Gravitational waves from

ultra-supercooled first-order phase transitions

Ryusuke Jinno (DESY)

Mainly based on 1905.00899

with Hyeonseok Seong (IBS & KAIST), Masahiro Takimoto (Weizmann), Choong Min Um (KAIST) and partly based on 1707.03111 with Masahiro Takimoto

15.11.2019 @ IFAE

TALK PLAN

I. Introduction

2. Difficulty in estimating GWs in ultra-supercooled transitions

3.An approach:

Our work

Motivation

Effective description of fluid propagation & Implications to GW production

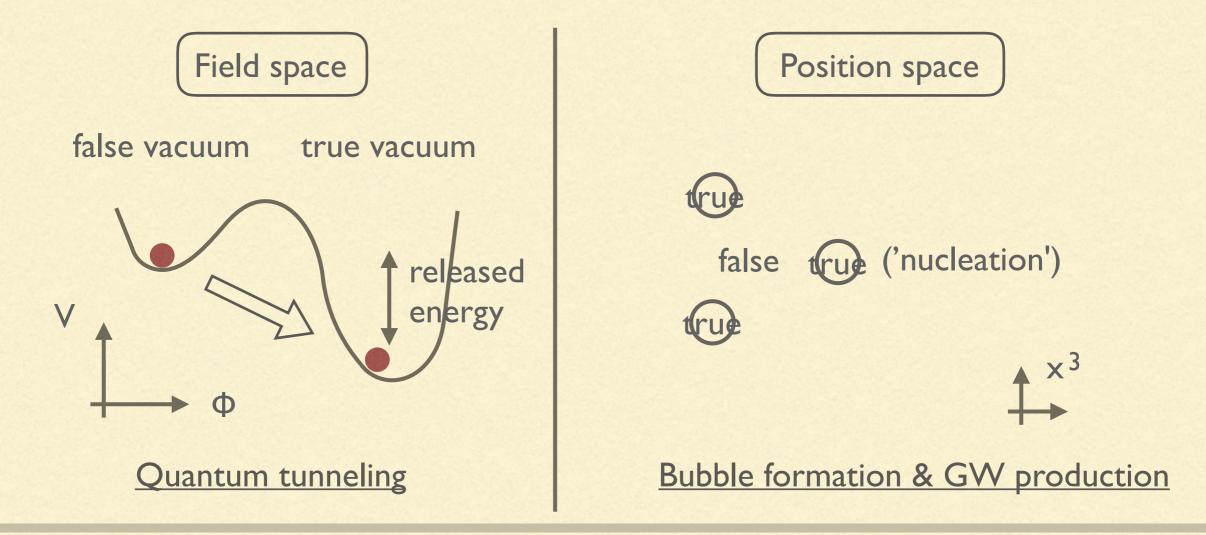
4. Summary

Introduction

FIRST-ORDER PHASE TRANSITION & GWS

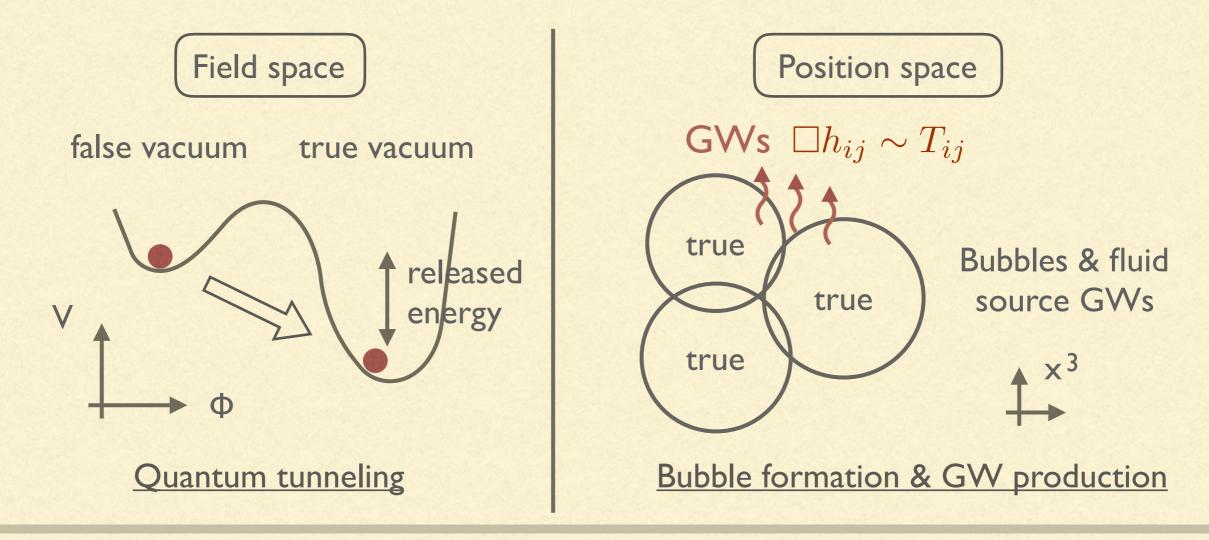
Rough sketch of 1st-order phase transition & GW production

Bubbles nucleate, expand, collide and disappear, accompanying fluid dynamics



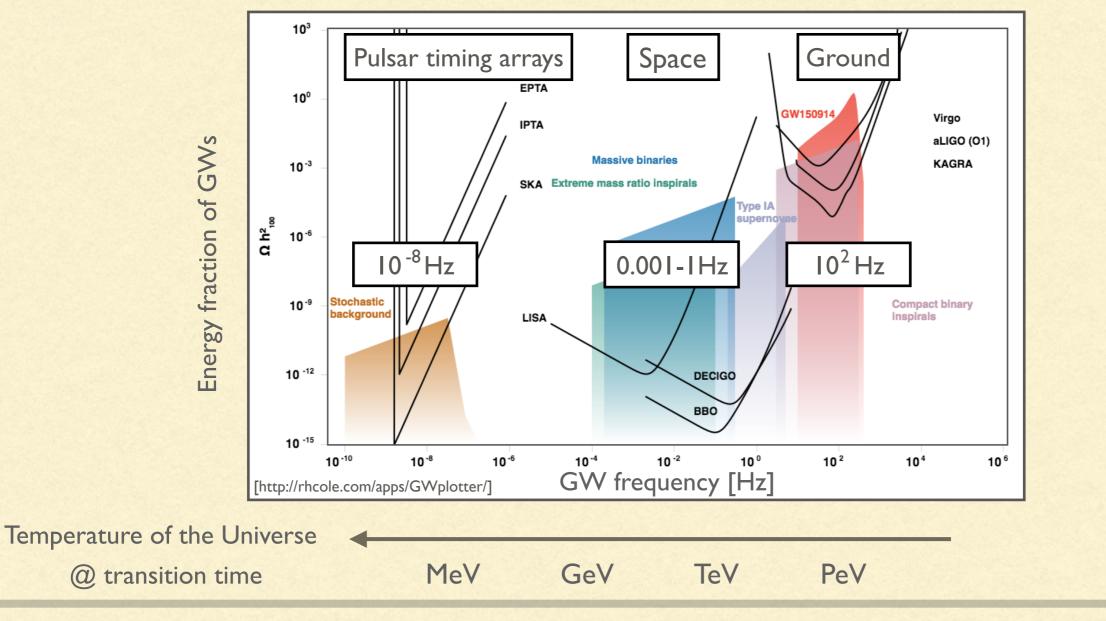
FIRST-ORDER PHASETRANSITION & GWS

Rough sketch of 1st-order phase transition & GW production
 Bubbles nucleate, expand, collide and disappear, accompanying fluid dynamics



FIRST-ORDER PHASETRANSITION & GWS

IO⁻³~ IHz GWs correpond to electroweak physics and beyond



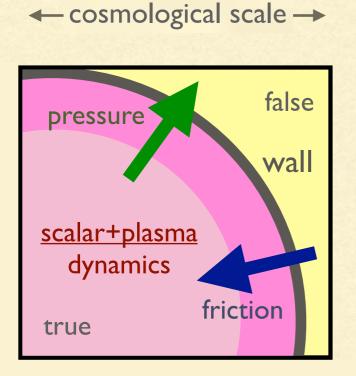
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Note :

 $\beta/H_* \sim 10^3$

BUBBLE DYNAMICS BEFORE COLLISION

Pressure vs. friction" determines behavior of bubbles



- Two main players : scalar field and plasma
- Walls want to expand ("pressure")

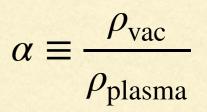
Parametrized by $\alpha \equiv \frac{\rho_{\text{vac}}}{\rho_{\text{plasma}}}$

- Walls are pushed back by plasma ("friction")

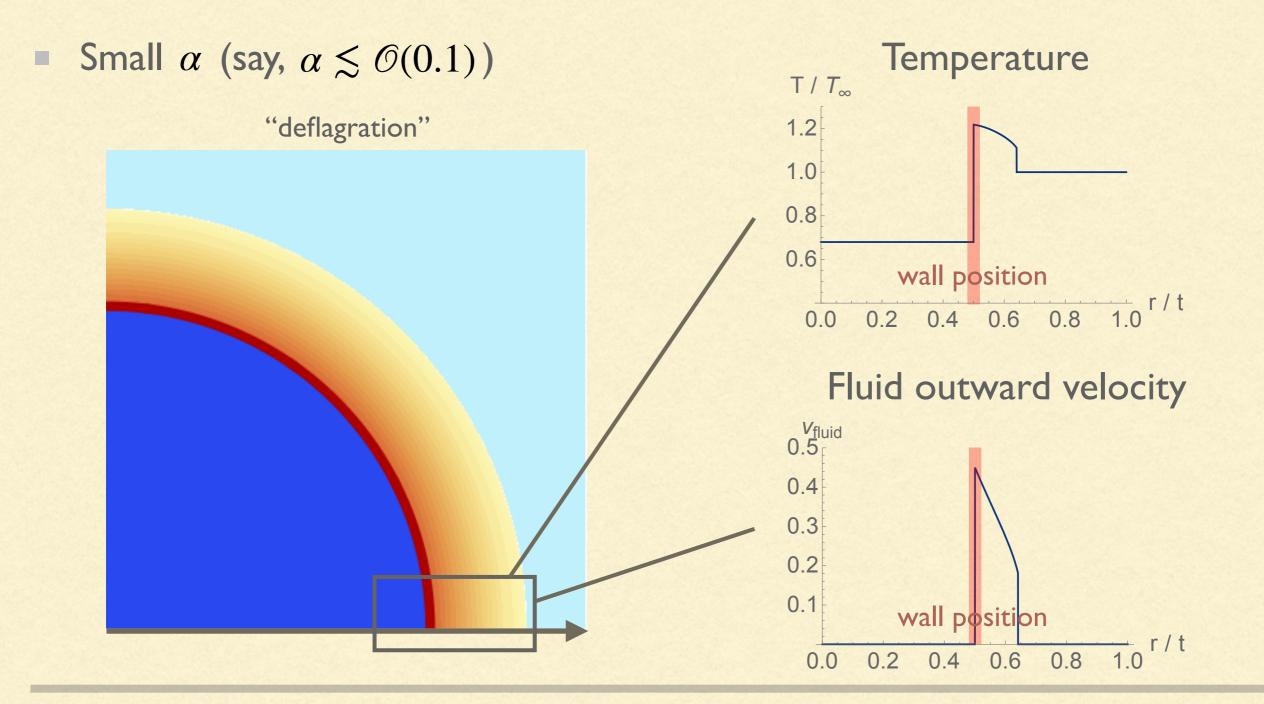
Parametrized by coupling η btwn. scalar and plasma

- Let's see how bubbles behave for different α (with fixed coupling η)

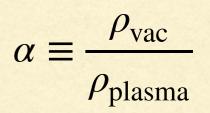
BUBBLE DYNAMICS BEFORE COLLISION



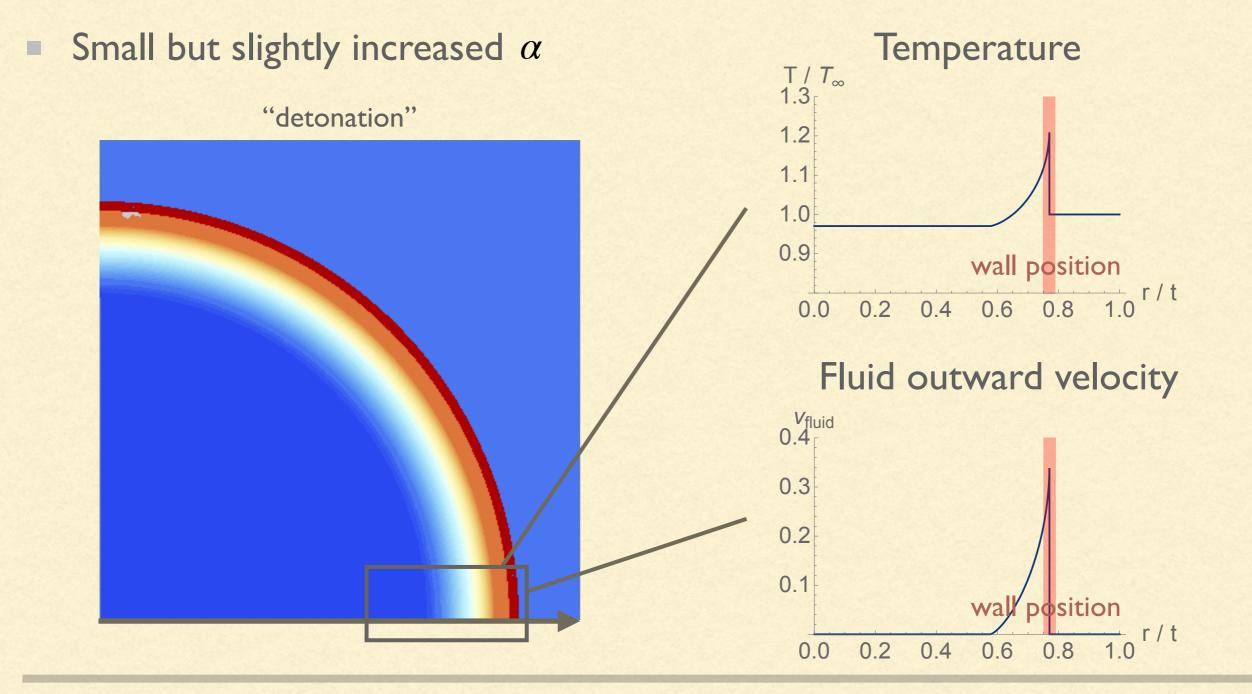
[Espinosa, Konstandin, No, Servant '10]



BUBBLE DYNAMICS BEFORE COLLISION



[Espinosa, Konstandin, No, Servant '10]

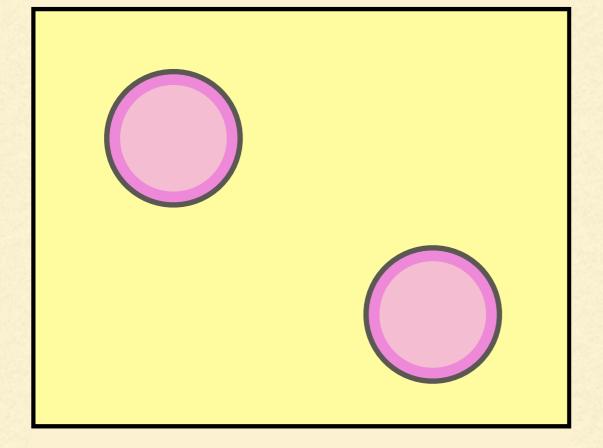


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PARAMETERS CHARACTERIZING THE TRANSITION

	Definition	Properties
α	$ ho_{ m vac}/ ho_{ m plasma}$	Strength of the transition
β	Bubble nucleation rate Taylor-expanded around the transition time t_* $\Gamma(t) \propto e^{\beta(t-t_*)}$	Bubbles collide $\Delta t \sim 1/\beta$ after nucleation $\boxed{\bigcirc}_{\bigcirc} \bigtriangleup \Delta t \qquad \qquad$
V _w	Wall velocity	Determined by the balance btwn. pressure & friction
T_*	Transition temperature	

Bubbles nucleate & expand

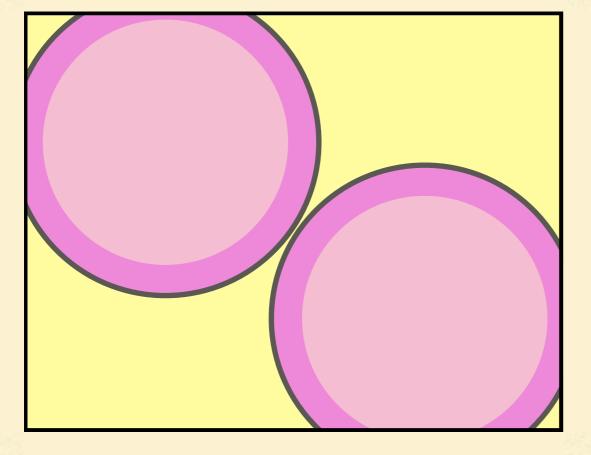


- Nucleation rate (per unit time & vol)

 $\Gamma(t) \propto e^{\beta(t-t_*)}$

Released energy is mostly carried
by fluid motion, not by the scalar field,
unless α is extremely large [Bodeker & Moore '17]
Collision occurs Δt ~ 1/β after nucleation

Bubbles nucleate & expand

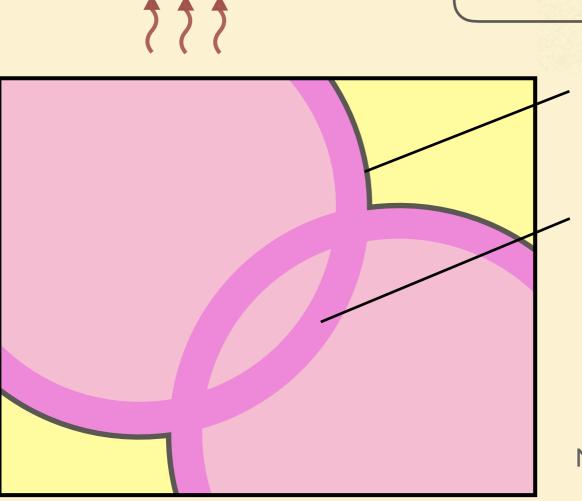


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Collision occurs Δt ~ 1/β after nucleation

Bubbles collide



Scalar field damps soon after collision
→ the system becomes fluid-only after this
For small α (≤ O(0.1)), plasma motion is well described by linear approximation:

$$(\partial_t^2 - c_s^2 \nabla^2) \overrightarrow{v}_{\text{fluid}} \simeq 0$$

called 'sound waves' or 'compression waves'

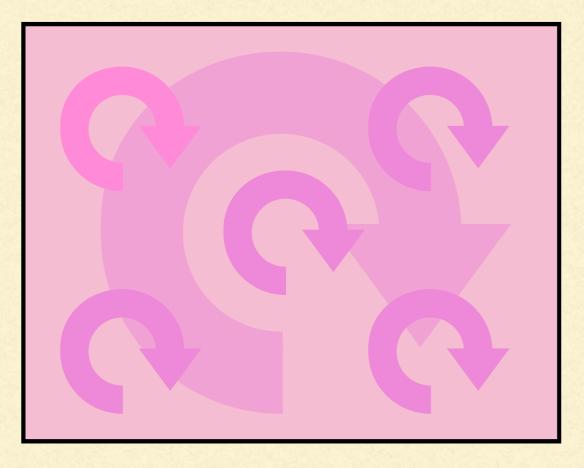
Notes : I) Vorticity is neglected

- 2) Bubbles deviate from sphere after collision
- 3) Fluid shell thickness is fixed at the time of collision

GWs $\Box h_{ij} \sim T_{ij}$

GWs $\Box h_{ij} \sim T_{ij}$

Turbulence develops



- Fluid nonlinarity and magnetic field become important at late times

'turbulence'

- Different modeling of turbulence gives different GW spectrum
 - see e.g. Gogoberidze, Kahniashvili, Kosowsky PRD76 (2007) Caprini, Durrer, Servant JCAP 0912(2009) Niksa, Schlederer, Sigl CQG35(2018)

Mandal, Brandenburg, Kahniashvili, Kosowsky 1903.08585

SOURCES OF GWS IN FIRST-ORDER PHASE TRANSITION

Time evolution of the system

Bubble nucleation & expansion \rightarrow Collision \rightarrow Sound waves \rightarrow Turbulence

Resulting GW spectrum is classified accordingly:

e.g. [Caprini et al.,1512.01236] [Caprini et al. 1910.13125]

$$\Omega_{\rm GW} = \Omega_{\rm GW}^{\rm (coll)} + \Omega_{\rm GW}^{\rm (sw)} + \Omega_{\rm GW}^{\rm (turb)}$$

from scalar walls from fluid motion

• Typically $\Omega_{CW}^{(sw)}$ is the largest (\rightarrow later)

[Hindmarsh, Huber, Rummukainen, Weir '13, '15, '17]

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SOURCES OF GWS IN FIRST-ORDER PHASE TRANSITION

Time evolution & resulting GW spectrum

Bubble nucleation & expansion \rightarrow Collision \rightarrow Sound waves \rightarrow Turbulence

$$\Omega_{\rm GW} = \Omega_{\rm GW}^{\rm (coll)} + \Omega_{\rm GW}^{\rm (sw)} + \Omega_{\rm GW}^{\rm (turb)}$$

• Typically $\Omega_{GW}^{(sw)}$ is the largest because of different parameter dependence:

$$\Omega_{\rm GW}^{\rm (coll)} \text{ (from scalar walls) } \propto \left(\frac{\kappa_{\rm scalar} \alpha}{1+\alpha}\right)^2 \left(\frac{\beta}{H_*}\right)^{-2} \qquad \text{Note}: \frac{\beta}{H_*} \sim 10^{1-5} \gg 1$$

$$\Omega_{\rm GW}^{\rm (sw)} \text{ (from sound waves)} \propto \left(\frac{\kappa_{\rm fluid} \alpha}{1+\alpha}\right)^2 \left(\frac{\beta}{H_*}\right)^{-1} \qquad \text{ of the transition}$$

GW ENHANCEMENT BY SOUND WAVES

• Reason for different dependence on β/H_*

Bubble collision

Bubbles collide and disappear within timescale $\Delta t \sim 1/\beta$ [However, see RJ, Takimoto 1707.03111, RJ, Takimoto, Konstandin 1906.02588] GWs are sourced during this preiod $h_{ij} \propto \Delta t$ Sound waves [Hindmarsh PRL120(2018), Hindmarsh, Hijazi 1909.10040]

Shell overlap continuously creates

new velocity field during Hubble time

 \rightarrow GW spectrum is enhanced by β/H_*

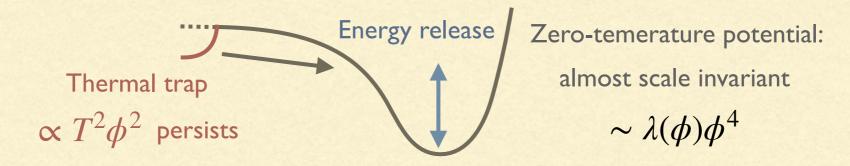
$$\begin{array}{c} \circ \\ \circ \end{array} \end{array} \xrightarrow{\Delta t} \left[\begin{array}{c} \\ \end{array} \right] \\ 1/\beta \end{array} \right]$$

 $\Omega_{\rm CW} \propto h^2 \propto \beta^{-2}$

$$\overrightarrow{v}_{\text{fluid}}^{(2)} \overrightarrow{v}_{\text{fluid}} = \overrightarrow{v}_{\text{fluid}}^{(1)} + \overrightarrow{v}_{\text{fluid}}^{(2)}$$

ULTRA-SUPERCOOLED TRANSITIONS e.g. [Randall & Servant '07, Konstandin & Servant '11] [RJ, Takimoto '16] [Harling & Servant '17, Bruggisser, Harling, Matsedonskyi, Servant '18]

• $\alpha \gg 1$ occurs in a certain class of models ('almost scale invariant' models)



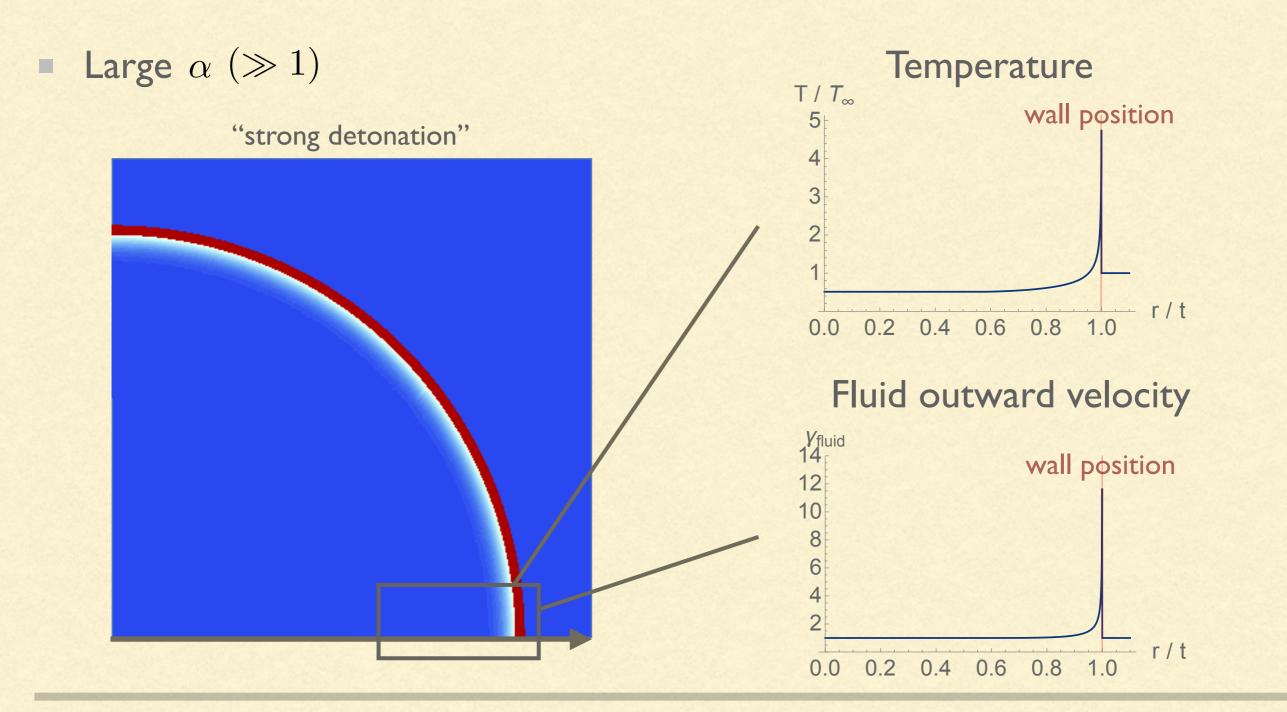
- Thermal trap persists even at low temperatures $\rightarrow \alpha \gg 1$

- These models often give small β/H_* (i.e. large bubbles)
- So, at least naively, large amplitude of GWs is expected

$$\Omega_{\rm GW}^{\rm (sw)} \propto \left(\frac{\alpha}{1+\alpha}\right)^2 \left(\frac{\beta}{H_*}\right)^{-1}$$

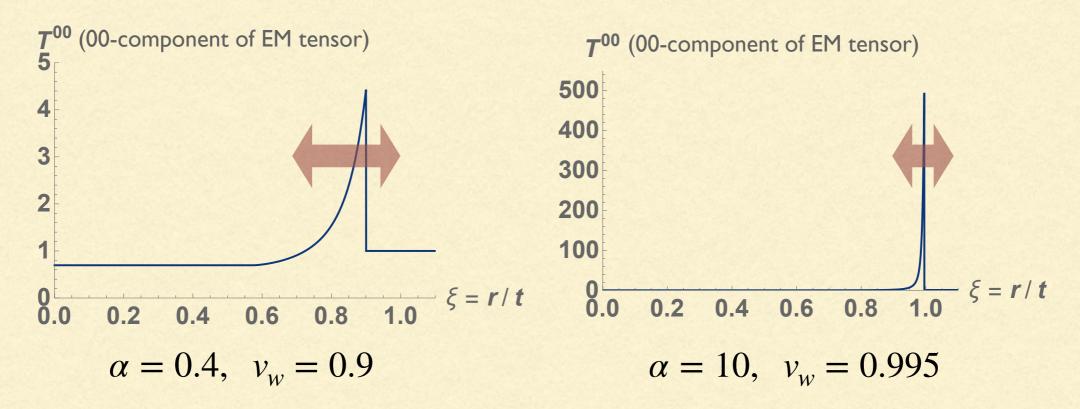
However, the story is not so simple

BUBBLE EXPANSION IN ULTRA-SUPERCOOLED TRANSITIONS



ENERGY LOCALIZATION IN ULTRA-SUPERCOOLED TRANSITIONS

• Energy profile before collision is sharply localized around the wall for $\alpha \gg 1$



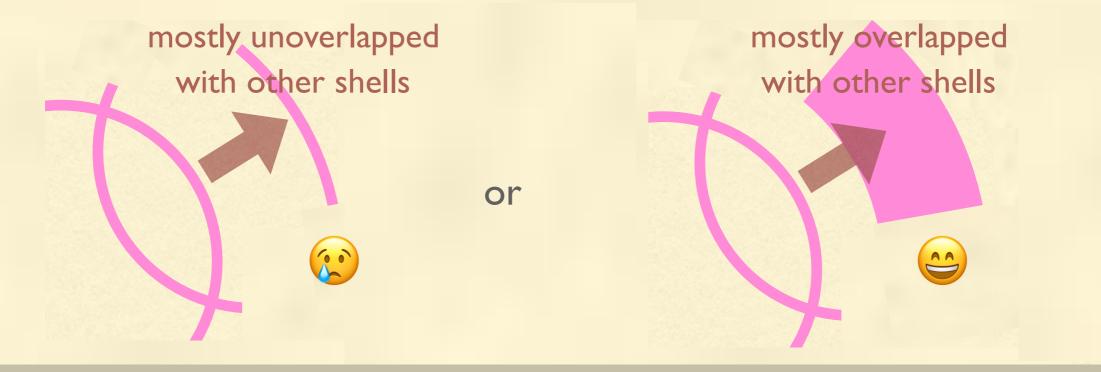
- In realistic ultra-supercooled transitions, lpha can be much larger, e.g. $lpha \sim 10^{12}$

- As a result, huge hierarchy appears between bubble size and energy localization

→ Hard to simulate fluid dynamics after bubble collisions numerically

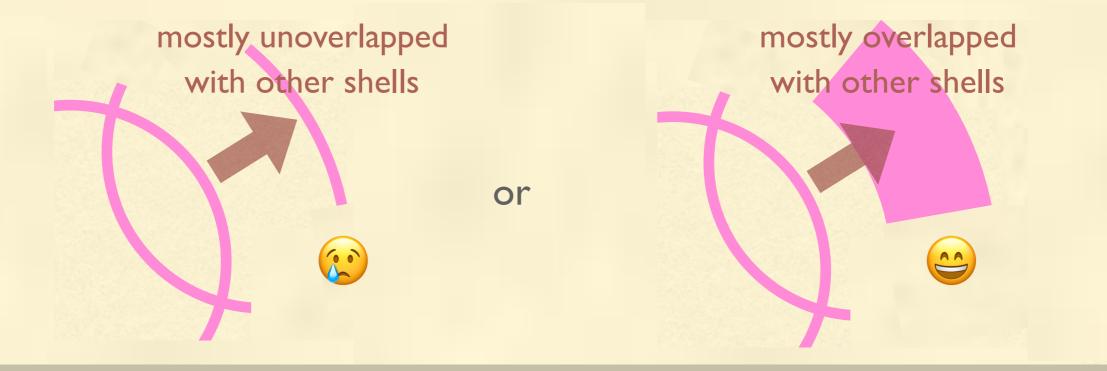
GW ENHANCEMENT CONDITION BY SOUND WAVES

- Necessary conditions to have GW enhancement by sound waves
 - Delayed onset of turbulence
 - Sound shell overlap
- In order to have shell overlap, the energy localization has to break up:



GW ENHANCEMENT CONDITION BY SOUND WAVES

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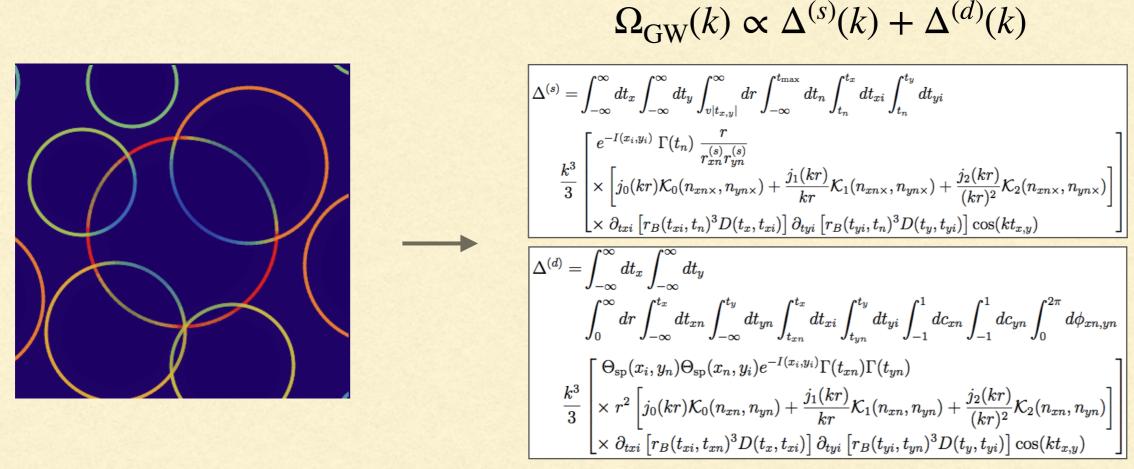
SUMMARY OF MOTIVATION

- Ultra-supercooled transitions ($\alpha \gg 1$) occur in a certain class of models, and they are interesting both theoretically and observationally
- Does GW enhancement by sound waves occur in these transitions?
 More precisely: When does the energy localization break up and shell overlap start?
- Numerically difficult to study because of hierarchy in scales

What can we do?

BEFORE MOVING ON... GW SPECTRUM IN THIN-SHELL LIMIT

 If the fluid shells remain thin, the story is relatively simple because the GW spectrum in thin-shell limit is known analytically

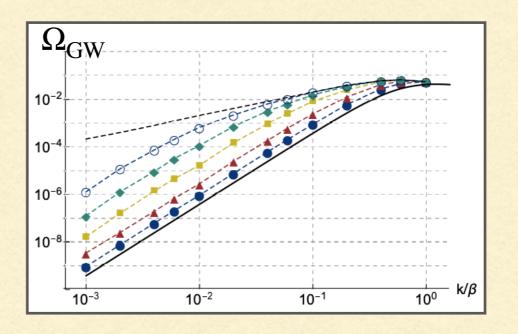


[RJ, Takimoto 1707.03111]

BEFORE MOVING ON... GW SPECTRUM IN THIN-SHELL LIMIT

- If the fluid shells remain thin, the story is relatively simple because the GW spectrum in thin-shell limit is known analytically
- And indeed this spectrum does NOT have β/H_* enhancement, because shell overlapping does not occur

$$\Omega_{\rm GW} \propto \left(\frac{\alpha}{1+\alpha}\right)^2 \left(\frac{\beta}{H_*}\right)^{-2}$$



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REDUCING THE PROBLEM

• After collision, the system is fluid-only: $\partial_{\mu}T^{\mu\nu}_{\text{fluid}} = 0$

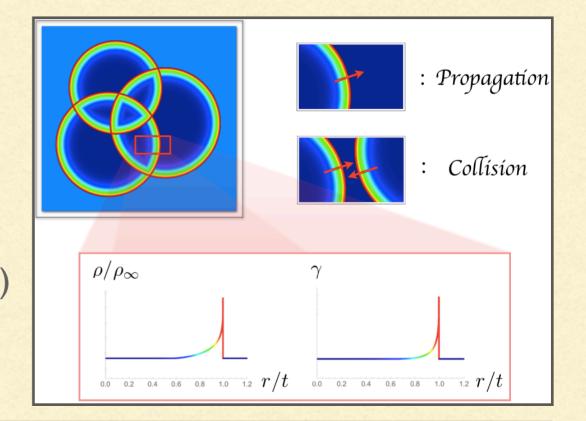
(we assume relativistic ideal gas $T^{\mu\nu} = (\rho + p)u^{\mu}u^{\nu} + p\eta^{\mu\nu}, p = \rho/3$)

However, nonlinearity and discontinuities (i.e. shocks \rightarrow later) complicate the analysis

Let's devide the problem into small pieces:

 (1) propagation of relativistic fluid
 (2) collision of relativistic fluid

 Even (1) is nontrivial. We study the effect of (1) on the deformation of fluid profile.



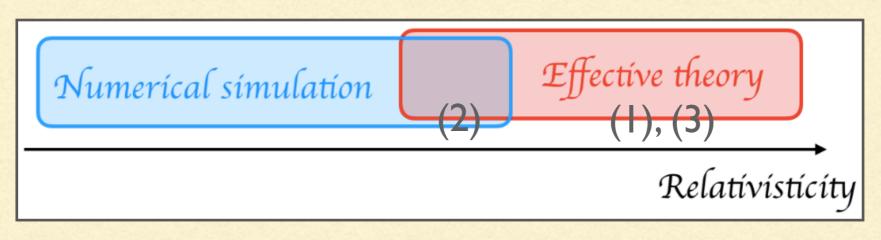
STRATEGY

• Our strategy:

(1) Develop an effective description of fluid propagation valid in highly relativistic regime

(2) Check the theory against simulation in mildly-relativistic regime

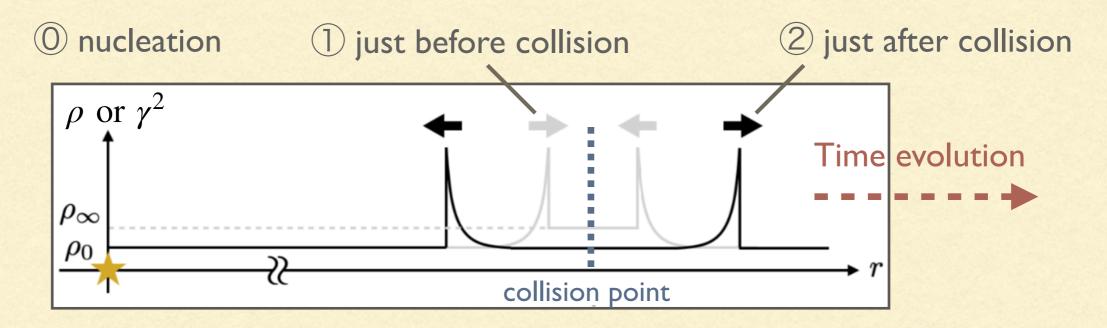
(3) Study implications to GW production



(or simply the transition strength α)

SETUP

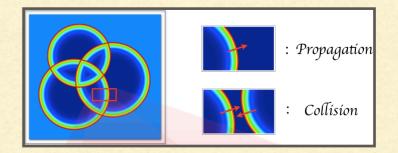
The setup we study : propagation of fluid profile after collision

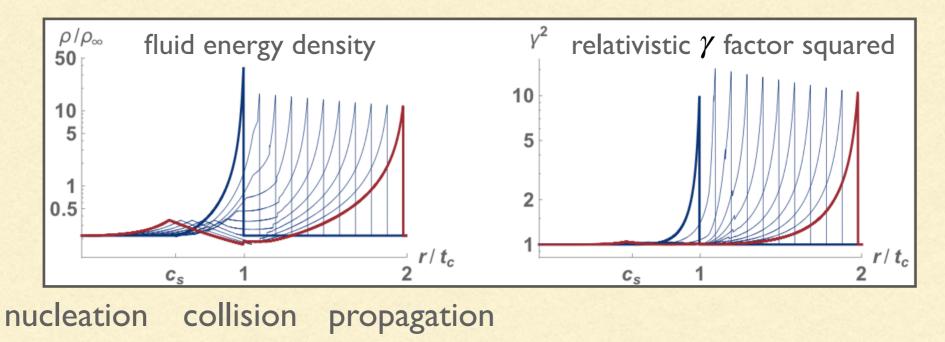


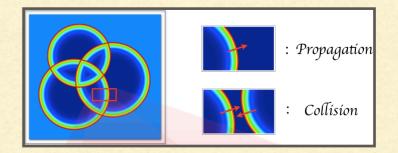
(1) Fluid profile just before collision: calculated from [Espinosa, Konstandin, No, Servant '10]

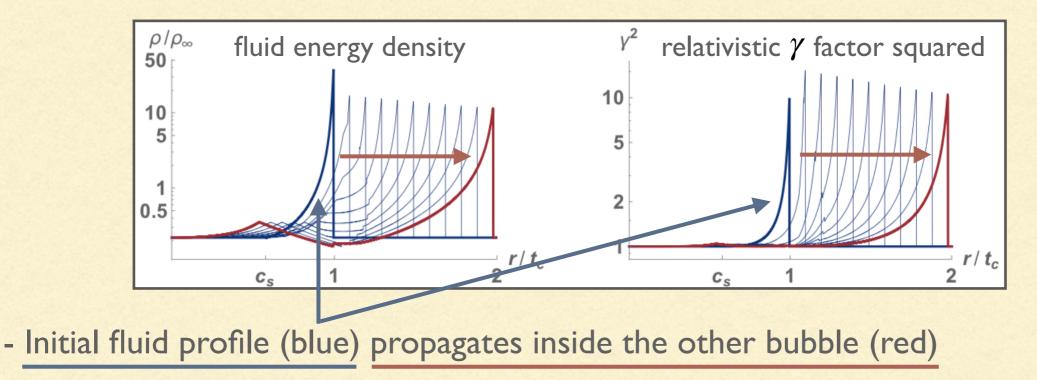
Assumption: the first fluid collision does not change the profile significantly

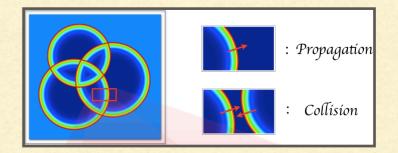
2 Fluid profile just after collision: our interest is in the time evolution from here

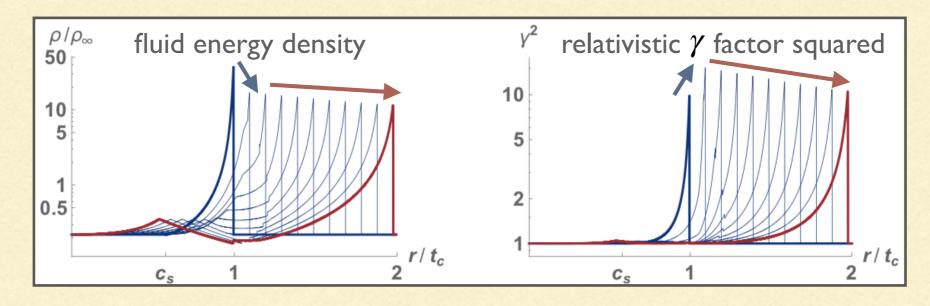




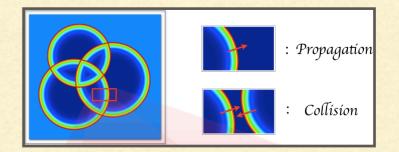


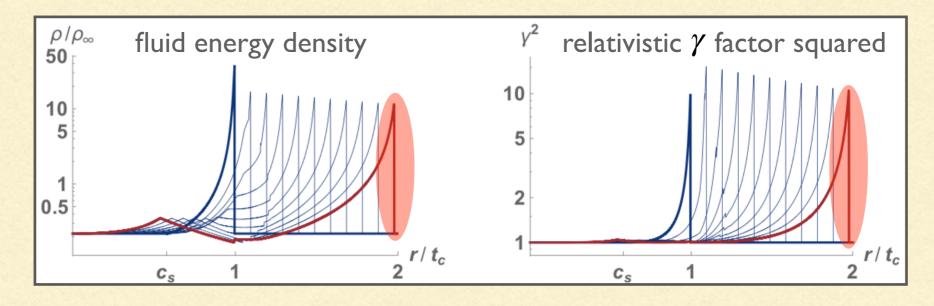




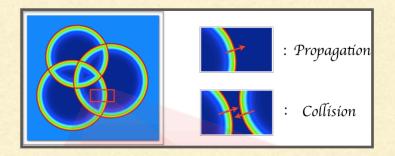


- Initial fluid profile (blue) propagates inside the other bubble (red)
- Peaks rearrange to new initial values, and gradually become less energetic



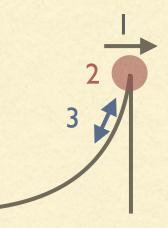


- Initial fluid profile (blue) propagates inside the other bubble (red)
- Peaks rearrange to new initial values, and gradually become less energetic
- Strong shocks (i.e. discontinuities) persist during propagation



- Can we construct an effective description?
 - From the viewpoint of GW production, we are interested only in PEAKS, not TAILS
 - Then how about describing the system with peak-related quantities?
 - I) Shock velocity: v_s
 - 2) Peak values: ρ_{peak} , v_{peak} (equivalently ρ_{peak} , γ_{peak}^2)
 - 3) Derivatives at the peak:

$$\frac{d\rho_{\text{peak}}}{dr}, \frac{dv_{\text{peak}}}{dr}$$
 @ peak



- Can we construct a closed system for these quantities?

HOW TO CONSTRUCT A CLOSED SYSTEM

• Closed system for 5 quantities γ_s^2 , ρ_{peak} , γ_{peak}^2 , $\frac{d\rho_{\text{peak}}}{dr}$, $\frac{d\gamma_{\text{peak}}^2}{dr}$

- First, there are strict equations:

a) Rankine-Hugoniot conditions across the shock : 2 constraints (corresponding to energy and momentum conservation across the shock)
b) Time evolution equations : 2 evolution equations

(corresponding to temporal & spatial part of $\partial_{\mu}T^{\mu\nu}_{\text{fluid}} = 0$ behind the shock)

- Still we have less equations (4 eqs.) than the number of quantities (5).

This is natural, because the original system has infinite # of dof (i.e. # of spacial grids), while we are trying to describe it with finite # of dof.

- The last equation?
 - The last equality will be an approximate relation which characterizes the system
 - What makes this system distinct from others is energy domination by the peak
- Imposing energy domination by the peak
 - Any relation like "(peak T^{00}) × (width of the peak) = const" will work.

For example, approximating ρ and γ^2 to be exponential in r, we have

$$\sigma \simeq \begin{cases} 1\\t\\t^2 \end{cases} \times \int dr \ \frac{4}{3}\rho\gamma^2 = \begin{cases} 1\\t\\t^2 \end{cases} \times \frac{4}{3} \ \frac{\rho_{\text{peak}}\gamma_{\text{peak}}^2}{\ln\rho' + \ln\gamma^{2'}} \quad \text{for} \quad \begin{cases} d=1\\d=2\\d=3 \end{cases} \text{: planar}$$
: cylindical : spherical

THEORY PREDICTION

• The resulting system can be solved analytically ($\delta = 10/13$)

I) Shock velocity:

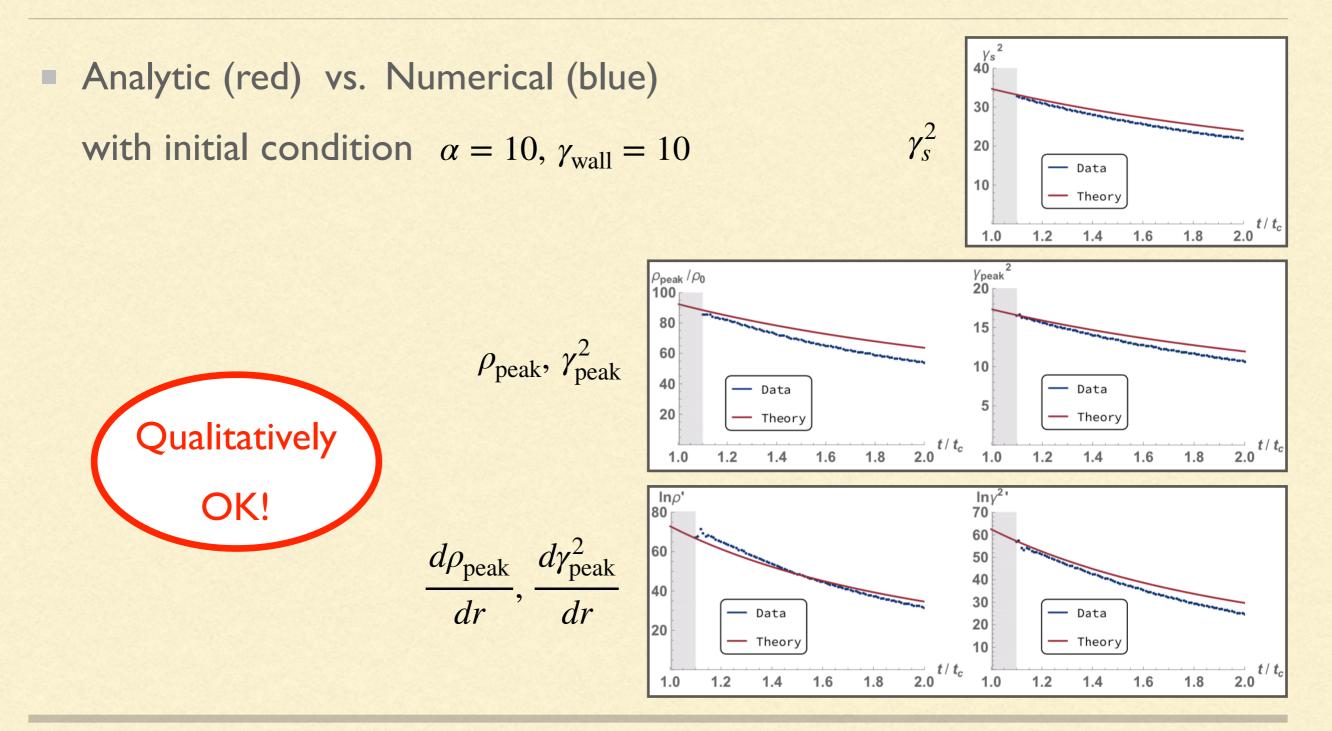
$$\frac{1}{\gamma_s^2(t)} = \frac{8}{87} \left(\frac{\rho_0}{\sigma}\right) \left[t^3 - \left(\frac{t}{t_c}\right)^{\delta} t_c^3 \right] + \frac{1}{\gamma_s^2(t_c)} \left(\frac{t}{t_c}\right)^{\delta},$$

2) Peak values:

$$\frac{\rho_0}{\rho_{\text{peak}}(t)} = \frac{1}{29} \left(\frac{\rho_0}{\sigma}\right) \left[t^3 - \left(\frac{t}{t_c}\right)^{\delta} t_c^3\right] + \frac{\rho_0}{\rho_{\text{peak}}(t_c)} \left(\frac{t}{t_c}\right)^{\delta},$$
$$\frac{1}{\gamma_{\text{peak}}^2(t)} = \frac{16}{87} \left(\frac{\rho_0}{\sigma}\right) \left[t^3 - \left(\frac{t}{t_c}\right)^{\delta} t_c^3\right] + \frac{1}{\gamma_{\text{peak}}^2(t_c)} \left(\frac{t}{t_c}\right)^{\delta},$$

$$\begin{aligned} \ln \rho'(t) &= \frac{448}{117} \left(\frac{\rho_0}{\sigma}\right) t^2 \gamma_{\text{peak}}^4(t) + \frac{24}{13} \frac{\gamma_{\text{peak}}^2(t)}{t}, \\ \ln \gamma^{2'}(t) &= \frac{128}{39} \left(\frac{\rho_0}{\sigma}\right) t^2 \gamma_{\text{peak}}^4(t) - \frac{24}{13} \frac{\gamma_{\text{peak}}^2(t)}{t}, \end{aligned}$$

COMPARISON WITH NUMERICAL SIMULATION



IMPLICATIONS OF THE EFFECTIVE DESCRIPTION

What can we learn?

- All quantities have time dependence like

$$\frac{\rho_0}{\rho_{\text{peak}}(t)} = \frac{1}{29} \left(\frac{\rho_0}{\sigma}\right) \left[t^3 - \left(\frac{t}{t_c}\right)^{\delta} t_c^3\right] + \frac{\rho_0}{\rho_{\text{peak}}(t_c)} \left(\frac{t}{t_c}\right)^{\delta} \right] \delta = 10/13$$

effect of increase in the surface area effect of nonlinearity in fluid equation

effect of nonlinearity in fluid equation

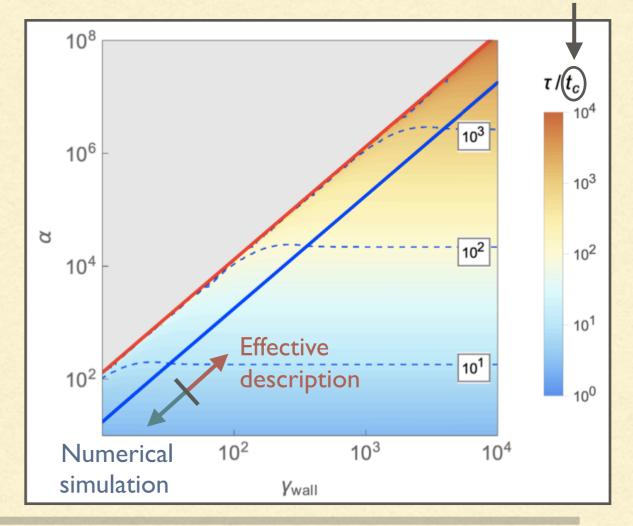
- Surface area effect wins (3 > 10/13).

In other words, nonlinearity is not effective in breaking up the energy localization.

- Timescale for breaking up is controlled by $\tau \equiv (\sigma/\rho_0)^{1/3}$

IMPLICATIONS TO GW PRODUCTION

- Fluid profile remains to be thin, if we consider fluid propagation alone
- So, we have to see fluid collisions next:
 - I) If the fluid profile still remains thin, the thin-shell spectrum will apply, and there will be no β/H_* enhancement
 - 2) If the fluid profile successfully breaks up, β/H_* enhancement will occur (until the onset of turbulence)



Time from bubble nucleation to collision

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SUMMARY

- GW production in ultra-supercooled transitions $\alpha \gg 1$ is interesting both theoretically and observationally, but they are hard to simulate numerically
- We reduced the problem into (1) propagation and (2) collision, and studied (1):
 - We constructed an effective description of fluid propagation
 - We discussed implications to GW production:

The fluid profile remains to be thin, so GW enhancement might be somewhat delayed

Still we have to address: Effect of fluid collision / Effect of turbulence



MORE DETAIL ON GW ENHANCEMENT BY SOUND WAVES

GW spectrum is convoluted unequal-time correlator <TT>

$$\Omega_{\rm GW}(k) \sim \left[dt_x \right] dt_y \ \cos(k(t_x - t_y)) \ \Pi(t_x, t_y, \vec{k}) = (\text{projection}) \times \left\langle T_{ij}(t_x, \vec{x}) \ T_{kl}(t_y, \vec{y}) \right\rangle_{\rm ens}$$

Why? 1) GW is given by Green function $h_{ij}(t) \sim \int dt' \operatorname{Green}(t, t') T_{ij}(t')$ 2) GW spectrum is two-point correlator of $h_{ij}(t)$

Shell overlap creates correlation in the diagonal direction

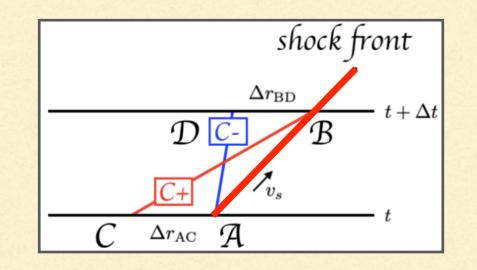
$$\Pi(t_x, t_y, \vec{k}) \sim \frac{t_y}{\beta^{-1}} \stackrel{\text{effective in sound waves}}{\theta^{-1} H_*^{-1} \cdot t_x} \text{ effective in bubble collisions}$$

- Closed system for 5 quantities γ_s^2 , ρ_{peak} , γ_{peak}^2 , $\frac{d\rho_{\text{peak}}}{dr}$, $\frac{d\gamma_{\text{peak}}^2}{dr}$
 - Rankine-Hugoniot conditions across the shock : 2 constraints
 (corresponding to energy and momentum conservation across the shock)

$$p_{\text{peak}} = \frac{p_0 + \rho_0 v_{\text{peak}} v_s}{1 - v_{\text{peak}} v_s}, \quad v_s = \frac{(p_{\text{peak}} + \rho_{\text{peak}}) v_{\text{peak}}}{p_{\text{peak}} v_{\text{peak}}^2 + \rho_{\text{peak}} - \rho_0 (1 - v_{\text{peak}}^2)}$$

- Closed system for 5 quantities γ_s^2 , ρ_{peak} , γ_{peak}^2 , $\frac{d\rho_{\text{peak}}}{dr}$, $\frac{d\gamma_{\text{peak}}^2}{dr}$
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(corresponding to temporal & spacial part of $\partial_{\mu}T^{\mu\nu}_{\text{fluid}} = 0$ behind the shock)



Advanced note

Easily derived from the conservation of Riemann invariants along C_+ & C_-

- Closed system for 5 quantities γ_s^2 , ρ_{peak} , γ_{peak}^2 , $\frac{d\rho_{\text{peak}}}{dr}$, $\frac{d\gamma_{\text{peak}}^2}{dr}$
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(corresponding to temporal & spacial part of $\partial_{\mu}T^{\mu\nu}_{\text{fluid}} = 0$ behind the shock)

$$\frac{\sqrt{3}}{2}\partial_t \ln \rho_{\text{peak}} + \partial_t \ln \gamma_{\text{peak}}^2 = -\frac{2\sqrt{3}-3}{4}\frac{1}{\gamma_{\text{peak}}^2} \left[\frac{\sqrt{3}}{2}\ln\rho' + \ln\gamma^{2'}\right] - \frac{(\sqrt{3}-1)(d-1)}{t}$$
$$-\frac{\sqrt{3}}{2}\partial_t \ln \rho_{\text{peak}} + \partial_t \ln\gamma_{\text{peak}}^2 = \frac{2\sqrt{3}+3}{4}\frac{1}{\gamma_{\text{peak}}^2} \left[-\frac{\sqrt{3}}{2}\ln\rho' + \ln\gamma^{2'}\right] + \frac{(\sqrt{3}+1)(d-1)}{t}$$

