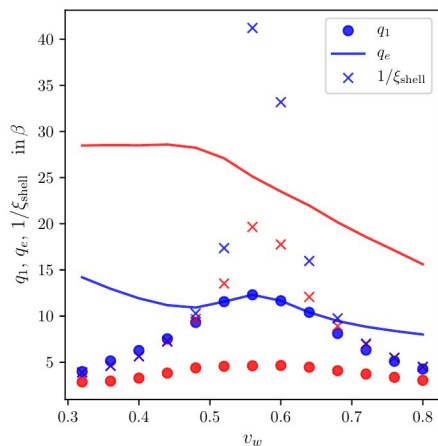
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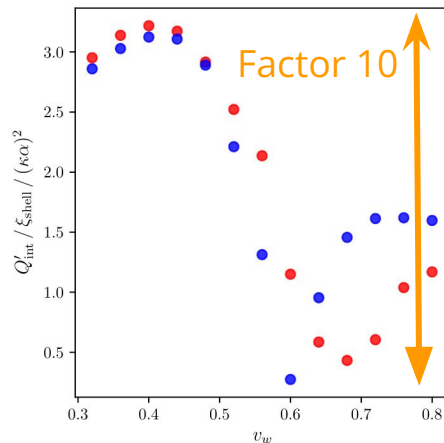


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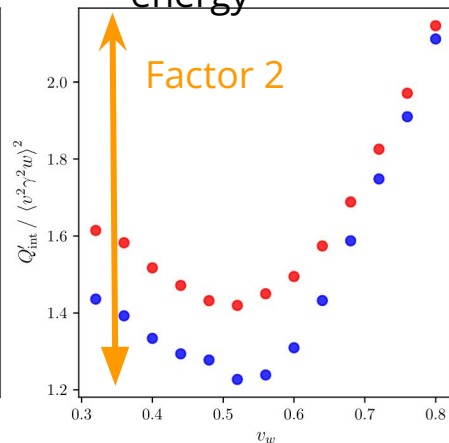


Amplitude of the spectrum

Normalized by kinetic energy



Normalized by 3d simulation kinetic energy



# Comparison to other works

We find very similar GW spectra when comparing weak and intermediate transitions

1000x faster! (Fluid only + second-order discretization scheme)

More bubbles --  $O(2500)$

Realistic nucleation (not simultaneous)

Now we can move to non-linear fluid dynamics! Easy to go to strong PTs and to explore turbulence



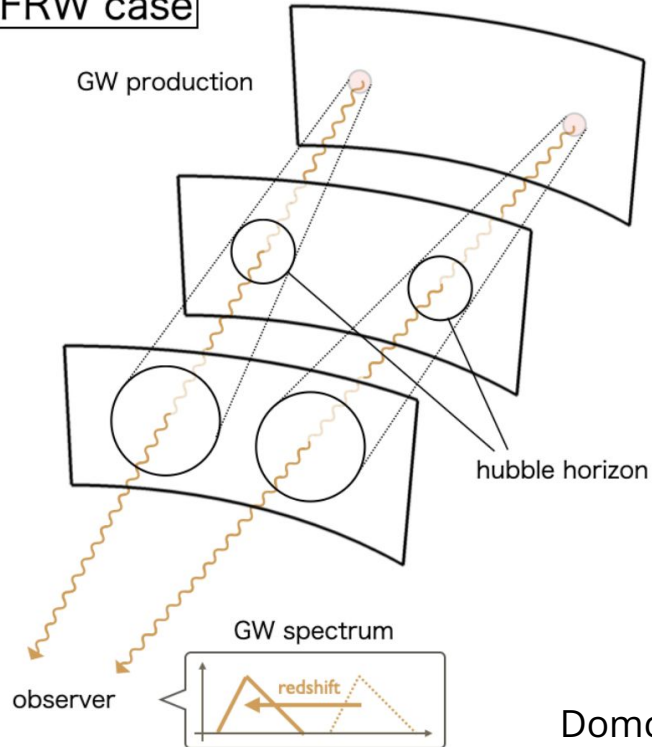
# Outline of this talk

- Prerequisites of 1st order PT
- Gravitational waves
- Simulations
- **Temperature fluctuations**

# Is it the end of the story connecting observed spectra to sourced spectra?

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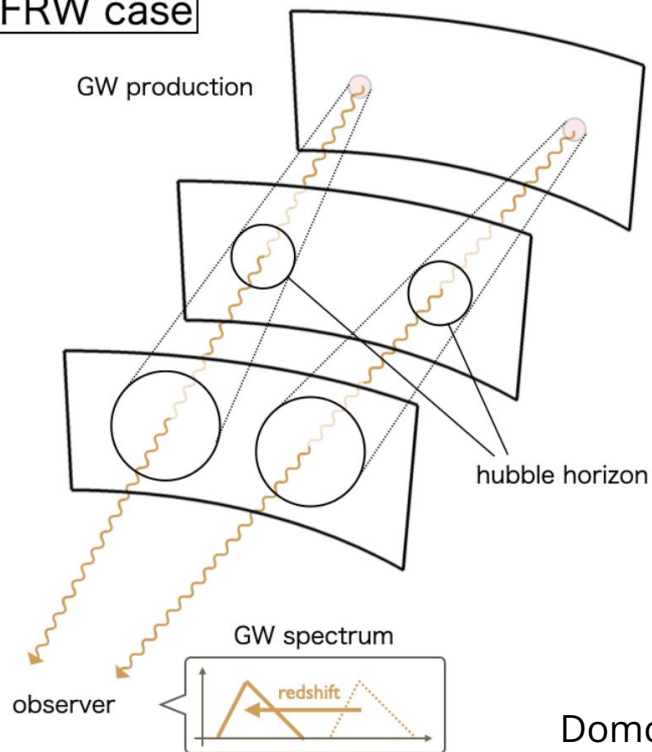
FRW case



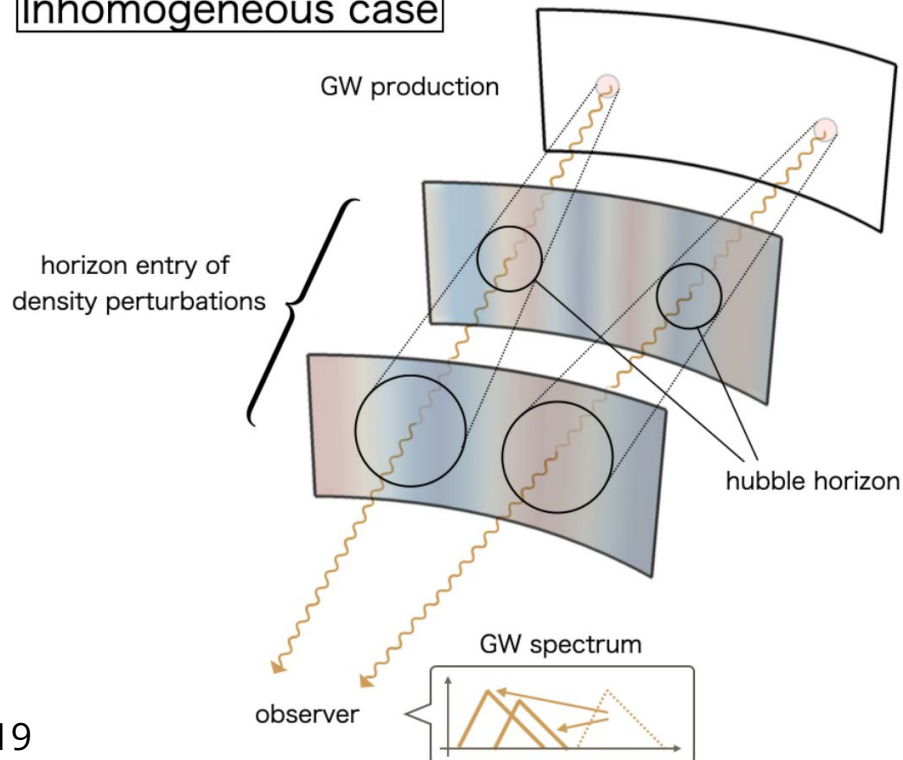
Domcke, Jinno, HR; 19

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FRW case



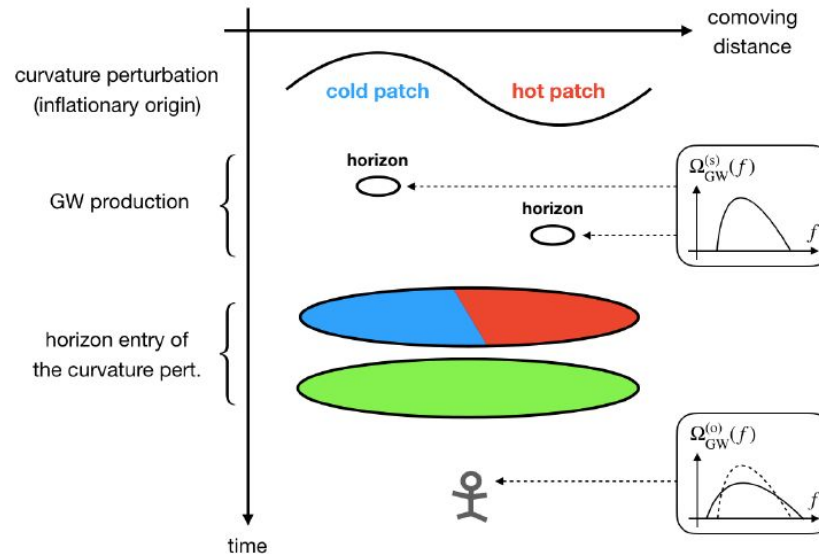
Inhomogeneous case



Domcke, Jinno, HR; 19

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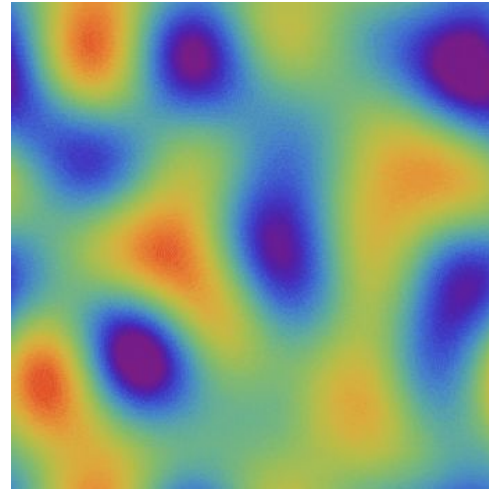
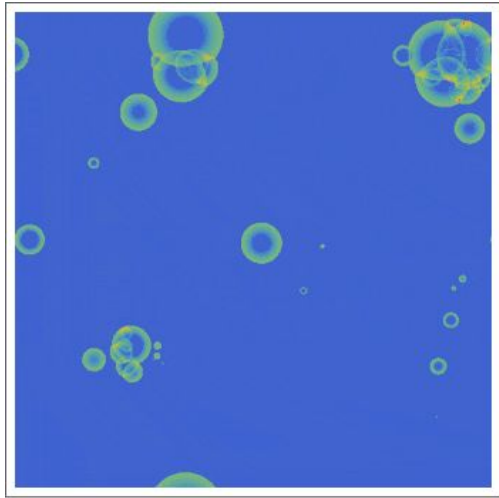
We know that temperature fluctuations in the line-of-sight can affect the GW spectrum



Similar to (I)SW for CMB

Domcke, Jinno and  
**Rubira** 2002.11083

# More videos...



# Can temperature fluctuations also affect the sourcing of GWs from 1st order PTs?

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Nucleation rate proportional to the 3d bounce action:  $\Gamma \propto e^{-S_3/T}$

After expanding it around  $t = t_*$

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This next term in the expansion may be large if

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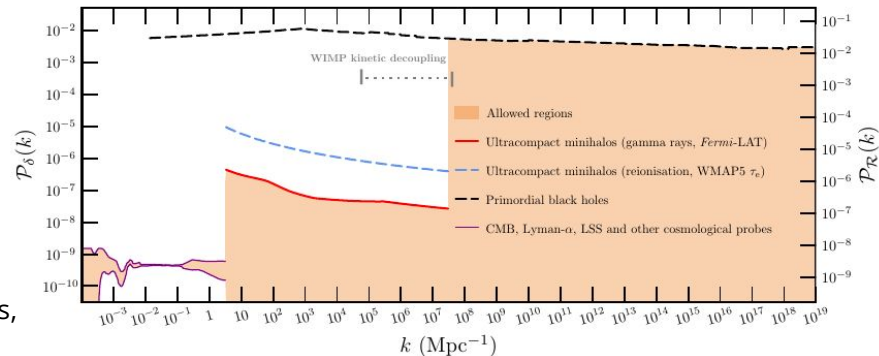
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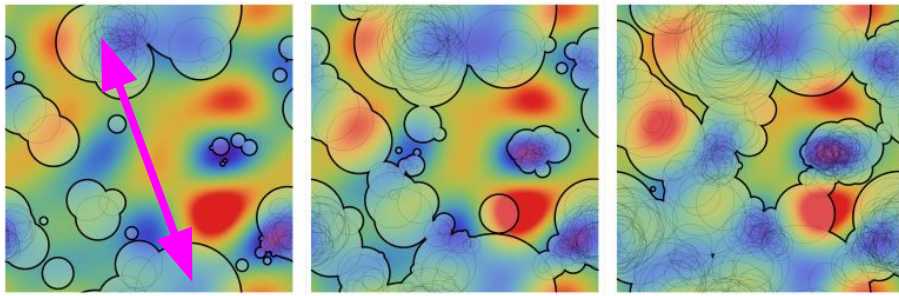
Bringmann, Scott, Akrami, 1110.2484. See also Byrnes, Cole, Patil

Since we are talking about  $T \sim \text{TeV}$ , it is pretty in the (unconstrained) UV



# What is the effect in the GW spectra?

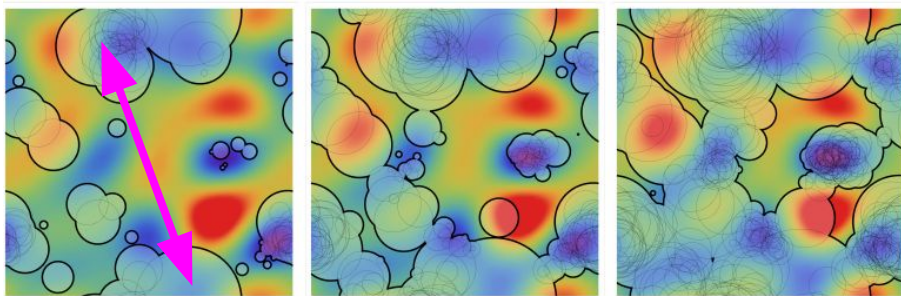
We simulate bubble nucleation under temperature fluctuations and plug it into the hybrid simulation



Result: increase the bubbles size and therefore enhance GW spectra

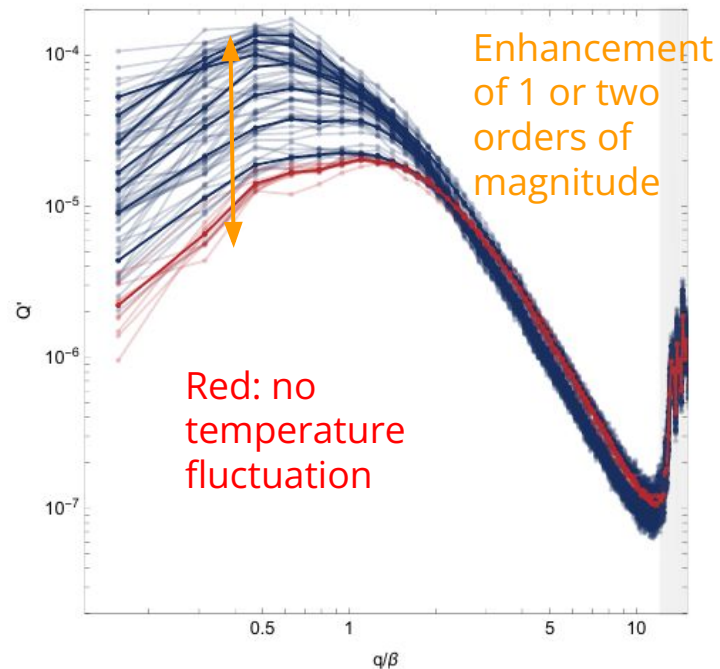
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We simulate bubble nucleation under temperature fluctuations and plug it into the hybrid simulation



Result: increase the bubbles size and therefore enhance GW spectra

We also parametrized how spectra depends on temperature fluctuations



# Conclusions

- We have a fast and precise scheme to calculate GWs from PT that can explore non-linear PTs also alternative scenarios (PBHs, topological defects, ...)

## What comes next?

- Deep into non-linear PTs
- Topological defects
- Turbulence
- Parameter extraction
- Template building

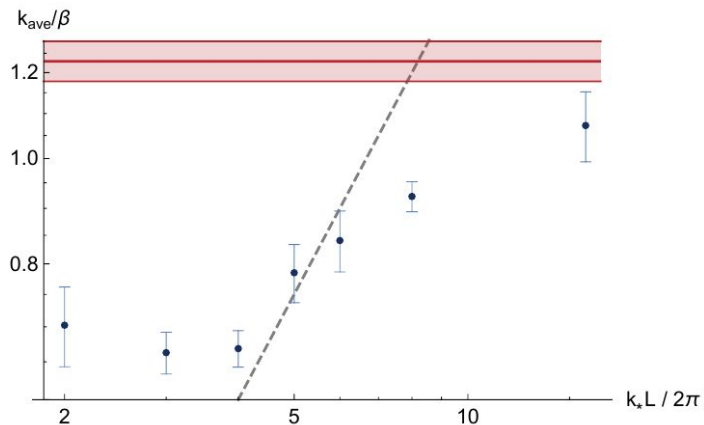
**Thanks a lot!**



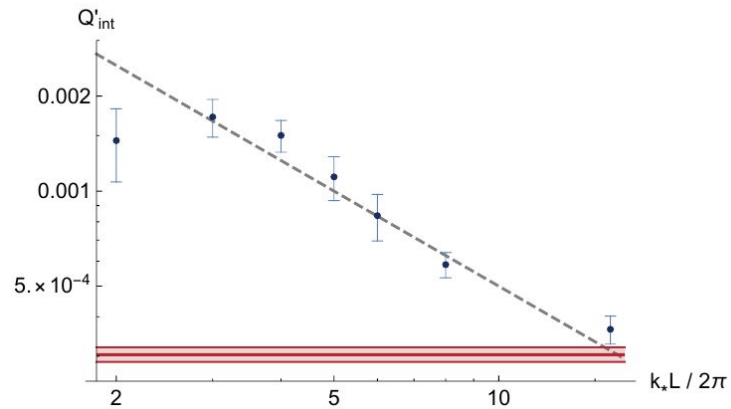
# Extra slide: parametrizing the spectra

$$k_{\text{ave}} \equiv \int d \ln k \ k Q'(k) / \int d \ln k \ Q'(k),$$

$$Q'_{\text{int}} \equiv \int d \ln k \ Q'(k).$$

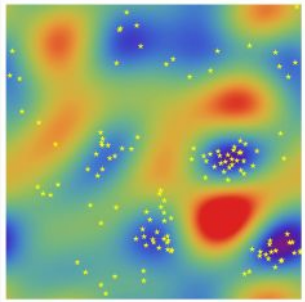


Red: no  
temperature  
fluctuation

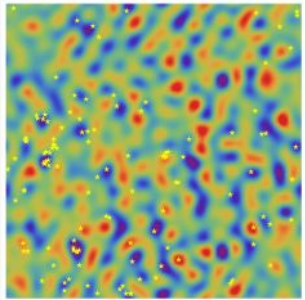


# Extra slide: deep IR, IR and UV

Deep IR: temperature is uniform, no difference



Only IR affects the spectra



In the limit in which  $k_* \rightarrow \infty$ , it does not affect the spectra since any volume has many hot and cold spots

# Extra slide: the algorithm

Instead of letting bubbles nucleate linearly distributed in space and (exp) time, we consider the cumulative probability calculated from the Temperature grid

